

1 - zaterdag 23 januari 2021

23-1-2021 - 10:15

Programmanr. 1 Heren, 200m vrije slag alg. leeftijdsgroep
23-1-2021 - 10:16 Resultaten Voorronde

| | | | | | |
|-----------------|---------|------------------|-------|--------------|-----------|
| Belgisch record | 1:46.91 | Surgeloose Glenn | BRABO | London (GBR) | 17-5-2016 |
| Vlaams rec | 1:46.91 | Surgeloose Glenn | BRABO | Londen (GBR) | 17-5-2016 |

Limieten OS : 1:47.02 / Limieten EK : 1:49.16 / Limieten EJK 18: 1:51.45; 15 - 17: 1:52.56

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------------|--------------|---------|------------------|
| 1. Brzoskowski Maarten | 95 PSV NED | 1:46.62 | 1:51.16 A |
| 2. Kroon Luc | 01 ED-VO NED | 1:47.85 | 1:51.23 A |
| 3. Marcourt Alexandre | 99 TRUST BEL | 1:48.06 | 1:51.28 A |
| 4. Pijnenburg Stan | 96 PSV NED | 1:48.64 | 1:51.52 A |
| 5. Stolk Kyle | 96 PSV NED | 1:47.88 | 1:52.25 A |
| 6. De Meulemeester Sébastien | 98 BRABO BEL | 1:47.80 | 1:52.31 A |
| 7. Thijs Thomas | 97 ZGEEL BEL | 1:48.88 | 1:52.80 A |
| 8. Martens Noah | 00 BRABO BEL | 1:52.80 | 1:52.90 A |
| 9. Mannes Max | 97 SCD LUX | 1:50.48 | 1:53.57 B |
| 10. Croenen Louis | 94 SHARK BEL | 1:48.26 | 1:54.23 B |
| 11. Dal Lucas | 99 FFBN BEL | 1:51.32 | 1:54.49 B |
| 12. Weiremans Lorenz | 96 BRABO BEL | 1:49.52 | 1:55.81 B |
| 13. Borisavljevic Valentin | 97 BRABO BEL | 1:52.81 | 1:56.31 B |
| 14. Crooijmans Sander | 01 VZC NED | 1:52.75 | 1:56.58 B |
| 15. Berx Robbe | 03 TRUST BEL | 1:56.10 | 1:56.74 B |
| 16. Van Cleven Thijs | 05 BZK BEL | 1:59.23 | 1:56.95 B |
| 17. Crooijmans Vincent | 01 VZC NED | 1:53.49 | 1:58.31 R |
| 18. De Smedt Jesse | 00 BRABO BEL | 1:51.53 | 1:58.42 R |
| 19. Van Ermen Alexander | 04 DDAT BEL | 1:57.51 | 1:58.67 R |
| 20. Jansen Thomas | 01 WVZ NED | 1:55.88 | 1:58.76 R |
| 21. Weyts Milan | 04 STW BEL | 2:00.02 | 2:00.19 |
| 22. Mabbe Elian | 04 UZKZ BEL | 1:59.84 | 2:01.27 |
| 23. Dehautt Fernando | 05 GOLD BEL | 2:01.49 | 2:02.93 |
| 24. Kalogeropoulos Zeno | 04 BRABO BEL | 2:00.25 | 2:03.30 |
| 25. Sneyers Kobe | 06 SHARK BEL | 2:05.63 | 2:03.71 |
| 26. Raes Senne | 06 BRABO BEL | 2:07.38 | 2:05.69 |
| 27. De Valck Dante | 06 ZCK BEL | 2:10.59 | 2:13.05 |

Programmanr. 2
23-1-2021 - 10:26

Dames, 50m rugslag

alg. leeftijdsgroep
Resultaten Voorronde

| | | | | | |
|-----------------|-------|------------|-------|---------|-----------|
| Belgisch record | 28.77 | Smits Jade | BRABO | Hengelo | 14-8-2020 |
| Vlaams rec | 28.77 | Smits Jade | BRABO | Hengelo | 14-8-2020 |

Limieten EK : 28.33 / Limieten EJK 17: 28.73; 14 - 16: 29.02

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|----------------------|-----|
| 1. Toussaint Kira | 94 DOLFIJN NED | 27.37 28.30 A | |
| 2. de Waard Maaike | 96 PSV NED | 27.72 28.48 A | |
| 3. Smits Jade | 01 BRABO BEL | 28.77 28.79 A | |
| 4. Pilhatsch Caroline | 99 ATG AUT | 27.80 28.84 A | |
| 5. Kromowidjojo Ranomi | 90 PSV NED | 28.25 29.01 A | |
| 6. Oude Lenferink Lieke | 02 WS TWENNED | 29.30 29.61 A | |
| 7. Decaesstecker Elise | 04 ZB BEL | 30.08 29.65 A | |
| 8. Grégoire Marion | 03 FFBN BEL | 30.91 29.78 ? | |
| Mayeres Nell | 04 FFBN BEL | 29.72 29.78 ? | |
| 10. Verdonck Fleur | 06 ZGEEL BEL | 31.15 30.19 B | |
| 11. van Wijk Milou | 04 DORDREC NED | 29.38 30.42 B | |
| 12. Jonk Nienke | 02 PSV NED | 30.51 31.27 B | |
| 13. Petitjean Elise | 05 FFBN BEL | 33.87 31.28 B | |
| 14. Wouters Briana | 06 HZA BEL | 31.42 31.82 B | |

Programmanr. 3
23-1-2021 - 10:32

Heren, 100m rugslag

alg. leeftijdsgroep
Resultaten Voorronde

| | | | | | |
|-----------------|-------|---------------------|------|-----------|-----------|
| Belgisch record | 55.14 | Vanluchene Emmanuel | GOLD | Antwerpen | 20-5-2013 |
| Vlaams rec | 55.14 | Vanluchene Emmanuel | GOLD | Antwerpen | 20-5-2013 |

Limieten OS : 53.85 / Limieten EK : 54.94 / Limieten EJK 18: 56.66; 15 - 17: 57.23

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------|--------------|--------------------------|-----|
| 1. Hendrickx Lander | 94 LAQUA BEL | 57.79 57.90 A | |
| 2. Talloen Sander | 05 FIRST BEL | 59.26 58.67 A | |
| 3. Courbois Thomas | 05 FFBN BEL | 1:05.06 1:03.45 A | |
| DIS Franckx Stan | 02 TRUST BEL | 57.05 | DIS |

SW 4.4 - valse start

Programmanr. 4 Dames, 200m vlinderslag alg. leeftijdsgroep
23-1-2021 - 10:34 Resultaten Voorronde

| | | | | | |
|-----------------|---------|------------------|------|---------------|-----------|
| Belgisch record | 2:10.78 | Dumont Valentine | NOC | Netanya (ISR) | 28-6-2017 |
| Vlaams rec | 2:12.41 | Buelens Griet | FAST | Molenbeek | 1-5-2008 |

Limieten OS : 2:08.43 / Limieten EK : 2:12.51 / Limieten EJK 17: 2:16.89; 14 - 16: 2:18.26

Punten:

| Rang | Geb. | Tijd | Pnt |
|--------------------|----------------|---------|------------------|
| 1. Spiering Femke | 02 VZC NED | 2:12.94 | 2:16.69 A |
| 2. Hosper Lotte | 02 RACING CNED | 2:12.80 | 2:16.87 A |
| 3. Wauters Laura | 03 LSVZ BEL | 2:16.02 | 2:20.18 A |
| 4. Maerevoet Marie | 04 SHARK BEL | 2:24.46 | 2:21.57 A |
| 5. Bouden Camille | 01 ZB BEL | 2:22.11 | 2:23.53 A |
| 6. Goris Lotte | 00 BRABO BEL | 2:18.92 | 2:25.10 A |
| 7. Dumont Sarah | 07 FFBN BEL | 2:42.84 | 2:28.06 A |

Programmanr. 5 Heren, 200m schoolslag alg. leeftijdsgroep
23-1-2021 - 10:40 Resultaten Voorronde

| | | | | | |
|-----------------|---------|---------------|-----|-----------|-----------|
| Belgisch record | 2:12.57 | Caerts Basten | DBT | Antwerpen | 29-5-2016 |
| Vlaams rec | 2:12.57 | Caerts Basten | DBT | Antwerpen | 29-5-2016 |

Limieten OS : 2:10.35 / Limieten EK : 2:12.51 / Limieten EJK 18: 2:18.03; 15 - 17: 2:19.41

Punten:

| Rang | Geb. | Tijd | Pnt |
|--------------------|----------------|---------|------------------|
| 1. Kamminga Arno | 95 DOLFIJN NED | 2:06.85 | 2:10.71 A |
| 2. Koch Marco | 90 FRANKFUGER | 2:07.47 | 2:16.82 A |
| 3. Tanghe Kasper | 04 BRABO BEL | 2:26.55 | 2:26.15 A |
| DIS Knipping Arjan | 94 PSV NED | 2:17.07 | DIS |

SW 7.1.c - Hoofd doorbreekt wateroppervlak niet vooraleer de armen binnenwaarts te brengen bij de 2de armbeweging

Programmanr. 6 Dames, 100m schoolslag alg. leeftijdsgroep
23-1-2021 - 10:44 Resultaten Voorronde

| | | | | | |
|-----------------|---------|----------------|-------|-----------------|-----------|
| Belgisch record | 1:06.97 | Lecluyse Fanny | DM | Gwangju (KOR) | 22-7-2019 |
| Vlaams rec | 1:08.36 | Janssens Kim | BRABO | Barcelona (ESP) | 29-7-2013 |

Limieten OS : 1:07.07 / Limieten EK : 1:08.51 / Limieten EJK 17: 1:10.98; 14 - 16: 1:11.69

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------|--------------|---------|------------------|
| 1. Lecluyse Fanny | 92 FFBN BEL | 1:06.97 | 1:08.65 A |
| 2. Schouten Tes | 00 BZ&PC NED | 1:06.92 | 1:09.57 A |
| 3. Dumont Joséphine | 02 FFBN BEL | 1:10.67 | 1:10.43 A |
| 4. Van Dooren Ante | 06 SHARK BEL | 1:12.79 | 1:11.89 A |
| 5. Geeroms Anke | 00 FFBN BEL | 1:12.27 | 1:12.31 A |
| 6. Palmer Grace | 05 FFBN BEL | 1:14.04 | 1:12.37 A |
| 7. Vermeiren Fleur | 02 BRABO BEL | 1:09.13 | 1:13.88 A |
| 8. Gosuin Augustine | 04 FFBN BEL | 1:14.21 | 1:15.46 A |

Programmanr. 7 Heren, 200m wisselslag alg. leeftijdsgroep
23-1-2021 - 10:46 Resultaten Voorronde

| | | | | | |
|-----------------|---------|---------------------|------|-----------|-----------|
| Belgisch record | 2:00.24 | Vanluchene Emmanuel | GOLD | Antwerpen | 28-2-2016 |
| Vlaams rec | 2:00.24 | Vanluchene Emmanuel | GOLD | Antwerpen | 28-2-2016 |

Limieten OS : 1:59.67 / Limieten EK : 2:01.44 / Limieten EJK 18: 2:05.40; 15 - 17: 2:06.65

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------------|--------------|---------|------------------|
| 1. Knipping Arjan | 94 PSV NED | 2:00.12 | 2:06.65 A |
| 2. Jansen Thomas | 01 WVZ NED | 2:06.17 | 2:08.02 A |
| 3. Hebb Xander | 03 STW BEL | 2:09.33 | 2:08.64 A |
| 4. Lavdaniti Zhulian Xhoi | 03 ZS ALB | 2:08.75 | 2:12.28 A |
| 5. Deprez Lukas | 06 TRUST BEL | 2:32.10 | 2:33.37 A |
| NG.ZA Dal Thomas | 97 FFBN BEL | 2:05.84 | NG.ZA |

Programmanr. 8 Dames, 100m vrije slag alg. leeftijdsgroep
23-1-2021 - 10:52 Resultaten Voorronde

| | | | | | |
|-----------------|-------|------------------|-------|---------------|-----------|
| Belgisch record | 54.90 | Dumont Valentine | NOC | Gwangju (KOR) | 25-7-2019 |
| Vlaams rec | 55.47 | Buys Kimberly | BRABO | Antwerpen | 14-5-2017 |

Limieten OS : 54.38 / Limieten EK : 54.98 / Limieten EJK 17: 56.77; 14 - 16: 57.34

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|---------|----------------|
| 1. Heemskerk Femke | 87 PSV NED | 53.05 | 53.99 A |
| 2. Busch Kim | 98 PSV NED | 54.28 | 55.51 A |
| 3. Steenbergen Marrit | 00 DZ&PC NED | 54.18 | 55.90 A |
| 4. Toussaint Kira | 94 DOLFIJN NED | 54.48 | 56.66 A |
| 5. Delno Marjolein | 94 VZC NED | 54.85 | 56.68 A |
| 6. Ravelingien Lana | 03 BRABO BEL | 56.71 | 57.28 A |
| 7. Buys Kimberly | 89 BRABO BEL | 56.06 | 57.44 A |
| 8. Vanotterdijk Roos | 05 DMB BEL | 56.41 | 57.51 A |
| 9. Hoppenbrouwer Femke | 03 RACING CNED | 56.98 | 57.74 B |
| 10. Huisman Silke | 03 ORCA NED | 57.17 | 57.92 B |
| 11. Jonk Nienke | 02 PSV NED | 56.22 | 58.01 B |
| 12. Witters Marie-Alix | 05 DBT BEL | 57.87 | 58.36 B |
| 13. Goris Lotte | 00 BRABO BEL | 56.46 | 58.39 B |
| 14. Delcommune Zinke | 05 KAZS BEL | 58.34 | 58.61 B |
| 15. Bouden Camille | 01 ZB BEL | 57.40 | 58.63 B |
| 16. Spiering Femke | 02 VZC NED | 57.13 | 58.64 B |
| 17. van Wijk Milou | 04 DORDRECNE | 56.28 | 58.74 R |
| 18. Vallée Laurane | 03 FFBN BEL | 58.96 | 58.85 R |
| 19. Vanhauwaert Lotte | 04 ROSC BEL | 58.13 | 59.07 R |
| 20. Durez Laure | 06 FFBN BEL | 1:01.95 | 59.36 R |
| 21. Maerevoet Marie | 04 SHARK BEL | 58.97 | 59.62 |
| 22. Khiyara Lina | 03 FFBN BEL | 59.11 | 59.80 |
| 23. Wouters Briana | 06 HZA BEL | 59.73 | 1:00.46 |
| 24. Inkaya Dalya | 03 MEGA TUR | 59.73 | 1:00.50 |
| 25. Decaesstecker Elise | 04 ZB BEL | 59.67 | 1:00.54 |
| 26. Mattheeuws Lie | 05 MEGA BEL | 1:00.23 | 1:00.68 |
| 27. Mayeres Nell | 04 FFBN BEL | 59.07 | 1:01.24 |
| 28. Peters Lena | 05 CNDU LUX | 1:01.45 | 1:01.60 |
| 29. Diels Lotte | 06 SHARK BEL | 1:02.34 | 1:03.01 |

Programmanr. 9
23-1-2021 - 10:58

Heren, 400m vrije slag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|------------------|------|-----------|-----------|
| Belgisch record | 3:50.66 | Hendrickx Lander | BEST | Antwerpen | 24-1-2015 |
| Vlaams rec | 3:50.66 | Hendrickx Lander | BEST | Antwerpen | 24-1-2015 |

Limieten OS : 3:46.78 / Limieten EK : 3:51.20 / Limieten EJK 18: 3:56.05; 15 - 17: 3:58.41

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|-------|---------------------|----------------------|------------------|---------|---------|---------|---------|
| 1. | Hendrickx Lander | 94 LAQUA BEL 3:56.62 | 4:00.61 A | 58.18 | 1:58.79 | 2:59.73 | 4:00.61 |
| 2. | Kroon Luc | 01 ED-VO NED 3:50.91 | 4:00.86 A | 57.42 | 1:58.71 | 3:00.14 | 4:00.86 |
| 3. | Dal Lucas | 99 FFBN BEL 3:54.93 | 4:05.89 A | 58.83 | 2:01.22 | 3:03.62 | 4:05.89 |
| 4. | Brzoskowski Maarten | 95 PSV NED 3:53.24 | 4:06.11 A | 59.69 | 2:02.06 | 3:04.10 | 4:06.11 |
| 5. | Crooijmans Sander | 01 VZC NED 3:58.40 | 4:07.11 A | 1:01.07 | 2:04.97 | 3:07.07 | 4:07.11 |
| 6. | Martens Noah | 00 BRABO BEL 3:55.42 | 4:07.45 A | 1:00.50 | 2:03.11 | 3:06.02 | 4:07.45 |
| 7. | Crooijmans Vincent | 01 VZC NED 3:59.85 | 4:08.94 A | 1:02.47 | 2:06.25 | 3:08.04 | 4:08.94 |
| 8. | Weiremans Lorenz | 96 BRABO BEL 3:56.10 | 4:09.07 A | 59.03 | 2:02.15 | 3:06.15 | 4:09.07 |
| 9. | Van Ermen Alexander | 04 DDAT BEL 4:12.20 | 4:13.57 B | 1:01.16 | 2:05.85 | 3:09.26 | 4:13.57 |
| 10. | Berx Robbe | 03 TRUST BEL 4:07.33 | 4:17.58 B | 1:01.30 | 2:06.71 | 3:13.32 | 4:17.58 |
| 11. | Dehaut Fernando | 05 GOLD BEL 4:17.60 | 4:24.39 B | 1:03.84 | 2:12.29 | 3:19.87 | 4:24.39 |
| 12. | Raes Senne | 06 BRABO BEL 4:30.28 | 4:24.80 B | 1:04.13 | 2:12.23 | 3:20.43 | 4:24.80 |
| 13. | Courbois Thomas | 05 FFBN BEL 4:23.33 | 4:25.44 B | 1:02.47 | 2:09.77 | 3:18.25 | 4:25.44 |
| 14. | Sneyers Kobe | 06 SHARK BEL 4:25.50 | 4:31.31 B | 1:03.37 | 2:12.28 | 3:22.54 | 4:31.31 |
| 15. | Kalogeropoulos Zeno | 04 BRABO BEL 4:24.94 | 4:31.99 B | 1:03.68 | 2:12.90 | 3:23.00 | 4:31.99 |
| NG.ZA | Mannes Max | 97 SCD LUX 4:05.21 | | | | | NG.ZA |

Programmanr. 10
23-1-2021 - 11:10

Dames, 400m wisselslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|----------------|------|----------------|----------|
| Belgisch record | 4:46.15 | Gervy Yseult | CNBA | Helsinki (FIN) | 3-7-2000 |
| Vlaams rec | 4:51.21 | Becue Brigitte | BZK | Rome (ITA) | 2-6-1995 |

Limieten OS : 4:38.53 / Limieten EK : 4:47.88 / Limieten EJK 17: 4:57.78; 14 - 16: 5:00.76

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|--|-------------------|----------------------|------------------|---------|---------|---------|---------|
| 1. | Roussel Chloé | 04 FFBN BEL 4:59.54 | 5:00.48 A | 1:05.03 | 2:23.41 | 3:50.50 | 5:00.48 |
| 2. | Petitjean Elise | 05 FFBN BEL 5:07.67 | 5:07.01 A | 1:07.88 | 2:24.84 | 3:54.91 | 5:07.01 |
| 3. | Dewaelheyns Niene | 07 TRUST BEL 5:37.01 | 5:25.24 A | 1:10.51 | 2:33.02 | 4:10.15 | 5:25.24 |
| 4. | Hollebosch Noa | 07 MEGA BEL 5:44.28 | 5:34.70 A | 1:11.17 | 2:38.12 | 4:15.64 | 5:34.70 |
| DIS | Franquinet Ambre | 04 FFBN BEL 4:53.08 | | | | | DIS |
| <i>SW 9.4 - een wedstrijdgedeelte (stijl) niet beëindigd (= A) zoals voorgeschreven voor die stijl</i> | | | | | | | |
| DIS | Vekemans Rena | 07 DZO BEL 5:28.21 | | | | | DIS |
| <i>SW 7.6 - Niet met 2 handen gelijktijdig muur geraakt en/of handen op elkaar gelegd bij KP of A</i> | | | | | | | |

Programmanr. 11
23-1-2021 - 11:18

Heren, 100m vlinderslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|-------|---------------|-------|-----------------|-----------|
| Belgisch record | 52.10 | Croenen Louis | SHARK | Rotterdam (NED) | 4-12-2020 |
| Vlaams rec | 52.10 | Croenen Louis | SHARK | Rotterdam (NED) | 4-12-2020 |

Limieten OS : 51.96 / Limieten EK : 52.94 / Limieten EJK 18: 54.50; 15 - 17: 55.05

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------------|----------------|-------|------------------|
| 1. Korstanje Nyls | 99 KNZB NED | 52.24 | 52.65 A |
| 2. Croenen Louis | 94 SHARK BEL | 52.10 | 54.63 A |
| 3. Goosen Mathys | 96 DOLFIJN NED | 52.20 | 54.85 A |
| 4. Verlinden Joeri | 88 PSV NED | 52.24 | 55.35 A |
| 5. De Meulemeester Sébastien | 98 BRABO BEL | 55.32 | 55.48 A |
| 6. Van Cleven Thijs | 05 BZK BEL | 58.17 | 57.47 A |
| 7. Knipping Arjan | 94 PSV NED | 56.14 | 58.04 A |
| 8. Schotte Edward | 05 ISWIM BEL | 59.50 | 1:00.35 A |

Programmanr. 12
23-1-2021 - 11:20

Dames, 200m rugslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|---------------|-------|-----------|-----------|
| Belgisch record | 2:11.82 | Buys Kimberly | BRABO | Antwerpen | 23-1-2011 |
| Vlaams rec | 2:11.82 | Buys Kimberly | BRABO | Antwerpen | 23-1-2011 |

Limieten OS : 2:10.39 / Limieten EK : 2:13.91 / Limieten EJK 17: 2:16.90; 14 - 16: 2:18.27

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|---------|------------------|
| 1. Grégoire Marion | 03 FFBN BEL | 2:18.91 | 2:17.78 A |
| 2. Gries Laure | 04 FFBN BEL | 2:19.89 | 2:18.80 A |
| 3. Hesper Lotte | 02 RACING CNED | 2:16.51 | 2:19.28 A |
| 4. Oude Lenferink Lieke | 02 WS TWENNED | 2:17.20 | 2:19.43 A |
| 5. Smits Jade | 01 BRABO BEL | 2:15.97 | 2:21.16 A |
| 6. Verdonck Fleur | 06 ZGEEL BEL | 2:22.76 | 2:22.20 A |
| 7. Roussel Chloé | 04 FFBN BEL | 2:27.27 | 2:26.37 A |
| 8. Mattheeuws Lie | 05 MEGA BEL | 2:23.97 | 2:27.31 A |
| 9. Gosuin Augustine | 04 FFBN BEL | 2:28.26 | 2:28.41 R |
| 10. Durez Laure | 06 FFBN BEL | 2:30.86 | 2:29.31 R |

Programmanr. 13
23-1-2021 - 11:30

Heren, 50m vrije slag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|-------|-----------------|-----|-----------|-----------|
| Belgisch record | 22.13 | Grandjean Yoris | LGN | Antwerpen | 1-5-2009 |
| Vlaams rec | 22.19 | Aerents Jasper | BZK | Antwerpen | 19-1-2013 |

Limieten OS : 22.01 / Limieten EK : 22.47 / Limieten EJK 18: 22.96; 15 - 17: 23.19

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|-------|----------------|
| 1. Puts Jesse | 94 DOLFIJN NED | 21.91 | 22.59 A |
| 2. Aerents Jasper | 92 BZK BEL | 22.62 | 22.81 A |
| 3. Pijnenburg Stan | 96 PSV NED | 22.16 | 22.89 A |
| 4. Thijs Thomas | 97 ZGEEL BEL | 23.05 | 23.05 A |
| Simons Kenzo | 01 DOLFIJN NED | 22.02 | 23.05 A |
| 6. Marcourt Alexandre | 99 TRUST BEL | 23.08 | 23.08 A |
| 7. Stolk Kyle | 96 PSV NED | 22.71 | 23.36 A |
| 8. Borisavljevic Alexis | 97 FFBN BEL | 22.98 | 23.40 A |

Timingonline: www.toptime.be

Uitslagen www.zwemfed.be

Splash Meet Manager, 11.51721

Registered to Vlaamse Zwemfederatie

23-1-2021 12:22 - pagina 6

Programmanr. 13, Heren, 50m vrije slag, Voorronde, alg. leeftijdsgroep

| Rang | Geb. | | | Tijd | Pnt |
|------|------------------------|----|-----------|-------|----------------|
| 9. | De Smedt Jesse | 00 | BRABO BEL | 23.49 | 23.66 B |
| 10. | Mabbe Elian | 04 | UZKZ BEL | 24.88 | 24.36 B |
| 11. | Weyts Milan | 04 | STW BEL | 24.93 | 24.41 B |
| 12. | Borisavljevic Valentin | 97 | BRABO BEL | 23.83 | 24.44 B |
| 13. | Talloen Sander | 05 | FIRST BEL | 24.27 | 24.57 B |
| 14. | Schotte Edward | 05 | ISWIM BEL | 24.96 | 25.22 B |
| 15. | Dehautt Fernando | 05 | GOLD BEL | 26.58 | 26.00 B |
| 16. | Courbois Thomas | 05 | FFBN BEL | 28.63 | 26.44 B |
| 17. | De Valck Dante | 06 | ZCK BEL | 27.92 | 26.80 R |

Programmanr. 14 Dames, 50m vlinderslag alg. leeftijdsgroep
23-1-2021 - 11:34 Resultaten Voorronde

| | | | | | |
|-----------------|-------|----------------|-------|----------------|-----------|
| Belgisch record | 25.70 | Buyts Kimberly | BRABO | Budapest (HUN) | 28-7-2017 |
| Vlaams rec | 25.70 | Buyts Kimberly | BRABO | Budapest (HUN) | 28-7-2017 |

Limieten EK : 26.47 / Limieten EJK 17: 27.25; 14 - 16: 27.52

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|------|--------------------------------|----|-------------|-------|----------------|
| 1. | Kromowidjojo Ranomi | 90 | PSV NED | 25.32 | 26.36 A |
| 2. | de Waard Maaïke | 96 | PSV NED | 25.93 | 26.39 A |
| 3. | Vanotterdijk Roos | 05 | DMB BEL | 26.47 | 26.77 A |
| 4. | Busch Kim | 98 | PSV NED | 26.04 | 26.91 A |
| 5. | Heemskerk Femke | 87 | PSV NED | 27.40 | 27.01 A |
| 6. | Buyts Kimberly | 89 | BRABO BEL | 26.23 | 27.53 A |
| 7. | Wauters Laura | 03 | LSVZ BEL | 27.43 | 27.90 A |
| 8. | Hoppenbrouwer Femke | 03 | RACING CNED | 27.79 | 28.06 A |
| 9. | Jonk Nienke Delno Marjolein | 02 | PSV NED | 27.60 | 28.19 B |
| | | 94 | VZC NED | 27.61 | 28.19 B |
| 11. | Delcommune Zinke | 05 | KAZS BEL | 28.84 | 28.70 B |
| 12. | Mayeres Nell | 04 | FFBN BEL | 28.46 | 29.26 B |
| 13. | Huisman Silke | 03 | ORCA NED | 29.22 | 29.46 B |
| 14. | Peters Lena | 05 | CNDU LUX | 28.51 | 30.20 B |
| 15. | Diels Lotte | 06 | SHARK BEL | 30.23 | 31.27 B |

Programmanr. 15 Heren, 50m schoolslag alg. leeftijdsgroep
23-1-2021 - 11:38 Resultaten Voorronde

| | | | | | |
|-----------------|-------|---------------|-----|------|-----------|
| Belgisch record | 27.64 | Caerts Basten | DBT | Gent | 10-5-2018 |
| Vlaams rec | 27.64 | Caerts Basten | DBT | Gent | 10-5-2018 |

Limieten EK : 27.62 / Limieten EJK 18: 28.53; 15 - 17: 28.82

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------------|----------------|----------------------|-------|
| 1. Kamminga Arno | 95 DOLFIJN NED | 26.88 27.57 A | |
| 2. Hebb Xander | 03 STW BEL | 30.31 29.69 A | |
| 3. Lavdaniti Zhulian Xhoi | 03 ZS ALB | 30.82 30.87 A | |
| 4. Deprez Lukas | 06 TRUST BEL | NT 33.20 A | |
| NG.ZA Koch Marco | 90 FRANKFUGER | 27.74 | NG.ZA |

Programmanr. 16 Dames, 800m vrije slag alg. leeftijdsgroep
23-1-2021 - 11:40 Resultaten

| | | | | | |
|-----------------|---------|-------------------|-----|--------------|-----------|
| Belgisch record | 8:34.56 | Arnould Isabelle | LGN | Seoul (KOR) | 23-9-1988 |
| Vlaams rec | 8:44.84 | Verbauwen Pascale | MZV | Moskou (RUS) | 27-7-1980 |

Limieten OS : 8:33.36 / Limieten EK : 8:44.04 / Limieten EJK 17: 8:59.97; 14 - 16: 9:05.37

Punten:

voorlopige resultaten

Programmanr. 2 Dames, 50m rugslag alg. leeftijdsgroep
23-1-2021 Resultaten Swim off voorronde

| | | | | | |
|-----------------|-------|------------|-------|---------|-----------|
| Belgisch record | 28.77 | Smits Jade | BRABO | Hengelo | 14-8-2020 |
| Vlaams rec | 28.77 | Smits Jade | BRABO | Hengelo | 14-8-2020 |

Limieten EK : 28.33 / Limieten EJK 17: 28.73; 14 - 16: 29.02

Punten:

| Rang | Geb. | Tijd | Pnt |
|--------------------|-------------|--------------------|-----|
| 1. Grégoire Marion | 03 FFBN BEL | 29.78 29.88 | |
| 2. Mayeres Nell | 04 FFBN BEL | 29.78 29.95 | |

2 - zaterdag 23 januari 2021

23-1-2021 - 16:15

| Programmanr. 1 23-1-2021 | Heren, 200m vrije slag | | | | alg. leeftijdsgroep Resultaten Finale |
|--|------------------------|------------------|-------|--------------|--|
| Belgisch record | 1:46.91 | Surgeloose Glenn | BRABO | London (GBR) | 17-5-2016 |
| Vlaams rec | 1:46.91 | Surgeloose Glenn | BRABO | Londen (GBR) | 17-5-2016 |
| Limieten OS : 1:47.02 / Limieten EK : 1:49.16 / Limieten EJK 18: 1:51.45; 15 - 17: 1:52.56 | | | | | |

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|----------|---------------------------|----|-----------|---------|----------------|
| Finale A | | | | | |
| 1. | Kroon Luc | 01 | ED-VO NED | 1:51.23 | 1:49.45 |
| 2. | Marcourt Alexandre | 99 | TRUST BEL | 1:51.28 | 1:49.51 |
| 3. | Brzoskowski Maarten | 95 | PSV NED | 1:51.16 | 1:50.50 |
| 4. | De Meulemeester Sébastien | 98 | BRABO BEL | 1:52.31 | 1:50.80 |
| 5. | Pijnenburg Stan | 96 | PSV NED | 1:51.52 | 1:50.87 |
| 6. | Thijs Thomas | 97 | ZGEEL BEL | 1:52.80 | 1:51.91 |
| 7. | Stolk Kyle | 96 | PSV NED | 1:52.25 | 1:52.07 |
| 8. | Martens Noah | 00 | BRABO BEL | 1:52.90 | 1:54.79 |
| Finale B | | | | | |
| 9. | Weiremans Lorenz | 96 | BRABO BEL | 1:55.81 | 1:50.92 |
| 10. | Croenen Louis | 94 | SHARK BEL | 1:54.23 | 1:51.20 |
| 11. | Mannes Max | 97 | SCD LUX | 1:53.57 | 1:52.19 |
| 12. | Crooijmans Sander | 01 | VZC NED | 1:56.58 | 1:55.36 |
| 13. | Borisavljevic Valentin | 97 | BRABO BEL | 1:56.31 | 1:55.88 |
| 14. | Van Cleven Thijs | 05 | BZK BEL | 1:56.95 | 1:56.75 |
| 15. | Berx Robbe | 03 | TRUST BEL | 1:56.74 | 1:57.31 |
| NG.ZA | Dal Lucas | 99 | FFBN BEL | 1:54.49 | NG.ZA |

| Programmanr. 2 23-1-2021 | Dames, 50m rugslag | | | | alg. leeftijdsgroep Resultaten Finale |
|--|--------------------|------------|-------|---------|--|
| Belgisch record | 28.77 | Smits Jade | BRABO | Hengelo | 14-8-2020 |
| Vlaams rec | 28.77 | Smits Jade | BRABO | Hengelo | 14-8-2020 |
| Limieten EK : 28.33 / Limieten EJK 17: 28.73; 14 - 16: 29.02 | | | | | |

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|------------------------|----------------------|----|-------------|-------|--------------|
| Finale A | | | | | |
| 1. | de Waard Maaike | 96 | PSV NED | 28.48 | 28.06 |
| 2. | Toussaint Kira | 94 | DOLFIJN NED | 28.30 | 28.14 |
| 3. | Kromowidjojo Ranomi | 90 | PSV NED | 29.01 | 28.31 |
| 4. | Smits Jade | 01 | BRABO BEL | 28.79 | 28.69 |
| <i>Belgisch record</i> | | | | | |
| 5. | Pilhatsch Caroline | 99 | ATG AUT | 28.84 | 29.02 |
| 6. | Oude Lenferink Lieke | 02 | WS TWENNED | 29.61 | 29.68 |
| 7. | Grégoire Marion | 03 | FFBN BEL | 29.78 | 29.75 |
| 8. | Decaesstecker Elise | 04 | ZB BEL | 29.65 | 29.79 |
| Finale B | | | | | |
| 9. | Verdonck Fleur | 06 | ZGEEL BEL | 30.19 | 29.88 |
| 10. | Mayeres Nell | 04 | FFBN BEL | 29.78 | 29.99 |

Timingonline: www.toptime.be

Uitslagen www.zwemfed.be

Splash Meet Manager, 11.51721

Registered to Vlaamse Zwemfederatie

23-1-2021 18:52 - pagina 1

Programmanr. 2, Dames, 50m rugslag, Finale, alg. leeftijdsgroep

| Rang | Geb. | | | Tijd | Pnt |
|---------------------|------|------|-----|-------|--------------|
| 11. Petitjean Elise | 05 | FFBN | BEL | 31.28 | 31.27 |
| 12. Wouters Briana | 06 | HZA | BEL | 31.82 | 32.66 |

Programmanr. 3 Heren, 100m rugslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|---------------------|------|-----------|-----------|
| Belgisch record | 55.14 | Vanluchene Emmanuel | GOLD | Antwerpen | 20-5-2013 |
| Vlaams rec | 55.14 | Vanluchene Emmanuel | GOLD | Antwerpen | 20-5-2013 |

Limieten OS : 53.85 / Limieten EK : 54.94 / Limieten EJK 18: 56.66; 15 - 17: 57.23

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|--------------------|------|-------|-----|---------|----------------|
| 1. Talloen Sander | 05 | FIRST | BEL | 58.67 | 59.79 |
| 2. Courbois Thomas | 05 | FFBN | BEL | 1:03.45 | 1:04.27 |

Programmanr. 4 Dames, 200m vlinderslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|------------------|------|---------------|-----------|
| Belgisch record | 2:10.78 | Dumont Valentine | NOC | Netanya (ISR) | 28-6-2017 |
| Vlaams rec | 2:12.41 | Buelens Griet | FAST | Molenbeek | 1-5-2008 |

Limieten OS : 2:08.43 / Limieten EK : 2:12.51 / Limieten EJK 17: 2:16.89; 14 - 16: 2:18.26

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|-----------------------|------|--------|------|---------|-------|
| NG.ZA Spiering Femke | 02 | VZC | NED | 2:16.69 | NG.ZA |
| NG.ZA Hosper Lotte | 02 | RACING | CNED | 2:16.87 | NG.ZA |
| NG.ZA Wauters Laura | 03 | LSVZ | BEL | 2:20.18 | NG.ZA |
| NG.ZA Maerevoet Marie | 04 | SHARK | BEL | 2:21.57 | NG.ZA |
| NG.ZA Bouden Camille | 01 | ZB | BEL | 2:23.53 | NG.ZA |
| NG.ZA Goris Lotte | 00 | BRABO | BEL | 2:25.10 | NG.ZA |
| NG.ZA Dumont Sarah | 07 | FFBN | BEL | 2:28.06 | NG.ZA |

Programmanr. 5 Heren, 200m schoolslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|---------------|-----|-----------|-----------|
| Belgisch record | 2:12.57 | Caerts Basten | DBT | Antwerpen | 29-5-2016 |
| Vlaams rec | 2:12.57 | Caerts Basten | DBT | Antwerpen | 29-5-2016 |

Limieten OS : 2:10.35 / Limieten EK : 2:12.51 / Limieten EJK 18: 2:18.03; 15 - 17: 2:19.41

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|------------------|------|------------|-----|---------|----------------|
| 1. Kamminga Arno | 95 | DOLFIJN | NED | 2:10.71 | 2:08.84 |
| 2. Koch Marco | 90 | FRANKFUGER | | 2:16.82 | 2:09.34 |
| 3. Tanghe Kasper | 04 | BRABO | BEL | 2:26.15 | 2:28.56 |

Programmanr. 6 Dames, 100m schoolslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|----------------|-------|-----------------|-----------|
| Belgisch record | 1:06.97 | Lecluyse Fanny | DM | Gwangju (KOR) | 22-7-2019 |
| Vlaams rec | 1:08.36 | Janssens Kim | BRABO | Barcelona (ESP) | 29-7-2013 |

Limieten OS : 1:07.07 / Limieten EK : 1:08.51 / Limieten EJK 17: 1:10.98; 14 - 16: 1:11.69

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------|--------------|---------|----------------|
| 1. Lecluyse Fanny | 92 FFBN BEL | 1:08.65 | 1:08.13 |
| 2. Dumont Joséphine | 02 FFBN BEL | 1:10.43 | 1:09.24 |
| 3. Schouten Tes | 00 BZ&PC NED | 1:09.57 | 1:09.58 |
| 4. Van Dooren Ante | 06 SHARK BEL | 1:11.89 | 1:11.27 |
| 5. Geeroms Anke | 00 FFBN BEL | 1:12.31 | 1:11.78 |
| 6. Vermeiren Fleur | 02 BRABO BEL | 1:13.88 | 1:13.38 |
| 7. Palmer Grace | 05 FFBN BEL | 1:12.37 | 1:13.51 |
| 8. Gosuin Augustine | 04 FFBN BEL | 1:15.46 | 1:14.99 |

Programmanr. 7 Heren, 200m wisselslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|---------------------|------|-----------|-----------|
| Belgisch record | 2:00.24 | Vanluchene Emmanuel | GOLD | Antwerpen | 28-2-2016 |
| Vlaams rec | 2:00.24 | Vanluchene Emmanuel | GOLD | Antwerpen | 28-2-2016 |

Limieten OS : 1:59.67 / Limieten EK : 2:01.44 / Limieten EJK 18: 2:05.40; 15 - 17: 2:06.65

Punten:

| Rang | Geb. | Tijd | Pnt |
|----------------------------|--------------|---------|----------------|
| 1. Knipping Arjan | 94 PSV NED | 2:06.65 | 2:03.29 |
| 2. Jansen Thomas | 01 WVZ NED | 2:08.02 | 2:06.84 |
| 3. Hebb Xander | 03 STW BEL | 2:08.64 | 2:08.73 |
| 4. Deprez Lukas | 06 TRUST BEL | 2:33.37 | 2:32.18 |
| DIS Lavdaniti Zhulian Xhoi | 03 ZS ALB | 2:12.28 | DIS |

SW 7.2.a - borstligging niet aangehouden gedurende de volledige wedstrijd (behalve bij KP)

Programmanr. 8 Dames, 100m vrije slag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|------------------|-------|---------------|-----------|
| Belgisch record | 54.90 | Dumont Valentine | NOC | Gwangju (KOR) | 25-7-2019 |
| Vlaams rec | 55.47 | Buys Kimberly | BRABO | Antwerpen | 14-5-2017 |

Limieten OS : 54.38 / Limieten EK : 54.98 / Limieten EJK 17: 56.77; 14 - 16: 57.34

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------|----------------|-------|--------------|
| Finale A | | | |
| 1. Heemskerk Femke | 87 PSV NED | 53.99 | 53.76 |
| 2. Busch Kim | 98 PSV NED | 55.51 | 55.31 |
| 3. Steenbergen Marrit | 00 DZ&PC NED | 55.90 | 56.29 |
| 4. Delno Marjolein | 94 VZC NED | 56.68 | 56.97 |
| 5. Buys Kimberly | 89 BRABO BEL | 57.44 | 57.22 |
| 6. Vanotterdijk Roos | 05 DMB BEL | 57.51 | 57.30 |
| 7. Ravelingien Lana | 03 BRABO BEL | 57.28 | 57.47 |
| 8. Hoppenbrouwer Femke | 03 RACING CNED | 57.74 | 57.67 |
| Finale B | | | |
| 9. Jonk Nienke | 02 PSV NED | 58.01 | 57.50 |

Programmanr. 8, Dames, 100m vrije slag, Finale, alg. leeftijdsgroep

| Rang | Geb. | Tijd | Pnt |
|------------------------|--------------|-------|--------------|
| 10. van Wijk Milou | 04 DORDRECNE | 58.74 | 57.54 |
| 11. Huisman Silke | 03 ORCA NED | 57.92 | 57.77 |
| 12. Goris Lotte | 00 BRABO BEL | 58.39 | 57.88 |
| 13. Bouden Camille | 01 ZB BEL | 58.63 | 57.97 |
| 14. Spiering Femke | 02 VZC NED | 58.64 | 58.16 |
| 15. Witters Marie-Alix | 05 DBT BEL | 58.36 | 58.32 |
| 16. Delcommune Zinke | 05 KAZS BEL | 58.61 | 58.56 |

Programmanr. 9
23-1-2021

Heren, 400m vrije slag

alg. leeftijdsgroep
Resultaten Finale

| | | | | | |
|-----------------|---------|------------------|------|-----------|-----------|
| Belgisch record | 3:50.66 | Hendrickx Lander | BEST | Antwerpen | 24-1-2015 |
| Vlaams rec | 3:50.66 | Hendrickx Lander | BEST | Antwerpen | 24-1-2015 |

Limieten OS : 3:46.78 / Limieten EK : 3:51.20 / Limieten EJK 18: 3:56.05; 15 - 17: 3:58.41

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|-------------------------|--------------|---------|----------------|---------|---------|---------|---------|
| Finale A | | | | | | | |
| 1. Kroon Luc | 01 ED-VO NED | 4:00.86 | 3:57.12 | 57.80 | 1:58.82 | 2:58.60 | 3:57.12 |
| 2. Hendrickx Lander | 94 LAQUA BEL | 4:00.61 | 3:58.23 | 57.26 | 1:58.01 | 2:58.22 | 3:58.23 |
| 3. Dal Lucas | 99 FFBN BEL | 4:05.89 | 4:00.07 | 57.76 | 1:58.97 | 3:00.35 | 4:00.07 |
| 4. Martens Noah | 00 BRABO BEL | 4:07.45 | 4:01.70 | 58.59 | 2:00.50 | 3:01.08 | 4:01.70 |
| 5. Brzoskowski Maarten | 95 PSV NED | 4:06.11 | 4:01.85 | 58.09 | 1:59.53 | 3:01.03 | 4:01.85 |
| 6. Weiremans Lorenz | 96 BRABO BEL | 4:09.07 | 4:03.60 | 58.31 | 1:59.95 | 3:01.99 | 4:03.60 |
| 7. Crooijmans Sander | 01 VZC NED | 4:07.11 | 4:03.92 | 59.90 | 2:02.65 | 3:03.93 | 4:03.92 |
| 8. Crooijmans Vincent | 01 VZC NED | 4:08.94 | 4:03.99 | 59.96 | 2:02.68 | 3:04.15 | 4:03.99 |
| Finale B | | | | | | | |
| 9. Van Ermen Alexander | 04 DDAT BEL | 4:13.57 | 4:09.18 | 59.54 | 2:02.22 | 3:06.23 | 4:09.18 |
| 10. Bex Robbe | 03 TRUST BEL | 4:17.58 | 4:14.94 | 59.69 | 2:04.30 | 3:10.21 | 4:14.94 |
| 11. Courbois Thomas | 05 FFBN BEL | 4:25.44 | 4:17.64 | 1:01.18 | 2:07.19 | 3:13.12 | 4:17.64 |
| 12. Dehautt Fernando | 05 GOLD BEL | 4:24.39 | 4:20.83 | 1:00.87 | 2:07.38 | 3:14.93 | 4:20.83 |
| 13. Raes Senne | 06 BRABO BEL | 4:24.80 | 4:25.21 | 1:01.72 | 2:09.52 | 3:18.67 | 4:25.21 |
| 14. Kalogeropoulos Zeno | 04 BRABO BEL | 4:31.99 | 4:25.66 | 1:02.40 | 2:10.52 | 3:18.86 | 4:25.66 |
| 15. Sneyers Kobe | 06 SHARK BEL | 4:31.31 | 4:27.45 | 1:01.79 | 2:10.93 | 3:20.41 | 4:27.45 |

Programmanr. 10
23-1-2021

Dames, 400m wisselslag

alg. leeftijdsgroep
Resultaten Finale

| | | | | | |
|-----------------|---------|----------------|------|----------------|----------|
| Belgisch record | 4:46.15 | Gervy Yseult | CNBA | Helsinki (FIN) | 3-7-2000 |
| Vlaams rec | 4:51.21 | Becue Brigitte | BZK | Rome (ITA) | 2-6-1995 |

Limieten OS : 4:38.53 / Limieten EK : 4:47.88 / Limieten EJK 17: 4:57.78; 14 - 16: 5:00.76

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|----------------------|--------------|---------|----------------|---------|---------|---------|---------|
| 1. Roussel Chloé | 04 FFBN BEL | 5:00.48 | 5:00.20 | 1:05.43 | 2:21.95 | 3:49.44 | 5:00.20 |
| 2. Petitjean Elise | 05 FFBN BEL | 5:07.01 | 5:03.97 | 1:07.54 | 2:24.36 | 3:52.81 | 5:03.97 |
| 3. Dewaelheyns Niene | 07 TRUST BEL | 5:25.24 | 5:21.44 | 1:10.12 | 2:31.76 | 4:07.66 | 5:21.44 |
| 4. Hollebosch Noa | 07 MEGA BEL | 5:34.70 | 5:25.57 | 1:12.12 | 2:37.95 | 4:11.77 | 5:25.57 |

Programmanr. 11 Heren, 100m vlinderslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|---------------|-------|-----------------|-----------|
| Belgisch record | 52.10 | Croenen Louis | SHARK | Rotterdam (NED) | 4-12-2020 |
| Vlaams rec | 52.10 | Croenen Louis | SHARK | Rotterdam (NED) | 4-12-2020 |

Limieten OS : 51.96 / Limieten EK : 52.94 / Limieten EJK 18: 54.50; 15 - 17: 55.05

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------------|----------------|---------|--------------|
| 1. Korstanje Nyls | 99 KNZB NED | 52.65 | 52.27 |
| 2. Croenen Louis | 94 SHARK BEL | 54.63 | 53.52 |
| 3. Verlinden Joeri | 88 PSV NED | 55.35 | 54.06 |
| 4. Goosen Mathys | 96 DOLFIJN NED | 54.85 | 54.80 |
| 5. De Meulemeester Sébastien | 98 BRABO BEL | 55.48 | 55.32 |
| 6. Van Cleven Thijs | 05 BZK BEL | 57.47 | 57.44 |
| 7. Knipping Arjan | 94 PSV NED | 58.04 | 57.73 |
| 8. Schotte Edward | 05 ISWIM BEL | 1:00.35 | 59.99 |

Programmanr. 12 Dames, 200m rugslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|----------------|-------|-----------|-----------|
| Belgisch record | 2:11.82 | Buyts Kimberly | BRABO | Antwerpen | 23-1-2011 |
| Vlaams rec | 2:11.82 | Buyts Kimberly | BRABO | Antwerpen | 23-1-2011 |

Limieten OS : 2:10.39 / Limieten EK : 2:13.91 / Limieten EJK 17: 2:16.90; 14 - 16: 2:18.27

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|---------------|---------|----------------|
| 1. Grégoire Marion | 03 FFBN BEL | 2:17.78 | 2:16.55 |
| 2. Oude Lenferink Lieke | 02 WS TWENNED | 2:19.43 | 2:21.11 |
| 3. Gries Laure | 04 FFBN BEL | 2:18.80 | 2:21.35 |
| 4. Verdonck Fleur | 06 ZGEEL BEL | 2:22.20 | 2:22.08 |
| 5. Durez Laure | 06 FFBN BEL | 2:29.31 | 2:25.10 |
| 6. Mattheeuws Lie | 05 MEGA BEL | 2:27.31 | 2:25.57 |
| 7. Roussel Chloé | 04 FFBN BEL | 2:26.37 | 2:25.72 |
| 8. Gosuin Augustine | 04 FFBN BEL | 2:28.41 | 2:30.19 |

Programmanr. 13 Heren, 50m vrije slag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|-----------------|-----|-----------|-----------|
| Belgisch record | 22.13 | Grandjean Yoris | LGN | Antwerpen | 1-5-2009 |
| Vlaams rec | 22.19 | Aerents Jasper | BZK | Antwerpen | 19-1-2013 |

Limieten OS : 22.01 / Limieten EK : 22.47 / Limieten EJK 18: 22.96; 15 - 17: 23.19

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|-------|--------------|
| Finale A | | | |
| 1. Puts Jesse | 94 DOLFIJN NED | 22.59 | 22.47 |
| 2. Simons Kenzo | 01 DOLFIJN NED | 23.05 | 22.48 |
| 3. Pijnenburg Stan | 96 PSV NED | 22.89 | 22.67 |
| 4. Aerents Jasper | 92 BZK BEL | 22.81 | 22.84 |
| 5. Marcourt Alexandre | 99 TRUST BEL | 23.08 | 23.08 |
| 6. Stolk Kyle | 96 PSV NED | 23.36 | 23.09 |
| 7. Thijs Thomas | 97 ZGEEL BEL | 23.05 | 23.21 |
| 8. Borisavljevic Alexis | 97 FFBN BEL | 23.40 | 23.35 |

Programmanr. 13, Heren, 50m vrije slag, Finale, alg. leeftijdsgroep

| Rang | Geb. | Tijd | Pnt |
|----------|------------------------|--------------------|--------------|
| Finale B | | | |
| 9. | De Smedt Jesse | 00 BRABO BEL 23.66 | 23.81 |
| 10. | Mabbe Elian | 04 UZKZ BEL 24.36 | 24.26 |
| 11. | Talloen Sander | 05 FIRST BEL 24.57 | 24.33 |
| 12. | Weyts Milan | 04 STW BEL 24.41 | 24.40 |
| 13. | Schotte Edward | 05 ISWIM BEL 25.22 | 25.01 |
| 14. | Borisavljevic Valentin | 97 BRABO BEL 24.44 | 25.69 |
| 15. | Dehaut Fernando | 05 GOLD BEL 26.00 | 26.64 |
| 16. | Courbois Thomas | 05 FFBN BEL 26.44 | 27.04 |

Programmanr. 14 Dames, 50m vlinderslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|----------------|-------|----------------|-----------|
| Belgisch record | 25.70 | Buyts Kimberly | BRABO | Budapest (HUN) | 28-7-2017 |
| Vlaams rec | 25.70 | Buyts Kimberly | BRABO | Budapest (HUN) | 28-7-2017 |

Limieten EK : 26.47 / Limieten EJK 17: 27.25; 14 - 16: 27.52

Punten:

| Rang | Geb. | Tijd | Pnt |
|----------|---------------------|----------------------|--------------|
| Finale A | | | |
| 1. | Kromowidjojo Ranomi | 90 PSV NED 26.36 | 25.88 |
| 2. | de Waard Maike | 96 PSV NED 26.39 | 26.08 |
| 3. | Heemskerk Femke | 87 PSV NED 27.01 | 26.65 |
| 4. | Vanotterdijk Roos | 05 DMB BEL 26.77 | 26.66 |
| 5. | Busch Kim | 98 PSV NED 26.91 | 26.68 |
| 6. | Buyts Kimberly | 89 BRABO BEL 27.53 | 27.29 |
| 7. | Wauters Laura | 03 LSVZ BEL 27.90 | 27.96 |
| 8. | Hoppenbrouwer Femke | 03 RACING CNED 28.06 | 28.12 |
| Finale B | | | |
| 9. | Delno Marjolein | 94 VZC NED 28.19 | 28.23 |
| 10. | Jonk Nienke | 02 PSV NED 28.19 | 28.26 |
| 11. | Delcommune Zinke | 05 KAZS BEL 28.70 | 28.87 |
| 12. | Mayeres Nell | 04 FFBN BEL 29.26 | 29.42 |
| 13. | Peters Lena | 05 CNDU LUX 30.20 | 29.98 |
| 14. | Diels Lotte | 06 SHARK BEL 31.27 | 30.98 |

Programmanr. 15 Heren, 50m schoolslag alg. leeftijdsgroep
23-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|---------------|-----|------|-----------|
| Belgisch record | 27.64 | Caerts Basten | DBT | Gent | 10-5-2018 |
| Vlaams rec | 27.64 | Caerts Basten | DBT | Gent | 10-5-2018 |

Limieten EK : 27.62 / Limieten EJK 18: 28.53; 15 - 17: 28.82

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------------|----------------|-------|--------------|
| 1. Kamminga Arno | 95 DOLFIJN NED | 27.57 | 27.63 |
| 2. Hebb Xander | 03 STW BEL | 29.69 | 29.44 |
| 3. Lavdaniti Zhulian Xhoi | 03 ZS ALB | 30.87 | 30.65 |
| 4. Deprez Lukas | 06 TRUST BEL | 33.20 | 34.63 |

Programmanr. 16 Dames, 800m vrije slag alg. leeftijdsgroep
23-1-2021 Resultaten

| | | | | | |
|-----------------|---------|-------------------|-----|--------------|-----------|
| Belgisch record | 8:34.56 | Arnould Isabelle | LGN | Seoul (KOR) | 23-9-1988 |
| Vlaams rec | 8:44.84 | Verbauwen Pascale | MZV | Moskou (RUS) | 27-7-1980 |

Limieten OS : 8:33.36 / Limieten EK : 8:44.04 / Limieten EJK 17: 8:59.97; 14 - 16: 9:05.37

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------|-----------------------|-----------------------|-----------------------|
| 1. Franquinet Ambre | 04 FFBN BEL | 9:07.81 | 9:02.34 |
| 100m: 1:02.34 1:02.34 | 300m: 3:18.74 1:09.02 | 500m: 5:37.37 1:09.34 | 700m: 7:55.58 1:09.28 |
| 200m: 2:09.72 1:07.38 | 400m: 4:28.03 1:09.29 | 600m: 6:46.30 1:08.93 | 800m: 9:02.34 1:06.76 |
| 2. Henveaux Camille | 06 FFBN BEL | 9:30.50 | 9:13.73 |
| 100m: 1:05.47 1:05.47 | 300m: 3:24.96 1:09.88 | 500m: 5:44.95 1:10.01 | 700m: 8:05.29 1:10.21 |
| 200m: 2:15.08 1:09.61 | 400m: 4:34.94 1:09.98 | 600m: 6:55.08 1:10.13 | 800m: 9:13.73 1:08.44 |
| 3. Vallée Laurane | 03 FFBN BEL | 9:10.41 | 9:21.37 |
| 100m: 1:04.15 1:04.15 | 300m: 3:25.05 1:11.10 | 500m: 5:48.32 1:11.79 | 700m: 8:11.55 1:11.37 |
| 200m: 2:13.95 1:09.80 | 400m: 4:36.53 1:11.48 | 600m: 7:00.18 1:11.86 | 800m: 9:21.37 1:09.82 |
| 4. Lazou Lente | 05 GOLD BEL | 9:26.04 | 9:24.31 |
| 100m: 1:05.97 1:05.97 | 300m: 3:27.15 1:10.68 | 500m: 5:49.39 1:11.28 | 700m: 8:13.22 1:11.96 |
| 200m: 2:16.47 1:10.50 | 400m: 4:38.11 1:10.96 | 600m: 7:01.26 1:11.87 | 800m: 9:24.31 1:11.09 |
| 5. Garcia Zamora Ilona | 03 FFBN BEL | 9:08.30 | 9:28.14 |
| 100m: 1:04.81 1:04.81 | 300m: 3:26.45 1:10.91 | 500m: 5:48.54 1:11.00 | 700m: 8:15.70 1:13.97 |
| 200m: 2:15.54 1:10.73 | 400m: 4:37.54 1:11.09 | 600m: 7:01.73 1:13.19 | 800m: 9:28.14 1:12.44 |
| 6. Dumont Sarah | 07 FFBN BEL | 9:59.95 | 9:41.60 |
| 100m: 1:09.14 1:09.14 | 300m: 3:35.04 1:12.40 | 500m: 6:01.40 1:13.57 | 700m: 8:28.88 1:13.40 |
| 200m: 2:22.64 1:13.50 | 400m: 4:47.83 1:12.79 | 600m: 7:15.48 1:14.08 | 800m: 9:41.60 1:12.72 |

Programmanr. 17 Heren, 4 x 100m vrije slag 16 jaar en ouder
23-1-2021 Resultaten

| | | | | | |
|-----------------|---------|-------|-------|-----------|-----------|
| Belgisch record | 3:16.32 | BRABO | BRABO | Antwerpen | 27-5-2016 |
| Vlaams rec | 3:16.32 | BRABO | BRABO | Antwerpen | 27-5-2016 |

Punten:

| Rang | | | | | Tijd | Pnt |
|------|-----------------|-------|-------|---------|---------------------|-------------------|
| 1. | KNZB 1 | KNZB | NED | 3:21.05 | 3:28.30 | |
| | Pijnenburg Stan | +0,69 | 24.04 | 49.77 | Korstanje Nyls | +0,11 23.84 50.51 |
| | Stolk Kyle | +0,07 | 23.55 | 49.77 | Brzoskowski Maarten | +0,29 27.07 58.25 |

Programmanr. 18 Dames, 4 x 100m wisselslag 15 jaar en ouder
23-1-2021 Resultaten

| | | | | | |
|-----------------|---------|-------|-------|-----------|-----------|
| Belgisch record | 4:07.75 | BRABO | BRABO | Antwerpen | 18-5-2013 |
| Vlaams rec | 4:07.75 | BRABO | BRABO | Antwerpen | 18-5-2013 |

Punten:

| Rang | | | | | Tijd | Pnt |
|------|--|--|--|--|------|-----|
|------|--|--|--|--|------|-----|

3 - zondag 24 januari 2021

24-1-2021 - 10:00

Programmanr. 19 Dames, 200m vrije slag alg. leeftijdsgroep
24-1-2021 - 10:00 Resultaten Voorrunde

| | | | | | |
|-----------------|---------|------------------|-------|--------------|-----------|
| Belgisch record | 1:58.29 | Dumont Valentine | NOC | Rome (ISR) | 13-8-2020 |
| Vlaams rec | 2:00.28 | Goris Lotte | BRABO | Londen (GBR) | 20-5-2016 |

Limieten OS : 1:57.28 / Limieten EK : 2:00.07 / Limieten EJK 17: 2:03.23; 14 - 16: 2:04.46

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------------|--------------|---------|------------------|
| 1. Heemskerk Femke | 87 PSV NED | 1:56.35 | 2:01.76 A |
| 2. Goris Lotte | 00 BRABO BEL | 2:00.28 | 2:04.74 A |
| 3. Ravelingien Lana | 03 BRABO BEL | 2:02.02 | 2:04.95 A |
| 4. Delno Marjolein | 94 VZC NED | 1:59.41 | 2:04.98 A |
| 5. Steenbergen Marrit | 00 DZ&PC NED | 2:00.93 | 2:05.00 A |
| 6. Jonk Nienke | 02 PSV NED | 2:06.76 | 2:06.32 A |
| 7. Vallée Laurane | 03 FFBN BEL | 2:05.89 | 2:06.42 A |
| 8. Durez Laure | 06 FFBN BEL | 2:09.52 | 2:06.88 A |
| 9. Lazou Lente | 05 GOLD BEL | 2:07.85 | 2:07.48 B |
| 10. Vanhauwaert Lotte | 04 ROSC BEL | 2:07.73 | 2:07.55 B |
| 11. Bouden Camille | 01 ZB BEL | 2:03.89 | 2:07.81 B |
| 12. Spiering Femke | 02 VZC NED | 2:03.81 | 2:08.76 B |
| 13. Roussel Chloé | 04 FFBN BEL | 2:12.10 | 2:09.46 B |
| 14. Geeroms Anke | 00 FFBN BEL | 2:08.13 | 2:09.73 B |
| 15. Witters Marie-Alix | 05 DBT BEL | 2:11.02 | 2:09.83 B |
| 16. Khiyara Lina | 03 FFBN BEL | 2:06.64 | 2:10.86 B |
| 17. Inkaya Dalya | 03 MEGA TUR | 2:06.79 | 2:11.01 R |
| 18. Dewaelheyns Niene | 07 TRUST BEL | 2:19.85 | 2:12.78 R |
| 19. Garcia Zamora Ilona | 03 FFBN BEL | 2:07.45 | 2:14.12 R |
| 20. Hollebosch Noa | 07 MEGA BEL | 2:20.93 | 2:15.55 R |
| 21. Dumont Sarah | 07 FFBN BEL | 2:24.70 | 2:16.92 |
| 22. Vekemans Rena | 07 DZO BEL | 2:18.56 | 2:18.12 |
| NG.ZA Kromowidjojo Ranomi | 90 PSV NED | 2:01.36 | NG.ZA |

Programmanr. 20 Heren, 50m rugslag alg. leeftijdsgroep
24-1-2021 - 10:10 Resultaten Voorrunde

| | | | | | |
|-----------------|-------|----------------------|------|-----------|-----------|
| Belgisch record | 25.36 | Heersbrandt Francois | CNSW | Antwerpen | 10-5-2015 |
| Vlaams rec | 25.82 | Claeys Bruno | BZK | Antwerpen | 1-5-2009 |

Limieten EK : 25.22 / Limieten EJK 18: 25.84; 15 - 17: 26.10

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------|----------------|-------|----------------|
| 1. Puts Jesse | 94 DOLFIJN NED | 25.44 | 26.31 A |
| 2. Simons Kenzo | 01 DOLFIJN NED | 25.63 | 26.80 A |
| 3. Franckx Stan | 02 TRUST BEL | 26.29 | 26.93 A |
| 4. Talloen Sander | 05 FIRST BEL | 27.42 | 27.26 A |
| 5. Courbois Thomas | 05 FFBN BEL | 32.72 | 29.77 A |
| 6. Dehautt Fernando | 05 GOLD BEL | 30.50 | 30.38 A |
| 7. Danhieux Tibe | 06 SCSG BEL | 37.43 | 30.79 A |

Programmanr. 21
24-1-2021 - 10:12

Dames, 100m rugslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|----------------|-------|-----------|-----------|
| Belgisch record | 1:01.13 | Buyts Kimberly | BRABO | Antwerpen | 19-5-2013 |
| Vlaams rec | 1:01.13 | Buyts Kimberly | BRABO | Antwerpen | 19-5-2013 |

Limieten OS : 1:00.25 / Limieten EK : 1:00.85 / Limieten EJK 17: 1:03.64; 14 - 16: 1:04.28

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------------|----------------|---------|------------------|
| 1. Toussaint Kira | 94 DOLFIJN NED | 58.91 | 1:00.29 A |
| 2. Smits Jade | 01 BRABO BEL | 1:02.19 | 1:01.73 A |
| 3. Vanotterdijk Roos | 05 DMB BEL | 1:02.55 | 1:03.20 A |
| 4. Oude Lenferink Lieke | 02 WS TWENNED | 1:02.12 | 1:04.04 A |
| 5. Verdonck Fleur | 06 ZGEEL BEL | 1:05.00 | 1:04.07 A |
| 6. Grégoire Marion | 03 FFBN BEL | 1:04.85 | 1:04.51 A |
| 7. Decaesstecker Elise | 04 ZB BEL | 1:03.99 | 1:04.82 A |
| 8. Hosper Lotte | 02 RACING CNED | 1:03.08 | 1:04.88 A |
| 9. de Waard Maaïke | 96 PSV NED | 1:00.02 | 1:04.97 B |
| 10. Buyts Kimberly | 89 BRABO BEL | 1:02.99 | 1:05.19 B |
| 11. Mayeres Nell | 04 FFBN BEL | 1:04.20 | 1:05.38 B |
| 12. Gries Laure | 04 FFBN BEL | 1:06.37 | 1:06.15 B |
| 13. Delcommune Zinke | 05 KAZS BEL | 1:04.84 | 1:06.19 B |
| 14. van Wijk Milou | 04 DORDRECND | 1:04.45 | 1:06.85 B |
| 15. Mattheeuws Lie | 05 MEGA BEL | 1:06.74 | 1:07.83 B |
| 16. Petitjean Elise | 05 FFBN BEL | 1:09.59 | 1:08.43 B |
| 17. Gosuin Augustine | 04 FFBN BEL | 1:09.53 | 1:08.55 R |
| 18. Durez Laure | 06 FFBN BEL | 1:09.91 | 1:11.33 R |
| 19. Peters Lena | 05 CNDU LUX | 1:11.98 | 1:12.19 R |
| NG.ZA Wouters Briana | 06 HZA BEL | 1:07.92 | NG.ZA |
| NG.ZA Pilhatsch Caroline | 99 ATG AUT | 1:01.05 | NG.ZA |
| NG.ZA Hoppenbrouwer Femke | 03 RACING CNED | 1:08.61 | NG.ZA |

Programmanr. 22
24-1-2021 - 10:22

Heren, 200m vlinderslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|---------------|-------|-------------|----------|
| Belgisch record | 1:55.39 | Croenen Louis | SHARK | Kazan (RUS) | 5-8-2015 |
| Vlaams rec | 1:55.39 | Croenen Louis | SHARK | Kazan (RUS) | 5-5-2015 |

Limieten OS : 1:56.48 / Limieten EK : 1:58.74 / Limieten EJK 18: 2:02.73; 15 - 17: 2:03.96

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------|--------------|---------|------------------|
| 1. Croenen Louis | 94 SHARK BEL | 1:56.30 | 2:03.59 A |
| 2. Brzoskowski Maarten | 95 PSV NED | 1:59.61 | 2:04.31 A |
| 3. Jansen Thomas | 01 WVZ NED | 2:05.30 | 2:04.88 A |
| 4. Kroon Luc | 01 ED-VO NED | 2:12.86 | 2:06.15 A |
| 5. Van Cleven Thijs | 05 BZK BEL | 2:09.20 | 2:09.46 A |

Programmanr. 23
24-1-2021 - 10:26

Dames, 200m schoolslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|-----------------|-------|---------------|-----------|
| Belgisch record | 2:23.76 | Lecluyse Fanny | DM | Gwangju (KOR) | 25-7-2019 |
| Vlaams rec | 2:27.04 | Matthysen Elise | BRABO | Beijing (CHN) | 13-8-2008 |

Limieten OS : 2:25.52 / Limieten EK : 2:28.54 / Limieten EJK 17: 2:32.73; 14 - 16: 2:34.26

Punten:

| Rang | Geb. | Tijd | Pnt |
|---------------------|--------------|---------|------------------|
| 1. Dumont Joséphine | 02 FFBN BEL | 2:28.53 | 2:29.31 A |
| 2. Lecluyse Fanny | 92 FFBN BEL | 2:23.76 | 2:29.59 A |
| 3. Schouten Tes | 00 BZ&PC NED | 2:26.95 | 2:33.45 A |
| 4. Palmer Grace | 05 FFBN BEL | 2:33.78 | 2:33.46 A |
| 5. Franquinet Ambre | 04 FFBN BEL | 2:36.17 | 2:36.87 A |
| 6. Van Dooren Ante | 06 SHARK BEL | 2:39.55 | 2:37.19 A |

Programmanr. 24
24-1-2021 - 10:30

Heren, 100m schoolslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|------------------------|-----|---------------|-----------|
| Belgisch record | 1:00.60 | Deburghgraeve Frederik | RZV | Atlanta (USA) | 20-7-1996 |
| Vlaams rec | 1:00.60 | Deburghgraeve Frederik | RZV | Atlanta (USA) | 20-7-1996 |

Limieten OS : 59.93 / Limieten EK : 1:00.79 / Limieten EJK 18: 1:03.80; 15 - 17: 1:04.44

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------|----------------|---------|------------------|
| 1. Kamminga Arno | 95 DOLFIJN NED | 58.43 | 59.51 A |
| 2. Koch Marco | 90 FRANKFUGER | 59.84 | 1:02.04 A |
| 3. Hebb Xander | 03 STW BEL | 1:05.75 | 1:05.74 A |
| 4. Knipping Arjan | 94 PSV NED | 1:05.60 | 1:05.79 A |
| 5. Tanghe Kasper | 04 BRABO BEL | 1:09.56 | 1:10.85 A |
| 6. Deprez Lukas | 06 TRUST BEL | 1:12.56 | 1:13.38 A |

Programmanr. 25
24-1-2021 - 10:34

Dames, 200m wisselslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|----------------|-------|----------------|-----------|
| Belgisch record | 2:13.68 | Lecluyse Fanny | DM | Shanghai (CHN) | 24-7-2011 |
| Vlaams rec | 2:15.33 | Buys Kimberly | BRABO | Antwerpen | 22-1-2011 |

Limieten OS : 2:12.56 / Limieten EK : 2:15.94 / Limieten EJK 17: 2:19.12; 14 - 16: 2:20.51

Punten:

| Rang | Geb. | Tijd | Pnt |
|-----------------------|----------------|---------|------------------|
| 1. Hosper Lotte | 02 RACING CNED | 2:18.22 | 2:19.79 A |
| 2. Delno Marjolein | 94 VZC NED | 2:15.49 | 2:20.51 A |
| 3. Roussel Chloé | 04 FFBN BEL | 2:26.96 | 2:23.27 A |
| 4. Dumont Joséphine | 02 FFBN BEL | 2:18.45 | 2:23.70 A |
| 5. Maerevoet Marie | 04 SHARK BEL | 2:23.31 | 2:24.67 A |
| 6. Huisman Silke | 03 ORCA NED | 2:20.24 | 2:24.78 A |
| 7. Verdonck Fleur | 06 ZGEEL BEL | 2:25.68 | 2:25.27 A |
| 8. Petitjean Elise | 05 FFBN BEL | 2:24.96 | 2:26.99 A |
| 9. Gosuin Augustine | 04 FFBN BEL | 2:27.34 | 2:30.23 B |
| 10. Dewaelheyns Niene | 07 TRUST BEL | 2:37.46 | 2:32.45 B |
| 11. Diels Lotte | 06 SHARK BEL | 2:28.30 | 2:34.29 B |
| 12. Vekemans Rena | 07 DZO BEL | 2:35.42 | 2:34.57 B |
| 13. Hollebosch Noa | 07 MEGA BEL | 2:40.13 | 2:35.58 B |

Programmanr. 26
24-1-2021 - 10:42

Heren, 100m vrije slag

alg. leeftijdsgroep
Resultaten Voorronde

| | | | | | |
|-----------------|-------|----------------|-------|----------------------|-----------|
| Belgisch record | 47.80 | Timmers Pieter | BRABO | Rio de Janeiro (BRA) | 10-8-2016 |
| Vlaams rec | 47.80 | Timmers Pieter | BRABO | Rio de Janeiro (BRA) | 10-8-2016 |

Limieten OS : 48.57 / Limieten EK : 49.38 / Limieten EJK 18: 50.76; 15 - 17: 51.27

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------------------|----------------|-------|----------------|
| 1. Pijnenburg Stan | 96 PSV NED | 48.75 | 49.91 A |
| 2. Marcourt Alexandre | 99 TRUST BEL | 49.42 | 49.99 A |
| 3. Thijs Thomas | 97 ZGEEL BEL | 49.45 | 50.22 A |
| 4. De Meulemeester Sébastien | 98 BRABO BEL | 49.29 | 50.41 A |
| 5. Korstanje Nyls | 99 KNZB NED | 49.06 | 50.56 A |
| 6. Aerents Jasper | 92 BZK BEL | 49.37 | 50.57 A |
| 7. Croenen Louis | 94 SHARK BEL | 49.74 | 50.69 A |
| 8. Kroon Luc | 01 ED-VO NED | 50.10 | 50.80 A |
| 9. Stolk Kyle | 96 PSV NED | 48.53 | 50.89 B |
| 10. Puts Jesse | 94 DOLFIJN NED | 49.05 | 51.07 B |
| 11. Brzoskowski Maarten | 95 PSV NED | 49.76 | 51.23 B |
| 12. Weiremans Lorenz | 96 BRABO BEL | 51.04 | 51.31 B |
| 13. Borisavljevic Alexis | 97 FFBN BEL | 49.87 | 51.47 B |
| 14. Mannes Max | 97 SCD LUX | 51.38 | 51.81 B |
| 15. Simons Kenzo | 01 DOLFIJN NED | 49.67 | 51.83 B |
| 16. Borisavljevic Valentin | 97 BRABO BEL | 50.59 | 52.09 B |
| 17. De Smedt Jesse | 00 BRABO BEL | 51.09 | 52.62 R |
| 18. Mabbe Elian | 04 UZKZ BEL | 54.20 | 53.25 R |
| 19. Weyts Milan | 04 STW BEL | 53.92 | 53.37 R |
| 20. Talloen Sander | 05 FIRST BEL | 53.20 | 53.55 R |
| 21. Martens Noah | 00 BRABO BEL | 51.12 | 53.90 |
| Crooijmans Sander | 01 VZC NED | 53.61 | 53.90 |
| 23. Berx Robbe | 03 TRUST BEL | 54.28 | 54.19 |
| 24. Kalogeropoulos Zeno | 04 BRABO BEL | 54.64 | 54.30 |
| 25. Van Ermen Alexander | 04 DDAT BEL | 55.62 | 54.32 |
| 26. Schotte Edward | 05 ISWIM BEL | 55.24 | 54.72 |
| 27. Raes Senne | 06 BRABO BEL | 58.50 | 56.35 |
| 28. Sneyers Kobe | 06 SHARK BEL | 58.03 | 57.45 |
| 29. Danhieux Tibe | 06 SCSG BEL | 58.48 | 57.66 |
| 30. De Valck Dante | 06 ZCK BEL | 57.68 | 58.83 |

Programmanr. 27
24-1-2021 - 10:48

Dames, 400m vrije slag

alg. leeftijdsgroep
Resultaten Voorronde

| | | | | | |
|-----------------|---------|------------------|-------|------------------------|-----------|
| Belgisch record | 4:09.41 | Dumont Valentine | NOC | Rome | 11-8-2020 |
| Vlaams rec | 4:13.57 | Goris Lotte | BRABO | Hodmezovasarhely (HUN) | 7-7-2016 |

Limieten OS : 4:07.90 / Limieten EK : 4:14.53 / Limieten EJK 17: 4:20.08; 14 - 16: 4:22.68

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|-------------------------|--------------|---------|------------------|---------|---------|---------|---------|
| 1. Lazou Lente | 05 GOLD BEL | 4:28.76 | 4:26.58 A | 1:04.82 | 2:12.93 | 3:20.66 | 4:26.58 |
| 2. Franquinet Ambre | 04 FFBN BEL | 4:24.22 | 4:27.94 A | 1:03.31 | 2:11.35 | 3:20.57 | 4:27.94 |
| 3. Goris Lotte | 00 BRABO BEL | 4:13.58 | 4:30.90 A | 1:04.53 | 2:13.67 | 3:22.45 | 4:30.90 |
| 4. Vallée Laurane | 03 FFBN BEL | 4:26.14 | 4:31.93 A | 1:05.25 | 2:14.86 | 3:24.35 | 4:31.93 |
| 5. Gries Laure | 04 FFBN BEL | 4:31.99 | 4:32.06 A | 1:05.38 | 2:14.30 | 3:23.71 | 4:32.06 |
| 6. Witters Marie-Alix | 05 DBT BEL | 4:27.62 | 4:35.53 A | 1:05.54 | 2:16.26 | 3:26.70 | 4:35.53 |
| 7. Bouden Camille | 01 ZB BEL | 4:21.05 | 4:36.25 A | 1:05.24 | 2:16.13 | 3:27.22 | 4:36.25 |
| 8. Dumont Sarah | 07 FFBN BEL | 4:50.88 | 4:39.83 A | 1:06.31 | 2:17.03 | 3:28.61 | 4:39.83 |
| 9. Khiyara Lina | 03 FFBN BEL | 4:30.74 | 4:44.65 R | 1:05.77 | 2:17.75 | 3:31.05 | 4:44.65 |
| 10. Garcia Zamora Ilona | 03 FFBN BEL | 4:23.16 | 4:45.30 R | 1:07.50 | 2:21.21 | 3:33.29 | 4:45.30 |

Programmanr. 28
24-1-2021 - 11:00

Heren, 400m wisselslag

alg. leeftijdsgroep
Resultaten Voorronde

| | | | | | |
|-----------------|---------|--------------|-------|--------------|-----------|
| Belgisch record | 4:16.71 | Bauwens Ward | BRABO | London (GBR) | 28-7-2012 |
| Vlaams rec | 4:16.71 | Bauwens Ward | BRABO | Londen (GBR) | 28-7-2012 |

Limieten OS : 4:15.84 / Limieten EK : 4:21.04 / Limieten EJK 18: 4:30.58; 15 - 17: 4:33.29

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|--------------------|--------------|---------|------------------|---------|---------|---------|---------|
| 1. Knipping Arjan | 94 PSV NED | 4:13.46 | 4:28.72 A | 1:01.06 | 2:10.17 | 3:24.32 | 4:28.72 |
| 2. Jansen Thomas | 01 WVZ NED | 4:25.06 | 4:35.32 A | 1:01.66 | 2:11.75 | 3:31.20 | 4:35.32 |
| 3. Dal Thomas | 97 FFBN BEL | 4:22.74 | 4:38.59 A | 1:00.82 | 2:10.84 | 3:31.86 | 4:38.59 |
| 4. Hebb Xander | 03 STW BEL | 4:42.29 | 4:46.14 A | 1:03.33 | 2:17.52 | 3:40.07 | 4:46.14 |
| 5. Tanghe Kasper | 04 BRABO BEL | 4:48.64 | 4:50.49 A | 1:08.37 | 2:25.83 | 3:43.72 | 4:50.49 |
| 6. Courbois Thomas | 05 FFBN BEL | 5:01.71 | 4:53.42 A | 1:03.92 | 2:20.16 | 3:44.47 | 4:53.42 |

Programmanr. 29
24-1-2021 - 11:08

Dames, 100m vlinderslag

alg. leeftijdsgroep
Resultaten Voorronde

| | | | | | |
|-----------------|-------|---------------|-------|-----------|-----------|
| Belgisch record | 57.91 | Buys Kimberly | BRABO | Antwerpen | 14-5-2017 |
| Vlaams rec | 57.91 | Buys Kimberly | BRABO | Antwerpen | 14-5-2017 |

Limieten OS : 57.92 / Limieten EK : 59.24 / Limieten EJK 17: 1:01.43; 14 - 16: 1:02.04

Punten:

| Rang | Geb. | Tijd | Pnt |
|----------------------|--------------|---------|------------------|
| 1. de Waard Maaïke | 96 PSV NED | 58.10 | 1:00.73 A |
| 2. Vanotterdijk Roos | 05 DMB BEL | 58.30 | 1:01.33 A |
| 3. Heemskerk Femke | 87 PSV NED | 1:00.93 | 1:01.50 A |
| 4. Wauters Laura | 03 LSVZ BEL | 1:00.50 | 1:01.69 A |
| 5. Buys Kimberly | 89 BRABO BEL | 58.78 | 1:01.84 A |
| 6. Spiering Femke | 02 VZC NED | 1:01.37 | 1:02.30 A |
| 7. Jonk Nienke | 02 PSV NED | 1:01.12 | 1:03.12 A |
| 8. Maerevoet Marie | 04 SHARK BEL | 1:04.35 | 1:04.84 A |
| 9. Mayeres Nell | 04 FFBN BEL | 1:03.83 | 1:06.48 R |
| 10. Peters Lena | 05 CNDU LUX | 1:02.02 | 1:07.09 R |

Programmanr. 30
24-1-2021 - 11:12

Heren, 200m rugslag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|---------|---------------|-----|-----------------|-----------|
| Belgisch record | 1:59.64 | Maene Stefaan | BZK | Barcelona (ESP) | 28-7-1992 |
| Vlaams rec | 1:59.64 | Maene Stefaan | BZK | Barcelona (ESP) | 28-7-1992 |

Limieten OS : 1:57.50 / Limieten EK : 2:00.33 / Limieten EJK 18: 2:02.78; 15 - 17: 2:04.01

Punten:

| Rang | Geb. | Tijd | Pnt |
|-----------------------|--------------|---------|------------------|
| 1. Hendrickx Lander | 94 LAQUA BEL | 2:00.59 | 2:06.23 A |
| 2. Crooijmans Vincent | 01 VZC NED | 2:14.30 | 2:16.57 A |
| 3. Dehautt Fernando | 05 GOLD BEL | 2:19.93 | 2:22.45 A |
| 4. Danhieux Tibe | 06 SCSG BEL | 2:27.62 | 2:23.04 A |

Programmanr. 31
24-1-2021 - 11:16

Dames, 50m vrije slag

alg. leeftijdsgroep
Resultaten Voorrunde

| | | | | | |
|-----------------|-------|----------------|-------|-----------|-----------|
| Belgisch record | 25.37 | Sysmans Jolien | BRABO | Antwerpen | 17-3-2012 |
| Vlaams rec | 25.37 | Sysmans Jolien | ZGEEL | Antwerpen | 17-3-2012 |

Limieten OS : 24.77 / Limieten EK : 25.45 / Limieten EJK 17: 25.84; 14 - 16: 26.10

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|-------|----------------|
| 1. Busch Kim | 98 PSV NED | 24.70 | 25.10 A |
| 2. Heemskerk Femke | 87 PSV NED | 24.67 | 25.50 A |
| 3. Hoppenbrouwer Femke | 03 RACING CNED | 25.94 | 26.17 A |
| 4. Huisman Silke | 03 ORCA NED | 25.88 | 26.18 A |
| 5. Smits Jade | 01 BRABO BEL | 26.84 | 26.48 A |
| van Wijk Milou | 04 DORDREC NED | 25.66 | 26.48 A |
| 7. Ravelingien Lana | 03 BRABO BEL | 26.46 | 26.68 A |
| 8. Vanhauwaert Lotte | 04 ROSC BEL | 26.95 | 26.78 A |
| 9. Delcommune Zinke | 05 KAZS BEL | 26.98 | 27.10 B |
| 10. Decaesstecker Elise | 04 ZB BEL | 27.55 | 27.33 B |
| 11. Wouters Briana | 06 HZA BEL | 27.46 | 27.60 B |
| 12. Petitjean Elise | 05 FFBN BEL | 29.23 | 27.71 B |
| 13. Mattheeuws Lie | 05 MEGA BEL | 27.79 | 27.75 B |
| 14. Inkaya Dalya | 03 MEGA TUR | 28.14 | 28.93 B |
| NG.ZA Toussaint Kira | 94 DOLFIJN NED | 25.23 | NG.ZA |

Programmanr. 32 Heren, 50m vlinderslag alg. leeftijdsgroep
24-1-2021 - 11:20 Resultaten Voorrunde

| | | | | | |
|-----------------|-------|----------------------|-------|-------------|-----------|
| Belgisch record | 23.34 | Heersbrandt François | CNSW | Kazan (RUS) | 2-8-2015 |
| Vlaams rec | 23.85 | Surgeloose Glenn | BRABO | Antwerpen | 27-5-2016 |

Limieten EK : 23.61 / Limieten EJK 18: 24.15; 15 - 17: 24.39

Punten:

| Rang | Geb. | Tijd | Pnt |
|--------------------|----------------|----------------------|-----|
| 1. Korstanje Nyls | 99 KNZB NED | 23.37 23.84 A | |
| 2. Verlinden Joeri | 88 PSV NED | 23.59 24.48 A | |
| 3. Goosen Mathys | 96 DOLFIJN NED | 23.42 24.57 A | |
| 4. Simons Kenzo | 01 DOLFIJN NED | 23.94 24.88 A | |
| 5. Puts Jesse | 94 DOLFIJN NED | 23.62 25.21 A | |
| 6. Talloen Sander | 05 FIRST BEL | 26.35 25.48 A | |
| 7. Schotte Edward | 05 ISWIM BEL | 27.12 27.17 A | |
| 8. Bex Robbe | 03 TRUST BEL | 27.03 27.18 A | |
| 9. De Valck Dante | 06 ZCK BEL | 30.96 28.19 R | |
| 10. Deprez Lukas | 06 TRUST BEL | 36.85 32.38 R | |

Programmanr. 33 Dames, 50m schoolslag alg. leeftijdsgroep
24-1-2021 - 11:24 Resultaten Voorrunde

| | | | | | |
|-----------------|-------|-----------------|-------|-------------|-----------|
| Belgisch record | 30.75 | Lecluyse Fanny | DM | Kazan (RUS) | 8-8-2015 |
| Vlaams rec | 31.14 | Vermeiren Fleur | BRABO | Antwerpen | 20-1-2019 |

Limieten EK : 31.15 / Limieten EJK 17: 31.87; 14 - 16: 32.19

Punten:

| Rang | Geb. | Tijd | Pnt |
|----------------------|--------------|----------------------|-------|
| 1. Vermeiren Fleur | 02 BRABO BEL | 31.14 32.68 A | |
| 2. Schouten Tes | 00 BZ&PC NED | 30.97 32.91 A | |
| 3. Van Dooren Ante | 06 SHARK BEL | 34.65 33.99 A | |
| 4. Diels Lotte | 06 SHARK BEL | 36.15 36.93 A | |
| NG.ZA Lecluyse Fanny | 92 FFBN BEL | 30.92 | NG.ZA |

Programmanr. 34 Heren, 1500m vrije slag alg. leeftijdsgroep
24-1-2021 - 11:26 Resultaten

| | | | | | |
|-----------------|----------|------------------|-----|---------------|-----------|
| Belgisch record | 15:11.04 | Vangeneugden Tom | OZV | Beijing (CHN) | 15-8-2008 |
| Vlaams rec | 15:11.04 | Vangeneugden Tom | OZV | Beijing (CHN) | 15-8-2008 |

Limieten OS : 15:00.99 / Limieten EK : 15:13.38 / Limieten EJK 18: 15:41.56; 15 - 17: 15:50.98

Punten:

voorlopige resultaten

| Rang | Geb. | Tijd | Pnt |
|------|------|------|-----|
|------|------|------|-----|

Programmanr. 35
24-1-2021 - 11:26

5000m vrije slag

alg. leeftijdsgroep
Resultaten

Punten:

| Rang | Geb. | | | Tijd | Pnt |
|------------------------|--------|-------|--------|----------|-----------------|
| 1. Sneyers Kobe | 06 | SHARK | BEL | NT | 36:16.83 |
| 100m: | 1400m: | | 2700m: | 4000m: | |
| 200m: | 1500m: | | 2800m: | 4100m: | |
| 300m: | 1600m: | | 2900m: | 4200m: | |
| 400m: | 1700m: | | 3000m: | 4300m: | |
| 500m: | 1800m: | | 3100m: | 4400m: | |
| 600m: | 1900m: | | 3200m: | 4500m: | |
| 700m: | 2000m: | | 3300m: | 4600m: | |
| 800m: | 2100m: | | 3400m: | 4700m: | |
| 900m: | 2200m: | | 3500m: | 4800m: | |
| 1000m: | 2300m: | | 3600m: | 4900m: | |
| 1100m: | 2400m: | | 3700m: | 5000m: | 36:16.83 |
| 1200m: | 2500m: | | 3800m: | | |
| 1300m: | 2600m: | | 3900m: | | |
| 2. Van Ermen Alexander | 04 | DDAT | BEL | 59:03.20 | 57:05.73 |
| 100m: | 1400m: | | 2700m: | 4000m: | |
| 200m: | 1500m: | | 2800m: | 4100m: | |
| 300m: | 1600m: | | 2900m: | 4200m: | |
| 400m: | 1700m: | | 3000m: | 4300m: | 34:01.96 |
| 500m: | 1800m: | | 3100m: | 4400m: | |
| 600m: | 1900m: | | 3200m: | 4500m: | |
| 700m: | 2000m: | | 3300m: | 4600m: | |
| 800m: | 2100m: | | 3400m: | 4700m: | |
| 900m: | 2200m: | | 3500m: | 4800m: | |
| 1000m: | 2300m: | | 3600m: | 4900m: | |
| 1100m: | 2400m: | | 3700m: | 5000m: | 57:05.73 |
| 1200m: | 2500m: | | 3800m: | | |
| 1300m: | 2600m: | | 3900m: | | |
| 3. Wyns Seppe | 02 | SHARK | BEL | 56:00.79 | 57:31.27 |
| <i>3000 meter</i> | | | | | |
| 100m: | 1400m: | | 2700m: | 4000m: | |
| 200m: | 1500m: | | 2800m: | 4100m: | |
| 300m: | 1600m: | | 2900m: | 4200m: | |
| 400m: | 1700m: | | 3000m: | 4300m: | 34:28.21 |
| 500m: | 1800m: | | 3100m: | 4400m: | |
| 600m: | 1900m: | | 3200m: | 4500m: | |
| 700m: | 2000m: | | 3300m: | 4600m: | |
| 800m: | 2100m: | | 3400m: | 4700m: | |
| 900m: | 2200m: | | 3500m: | 4800m: | |
| 1000m: | 2300m: | | 3600m: | 4900m: | |
| 1100m: | 2400m: | | 3700m: | 5000m: | 57:31.27 |
| 1200m: | 2500m: | | 3800m: | | |
| 1300m: | 2600m: | | 3900m: | | |

4 - zondag 24 januari 2021

24-1-2021 - 16:15

| Programmanr. 19 24-1-2021 | Dames, 200m vrije slag | | | | alg. leeftijdsgroep Resultaten Finale |
|--|------------------------|------------------|-------|--------------|--|
| Belgisch record | 1:58.29 | Dumont Valentine | NOC | Rome (ISR) | 13-8-2020 |
| Vlaams rec | 2:00.28 | Goris Lotte | BRABO | Londen (GBR) | 20-5-2016 |
| Limieten OS : 1:57.28 / Limieten EK : 2:00.07 / Limieten EJK 17: 2:03.23; 14 - 16: 2:04.46 | | | | | |
| Punten: | | | | | |

| Rang | Geb. | | | Tijd | Pnt | 100m | 200m |
|----------|--------------------|----|-----------|---------|----------------|---------|---------|
| Finale A | | | | | | | |
| 1. | Heemskerk Femke | 87 | PSV NED | 2:01.76 | 1:59.05 | 56.79 | 1:59.05 |
| 2. | Steenbergen Marrit | 00 | DZ&PC NED | 2:05.00 | 2:01.83 | 59.51 | 2:01.83 |
| 3. | Goris Lotte | 00 | BRABO BEL | 2:04.74 | 2:02.88 | 59.62 | 2:02.88 |
| 4. | Delno Marjolein | 94 | VZC NED | 2:04.98 | 2:03.12 | 1:00.08 | 2:03.12 |
| 5. | Ravelingien Lana | 03 | BRABO BEL | 2:04.95 | 2:05.80 | 1:00.17 | 2:05.80 |
| 6. | Jonk Nienke | 02 | PSV NED | 2:06.32 | 2:05.94 | 1:00.84 | 2:05.94 |
| 7. | Vallée Laurane | 03 | FFBN BEL | 2:06.42 | 2:07.23 | 1:01.22 | 2:07.23 |
| 8. | Durez Laure | 06 | FFBN BEL | 2:06.88 | 2:10.69 | 1:02.35 | 2:10.69 |
| Finale B | | | | | | | |
| 9. | Lazou Lente | 05 | GOLD BEL | 2:07.48 | 2:06.35 | 1:01.85 | 2:06.35 |
| 10. | Witters Marie-Alix | 05 | DBT BEL | 2:09.83 | 2:06.47 | 1:01.43 | 2:06.47 |
| 11. | Vanhauwaert Lotte | 04 | ROSC BEL | 2:07.55 | 2:07.14 | 1:01.67 | 2:07.14 |
| 12. | Spiering Femke | 02 | VZC NED | 2:08.76 | 2:07.31 | 1:01.87 | 2:07.31 |
| 13. | Bouden Camille | 01 | ZB BEL | 2:07.81 | 2:08.47 | 1:02.91 | 2:08.47 |
| 14. | Roussel Chloé | 04 | FFBN BEL | 2:09.46 | 2:09.13 | 1:02.87 | 2:09.13 |
| 15. | Khiyara Lina | 03 | FFBN BEL | 2:10.86 | 2:09.88 | 1:02.93 | 2:09.88 |
| 16. | Dewaelheyns Niene | 07 | TRUST BEL | 2:12.78 | 2:12.47 | 1:03.16 | 2:12.47 |

| Programmanr. 20 24-1-2021 | Heren, 50m rugslag | | | | alg. leeftijdsgroep Resultaten Finale |
|--|--------------------|----------------------|------|-----------|--|
| Belgisch record | 25.36 | Heersbrandt Francois | CNSW | Antwerpen | 10-5-2015 |
| Vlaams rec | 25.82 | Claeys Bruno | BZK | Antwerpen | 1-5-2009 |
| Limieten EK : 25.22 / Limieten EJK 18: 25.84; 15 - 17: 26.10 | | | | | |
| Punten: | | | | | |

| Rang | Geb. | | | Tijd | Pnt |
|------|------------------|----|-------------|-------|--------------|
| 1. | Puts Jesse | 94 | DOLFIJN NED | 26.31 | 26.11 |
| 2. | Simons Kenzo | 01 | DOLFIJN NED | 26.80 | 26.47 |
| 3. | Franckx Stan | 02 | TRUST BEL | 26.93 | 26.51 |
| 4. | Talloon Sander | 05 | FIRST BEL | 27.26 | 27.38 |
| 5. | Courbois Thomas | 05 | FFBN BEL | 29.77 | 29.34 |
| 6. | Danhieux Tibe | 06 | SCSG BEL | 30.79 | 30.27 |
| 7. | Dehautt Fernando | 05 | GOLD BEL | 30.38 | 31.09 |

Programmanr. 21
24-1-2021

Dames, 100m rugslag

alg. leeftijdsgroep
Resultaten Finale

| | | | | | |
|-----------------|---------|----------------|-------|-----------|-----------|
| Belgisch record | 1:01.13 | Buyts Kimberly | BRABO | Antwerpen | 19-5-2013 |
| Vlaams rec | 1:01.13 | Buyts Kimberly | BRABO | Antwerpen | 19-5-2013 |

Limieten OS : 1:00.25 / Limieten EK : 1:00.85 / Limieten EJK 17: 1:03.64; 14 - 16: 1:04.28

Punten:

| Rang | Geb. | Tijd | Pnt |
|-----------------|----------------------|----------------|------------------------|
| Finale A | | | |
| 1. | Toussaint Kira | 94 DOLFIJN NED | 1:00.29 59.79 |
| 2. | de Waard Maaïke | 96 PSV NED | 1:04.97 1:01.17 |
| 3. | Smits Jade | 01 BRABO BEL | 1:01.73 1:02.18 |
| 4. | Verdonck Fleur | 06 ZGEEL BEL | 1:04.07 1:02.98 |
| 5. | Oude Lenferink Lieke | 02 WS TWENNED | 1:04.04 1:03.03 |
| 6. | Grégoire Marion | 03 FFBN BEL | 1:04.51 1:03.78 |
| 7. | Buyts Kimberly | 89 BRABO BEL | 1:05.19 1:04.27 |
| 8. | Decaesstecker Elise | 04 ZB BEL | 1:04.82 1:04.70 |
| Finale B | | | |
| 9. | Mayeres Nell | 04 FFBN BEL | 1:05.38 1:04.86 |
| 10. | Delcommune Zinke | 05 KAZS BEL | 1:06.19 1:05.03 |
| 11. | Gries Laure | 04 FFBN BEL | 1:06.15 1:06.29 |
| 12. | Durez Laure | 06 FFBN BEL | 1:11.33 1:07.44 |
| 13. | Petitjean Elise | 05 FFBN BEL | 1:08.43 1:07.63 |
| 14. | Gosuin Augustine | 04 FFBN BEL | 1:08.55 1:08.97 |
| 15. | Peters Lena | 05 CNDU LUX | 1:12.19 1:14.81 |

Programmanr. 22
24-1-2021

Heren, 200m vlinderslag

alg. leeftijdsgroep
Resultaten Finale

| | | | | | |
|-----------------|---------|---------------|-------|-------------|----------|
| Belgisch record | 1:55.39 | Croenen Louis | SHARK | Kazan (RUS) | 5-8-2015 |
| Vlaams rec | 1:55.39 | Croenen Louis | SHARK | Kazan (RUS) | 5-5-2015 |

Limieten OS : 1:56.48 / Limieten EK : 1:58.74 / Limieten EJK 18: 2:02.73; 15 - 17: 2:03.96

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m |
|-------|---------------------|--------------|------------------------|---------|---------|
| 1. | Croenen Louis | 94 SHARK BEL | 2:03.59 2:00.30 | 57.47 | 2:00.30 |
| 2. | Jansen Thomas | 01 WVZ NED | 2:04.88 2:02.68 | 58.63 | 2:02.68 |
| 3. | Brzoskowski Maarten | 95 PSV NED | 2:04.31 2:03.38 | 58.29 | 2:03.38 |
| 4. | Van Cleven Thijs | 05 BZK BEL | 2:09.46 2:05.71 | 1:00.43 | 2:05.71 |
| NG.ZA | Kroon Luc | 01 ED-VO NED | 2:06.15 | | NG.ZA |

Programmanr. 23 Dames, 200m schoolslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|-----------------|-------|---------------|-----------|
| Belgisch record | 2:23.76 | Lecluyse Fanny | DM | Gwangju (KOR) | 25-7-2019 |
| Vlaams rec | 2:27.04 | Matthysen Elise | BRABO | Beijing (CHN) | 13-8-2008 |

Limieten OS : 2:25.52 / Limieten EK : 2:28.54 / Limieten EJK 17: 2:32.73; 14 - 16: 2:34.26

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m |
|---------------------|--------------|---------|----------------|---------|---------|
| 1. Lecluyse Fanny | 92 FFBN BEL | 2:29.59 | 2:27.64 | 1:11.22 | 2:27.64 |
| 2. Dumont Joséphine | 02 FFBN BEL | 2:29.31 | 2:27.68 | 1:12.34 | 2:27.68 |
| 3. Palmer Grace | 05 FFBN BEL | 2:33.46 | 2:32.75 | 1:14.28 | 2:32.75 |
| 4. Schouten Tes | 00 BZ&PC NED | 2:33.45 | 2:33.03 | 1:13.73 | 2:33.03 |
| 5. Franquinet Ambre | 04 FFBN BEL | 2:36.87 | 2:36.01 | 1:15.25 | 2:36.01 |
| 6. Van Dooren Ante | 06 SHARK BEL | 2:37.19 | 2:39.07 | 1:14.22 | 2:39.07 |

Programmanr. 24 Heren, 100m schoolslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|------------------------|-----|---------------|-----------|
| Belgisch record | 1:00.60 | Deburghgraeve Frederik | RZV | Atlanta (USA) | 20-7-1996 |
| Vlaams rec | 1:00.60 | Deburghgraeve Frederik | RZV | Atlanta (USA) | 20-7-1996 |

Limieten OS : 59.93 / Limieten EK : 1:00.79 / Limieten EJK 18: 1:03.80; 15 - 17: 1:04.44

Punten:

| Rang | Geb. | Tijd | Pnt |
|------------------|----------------|---------|----------------|
| 1. Kamminga Arno | 95 DOLFIJN NED | 59.51 | 59.17 |
| 2. Hebb Xander | 03 STW BEL | 1:05.74 | 1:05.63 |
| 3. Tanghe Kasper | 04 BRABO BEL | 1:10.85 | 1:10.74 |
| 4. Deprez Lukas | 06 TRUST BEL | 1:13.38 | 1:13.54 |

Programmanr. 25 Dames, 200m wisselslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|----------------|-------|----------------|-----------|
| Belgisch record | 2:13.68 | Lecluyse Fanny | DM | Shanghai (CHN) | 24-7-2011 |
| Vlaams rec | 2:15.33 | Buys Kimberly | BRABO | Antwerpen | 22-1-2011 |

Limieten OS : 2:12.56 / Limieten EK : 2:15.94 / Limieten EJK 17: 2:19.12; 14 - 16: 2:20.51

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m |
|-----------------------|-----------------|---------|----------------|---------|---------|
| Finale A | | | | | |
| 1. Hosper Lotte | 02 RACING CINED | 2:19.79 | 2:18.56 | 1:04.65 | 2:18.56 |
| 2. Delno Marjolein | 94 VZC NED | 2:20.51 | 2:18.73 | 1:07.41 | 2:18.73 |
| 3. Roussel Chloé | 04 FFBN BEL | 2:23.27 | 2:22.63 | 1:06.43 | 2:22.63 |
| 4. Maerevoet Marie | 04 SHARK BEL | 2:24.67 | 2:22.90 | 1:06.85 | 2:22.90 |
| 5. Petitjean Elise | 05 FFBN BEL | 2:26.99 | 2:23.01 | 1:07.06 | 2:23.01 |
| 6. Verdonck Fleur | 06 ZGEEL BEL | 2:25.27 | 2:23.10 | 1:07.94 | 2:23.10 |
| 7. Huisman Silke | 03 ORCA NED | 2:24.78 | 2:23.93 | 1:09.70 | 2:23.93 |
| 8. Gosuin Augustine | 04 FFBN BEL | 2:30.23 | 2:32.34 | 1:11.58 | 2:32.34 |
| Finale B | | | | | |
| 9. Vekemans Rena | 07 DZO BEL | 2:34.57 | 2:30.92 | 1:10.63 | 2:30.92 |
| 10. Diels Lotte | 06 SHARK BEL | 2:34.29 | 2:31.98 | 1:12.26 | 2:31.98 |
| 11. Hollebosch Noa | 07 MEGA BEL | 2:35.58 | 2:32.52 | 1:12.73 | 2:32.52 |
| 12. Dewaelheyns Niene | 07 TRUST BEL | 2:32.45 | 2:34.70 | 1:12.06 | 2:34.70 |

Programmanr. 26 Heren, 100m vrije slag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|----------------|-------|----------------------|-----------|
| Belgisch record | 47.80 | Timmers Pieter | BRABO | Rio de Janeiro (BRA) | 10-8-2016 |
| Vlaams rec | 47.80 | Timmers Pieter | BRABO | Rio de Janeiro (BRA) | 10-8-2016 |

Limieten OS : 48.57 / Limieten EK : 49.38 / Limieten EJK 18: 50.76; 15 - 17: 51.27

Punten:

| Rang | Geb. | Tijd | Pnt |
|-----------------|---------------------------|--------------------|--------------|
| Finale A | | | |
| 1. | Pijnenburg Stan | 96 PSV NED 49.91 | 49.59 |
| 2. | Korstanje Nyls | 99 KNZB NED 50.56 | 50.19 |
| 3. | Marcourt Alexandre | 99 TRUST BEL 49.99 | 50.23 |
| 4. | Kroon Luc | 01 ED-VO NED 50.80 | 50.28 |
| 5. | Thijs Thomas | 97 ZGEEL BEL 50.22 | 50.31 |
| 6. | De Meulemeester Sébastien | 98 BRABO BEL 50.41 | 50.57 |
| 7. | Stolk Kyle | 96 PSV NED 50.89 | 50.76 |
| 8. | Croenen Louis | 94 SHARK BEL 50.69 | 50.78 |
| Finale B | | | |
| 9. | Borisavljevic Alexis | 97 FFBN BEL 51.47 | 51.44 |
| 10. | Weiremans Lorenz | 96 BRABO BEL 51.31 | 51.57 |
| 11. | Mannes Max | 97 SCD LUX 51.81 | 51.71 |
| 12. | Borisavljevic Valentin | 97 BRABO BEL 52.09 | 51.81 |
| 13. | De Smedt Jesse | 00 BRABO BEL 52.62 | 52.42 |
| 14. | Weyts Milan | 04 STW BEL 53.37 | 53.15 |
| 15. | Talloon Sander | 05 FIRST BEL 53.55 | 53.16 |
| 16. | Mabbe Elian | 04 UZKZ BEL 53.25 | 53.49 |

Programmanr. 27 Dames, 400m vrije slag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|------------------|-------|------------------------|-----------|
| Belgisch record | 4:09.41 | Dumont Valentine | NOC | Rome | 11-8-2020 |
| Vlaams rec | 4:13.57 | Goris Lotte | BRABO | Hodmezovasarhely (HUN) | 7-7-2016 |

Limieten OS : 4:07.90 / Limieten EK : 4:14.53 / Limieten EJK 17: 4:20.08; 14 - 16: 4:22.68

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|------|--------------------|----------------------|----------------|---------|---------|---------|---------|
| 1. | Goris Lotte | 00 BRABO BEL 4:30.90 | 4:20.97 | 1:02.93 | 2:09.16 | 3:15.47 | 4:20.97 |
| 2. | Lazou Lente | 05 GOLD BEL 4:26.58 | 4:26.37 | 1:03.32 | 2:10.68 | 3:18.76 | 4:26.37 |
| 3. | Franquinet Ambre | 04 FFBN BEL 4:27.94 | 4:27.77 | 1:02.79 | 2:11.09 | 3:20.41 | 4:27.77 |
| 4. | Vallée Laurane | 03 FFBN BEL 4:31.93 | 4:30.41 | 1:03.59 | 2:12.51 | 3:22.49 | 4:30.41 |
| 5. | Witters Marie-Alix | 05 DBT BEL 4:35.53 | 4:32.16 | 1:03.60 | 2:12.33 | 3:22.90 | 4:32.16 |
| 6. | Gries Laure | 04 FFBN BEL 4:32.06 | 4:33.33 | 1:05.40 | 2:14.72 | 3:24.64 | 4:33.33 |
| 7. | Bouden Camille | 01 ZB BEL 4:36.25 | 4:34.51 | 1:06.03 | 2:15.98 | 3:25.80 | 4:34.51 |
| 8. | Dumont Sarah | 07 FFBN BEL 4:39.83 | 4:46.35 | 1:06.57 | 2:20.57 | 3:33.90 | 4:46.35 |

Programmanr. 28 Heren, 400m wisselslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|--------------|-------|--------------|-----------|
| Belgisch record | 4:16.71 | Bauwens Ward | BRABO | London (GBR) | 28-7-2012 |
| Vlaams rec | 4:16.71 | Bauwens Ward | BRABO | Londen (GBR) | 28-7-2012 |

Limieten OS : 4:15.84 / Limieten EK : 4:21.04 / Limieten EJK 18: 4:30.58; 15 - 17: 4:33.29

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m | 300m | 400m |
|--------------------|--------------|---------|----------------|---------|---------|---------|---------|
| 1. Knipping Arjan | 94 PSV NED | 4:28.72 | 4:25.45 | 59.58 | 2:06.56 | 3:20.83 | 4:25.45 |
| 2. Dal Thomas | 97 FFBN BEL | 4:38.59 | 4:30.96 | 1:01.42 | 2:11.69 | 3:26.44 | 4:30.96 |
| 3. Jansen Thomas | 01 WVZ NED | 4:35.32 | 4:34.41 | 59.85 | 2:07.86 | 3:28.57 | 4:34.41 |
| 4. Hebb Xander | 03 STW BEL | 4:46.14 | 4:39.87 | 1:01.09 | 2:13.93 | 3:35.74 | 4:39.87 |
| 5. Tanghe Kasper | 04 BRABO BEL | 4:50.49 | 4:52.02 | 1:07.94 | 2:25.31 | 3:44.08 | 4:52.02 |
| 6. Courbois Thomas | 05 FFBN BEL | 4:53.42 | 4:52.40 | 1:03.71 | 2:20.44 | 3:44.85 | 4:52.40 |

Programmanr. 29 Dames, 100m vlinderslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|---------------|-------|-----------|-----------|
| Belgisch record | 57.91 | Buys Kimberly | BRABO | Antwerpen | 14-5-2017 |
| Vlaams rec | 57.91 | Buys Kimberly | BRABO | Antwerpen | 14-5-2017 |

Limieten OS : 57.92 / Limieten EK : 59.24 / Limieten EJK 17: 1:01.43; 14 - 16: 1:02.04

Punten:

| Rang | Geb. | Tijd | Pnt |
|----------------------|--------------|---------|----------------|
| 1. Vanotterdijk Roos | 05 DMB BEL | 1:01.33 | 59.86 |
| 2. Heemskerk Femke | 87 PSV NED | 1:01.50 | 1:01.10 |
| 3. Buys Kimberly | 89 BRABO BEL | 1:01.84 | 1:01.28 |
| 4. Spiering Femke | 02 VZC NED | 1:02.30 | 1:01.66 |
| 5. Jonk Nienke | 02 PSV NED | 1:03.12 | 1:02.15 |
| 6. Wauters Laura | 03 LSVZ BEL | 1:01.69 | 1:02.22 |
| 7. Maerevoet Marie | 04 SHARK BEL | 1:04.84 | 1:04.68 |
| 8. Mayeres Nell | 04 FFBN BEL | 1:06.48 | 1:06.16 |

Programmanr. 30 Heren, 200m rugslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|---------|---------------|-----|-----------------|-----------|
| Belgisch record | 1:59.64 | Maene Stefaan | BZK | Barcelona (ESP) | 28-7-1992 |
| Vlaams rec | 1:59.64 | Maene Stefaan | BZK | Barcelona (ESP) | 28-7-1992 |

Limieten OS : 1:57.50 / Limieten EK : 2:00.33 / Limieten EJK 18: 2:02.78; 15 - 17: 2:04.01

Punten:

| Rang | Geb. | Tijd | Pnt | 100m | 200m |
|---------------------|--------------|---------|----------------|---------|---------|
| 1. Hendrickx Lander | 94 LAQUA BEL | 2:06.23 | 2:03.79 | 1:01.40 | 2:03.79 |
| 2. Danhieux Tibe | 06 SCSG BEL | 2:23.04 | 2:19.13 | 1:07.82 | 2:19.13 |
| 3. Dehautt Fernando | 05 GOLD BEL | 2:22.45 | 2:20.39 | 1:08.64 | 2:20.39 |

Programmanr. 31
24-1-2021

Dames, 50m vrije slag

alg. leeftijdsgroep
Resultaten Finale

| | | | | | |
|-----------------|-------|----------------|-------|-----------|-----------|
| Belgisch record | 25.37 | Sysmans Jolien | BRABO | Antwerpen | 17-3-2012 |
| Vlaams rec | 25.37 | Sysmans Jolien | ZGEEL | Antwerpen | 17-3-2012 |

Limieten OS : 24.77 / Limieten EK : 25.45 / Limieten EJK 17: 25.84; 14 - 16: 26.10

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------------|----------------|-------|-----------------|
| Finale A | | | |
| 1. Busch Kim | 98 PSV NED | 25.10 | 25.01 |
| 2. van Wijk Milou | 04 DORDREC NED | 26.48 | 26.01 |
| 3. Hoppenbrouwer Femke | 03 RACING CNED | 26.17 | 26.03 |
| 4. Huisman Silke | 03 ORCA NED | 26.18 | 26.31 |
| 5. Vanhauwaert Lotte | 04 ROSC BEL | 26.78 | 26.66 |
| 6. Smits Jade | 01 BRABO BEL | 26.48 | 26.69 |
| 7. Ravelingien Lana | 03 BRABO BEL | 26.68 | 27.09 |
| 8. Delcommune Zinke | 05 KAZS BEL | 27.10 | 27.26 |
| Finale B | | | |
| 9. Wouters Briana | 06 HZA BEL | 27.60 | 27.04 HT |
| 10. Decaesstecker Elise | 04 ZB BEL | 27.33 | 27.17 HT |
| 11. Petitjean Elise | 05 FFBN BEL | 27.71 | 27.41 HT |
| NG.ZA Mattheeuws Lie | 05 MEGA BEL | 27.75 | NG.ZA |
| NG.ZA Inkaya Dalya | 03 MEGA TUR | 28.93 | NG.ZA |

Programmanr. 32
24-1-2021

Heren, 50m vlinderslag

alg. leeftijdsgroep
Resultaten Finale

| | | | | | |
|-----------------|-------|----------------------|-------|-------------|-----------|
| Belgisch record | 23.34 | Heersbrandt François | CNSW | Kazan (RUS) | 2-8-2015 |
| Vlaams rec | 23.85 | Surgeloose Glenn | BRABO | Antwerpen | 27-5-2016 |

Limieten EK : 23.61 / Limieten EJK 18: 24.15; 15 - 17: 24.39

Punten:

| Rang | Geb. | Tijd | Pnt |
|-------------------|----------------|-------|--------------|
| 1. Korstanje Nyls | 99 KNZB NED | 23.84 | 24.04 |
| 2. Goosen Mathys | 96 DOLFIJN NED | 24.57 | 24.41 |
| 3. Simons Kenzo | 01 DOLFIJN NED | 24.88 | 24.55 |
| 4. Talloen Sander | 05 FIRST BEL | 25.48 | 25.44 |
| 5. Berx Robbe | 03 TRUST BEL | 27.18 | 26.82 |
| 6. Schotte Edward | 05 ISWIM BEL | 27.17 | 27.04 |
| 7. De Valck Dante | 06 ZCK BEL | 28.19 | 28.29 |
| DIS Puts Jesse | 94 DOLFIJN NED | 25.21 | DIS |

SW 2.1.7 - Uitsluiting door de Kamprechter voor inbreuken tegen de reglementen andere dan voorzien op deze tabel

Programmanr. 33 Dames, 50m schoolslag alg. leeftijdsgroep
24-1-2021 Resultaten Finale

| | | | | | |
|-----------------|-------|-----------------|-------|-------------|-----------|
| Belgisch record | 30.75 | Lecluyse Fanny | DM | Kazan (RUS) | 8-8-2015 |
| Vlaams rec | 31.14 | Vermeiren Fleur | BRABO | Antwerpen | 20-1-2019 |

Limieten EK : 31.15 / Limieten EJK 17: 31.87; 14 - 16: 32.19

Punten:

| Rang | Geb. | Tijd | Pnt |
|--------------------|--------------|-------|--------------|
| 1. Vermeiren Fleur | 02 BRABO BEL | 32.68 | 32.62 |
| 2. Schouten Tes | 00 BZ&PC NED | 32.91 | 32.64 |
| 3. Van Dooren Ante | 06 SHARK BEL | 33.99 | 33.91 |
| 4. Diels Lotte | 06 SHARK BEL | 36.93 | 37.44 |

Programmanr. 34 Heren, 1500m vrije slag alg. leeftijdsgroep
24-1-2021 Resultaten

| | | | | | |
|-----------------|----------|------------------|-----|---------------|-----------|
| Belgisch record | 15:11.04 | Vangeneugden Tom | OZV | Beijing (CHN) | 15-8-2008 |
| Vlaams rec | 15:11.04 | Vangeneugden Tom | OZV | Beijing (CHN) | 15-8-2008 |

Limieten OS : 15:00.99 / Limieten EK : 15:13.38 / Limieten EJK 18: 15:41.56; 15 - 17: 15:50.98

Punten:

| Rang | Geb. | Tijd | Pnt |
|-----------------------|-----------------------|-------------------------|-------------------------|
| 1. Crooijmans Vincent | 01 VZC NED | 15:56.43 | 16:06.79 |
| 100m: 1:02.74 1:02.74 | 500m: 5:21.56 1:04.98 | 900m: 9:42.44 1:05.11 | 1300m: 14:00.06 1:04.26 |
| 200m: 2:07.77 1:05.03 | 600m: 6:26.89 1:05.33 | 1000m: 10:47.32 1:04.88 | 1400m: 15:04.30 1:04.24 |
| 300m: 3:12.06 1:04.29 | 700m: 7:32.30 1:05.41 | 1100m: 11:51.81 1:04.49 | 1500m: 16:06.79 1:02.49 |
| 400m: 4:16.58 1:04.52 | 800m: 8:37.33 1:05.03 | 1200m: 12:55.80 1:03.99 | |
| 2. Crooijmans Sander | 01 VZC NED | 15:55.83 | 16:11.75 |
| 100m: 1:02.73 1:02.73 | 500m: 5:21.64 1:05.02 | 900m: 9:42.59 1:05.24 | 1300m: 14:03.18 1:05.49 |
| 200m: 2:07.74 1:05.01 | 600m: 6:27.06 1:05.42 | 1000m: 10:47.80 1:05.21 | 1400m: 15:08.87 1:05.69 |
| 300m: 3:11.96 1:04.22 | 700m: 7:32.28 1:05.22 | 1100m: 11:52.58 1:04.78 | 1500m: 16:11.75 1:02.88 |
| 400m: 4:16.62 1:04.66 | 800m: 8:37.35 1:05.07 | 1200m: 12:57.69 1:05.11 | |
| 3. Courbois Thomas | 05 FFBN BEL | 17:20.03 | 17:08.53 |
| 100m: 1:03.11 1:03.11 | 500m: 5:35.04 1:08.90 | 900m: 10:11.50 1:09.50 | 1300m: 14:50.74 1:09.92 |
| 200m: 2:09.70 1:06.59 | 600m: 6:44.10 1:09.06 | 1000m: 11:21.48 1:09.98 | 1400m: 16:00.18 1:09.44 |
| 300m: 3:17.78 1:08.08 | 700m: 7:52.91 1:08.81 | 1100m: 12:31.20 1:09.72 | 1500m: 17:08.53 1:08.35 |
| 400m: 4:26.14 1:08.36 | 800m: 9:02.00 1:09.09 | 1200m: 13:40.82 1:09.62 | |
| 4. Raes Senne | 06 BRABO BEL | 17:45.96 | 17:23.29 |
| 100m: 1:04.89 1:04.89 | 500m: 5:43.97 1:10.13 | 900m: 10:24.72 1:09.80 | 1300m: 15:06.74 1:09.78 |
| 200m: 2:14.04 1:09.15 | 600m: 6:54.72 1:10.75 | 1000m: 11:35.20 1:10.48 | 1400m: 16:17.15 1:10.41 |
| 300m: 3:23.98 1:09.94 | 700m: 8:04.94 1:10.22 | 1100m: 12:46.08 1:10.88 | 1500m: 17:23.29 1:06.14 |
| 400m: 4:33.84 1:09.86 | 800m: 9:14.92 1:09.98 | 1200m: 13:56.96 1:10.88 | |

Programmanr. 36
24-1-2021

Dames, 4 x 100m vrije slag

15 jaar en ouder
Resultaten

Punten:

Rang

Programmanr. 37
24-1-2021

Heren, 4 x 100m wisselslag

Tijd

Pnt

16 jaar en ouder
Resultaten

Punten:

Rang

Tijd

Pnt