

1 - vrijdag 1 maart 2019

1-3-2019 - 8:30

Programmanr. 1
1-3-2019 - 8:30

Heren, 50m rugslag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|-------|----------------------|------|-----------|-----------|
| Belgisch record | 25.36 | Heersbrandt Francois | CNSW | Antwerpen | 10-5-2015 |
| Vlaams record | 25.82 | Claeys Bruno | BZK | Antwerpen | 1-5-2009 |

WK limiet alg.: 25.17 / WJK limiet 14 - 18: 25.58 / EJK limiet 15 - 17: 25.84; 18: 25.84

Punten:

| Rang | | Geb. | | Inschr. | Tijd | Pnt | |
|---------------------|------------------------|-------|----|---------|-------|--------------|---|
| 15 - 16 jaar | | | | | | | |
| 1. | Guillemyen Lucas | KZK | 03 | BEL | 28.83 | 28.14 | B |
| 2. | Lavdaniti Zhulian Xhoi | ZS | 03 | ALB | 28.91 | 28.52 | B |
| 3. | Vanspauwen Alexander | HZS | 03 | BEL | 28.73 | 29.02 | R |
| 4. | Adams Lucas | MEGA | 04 | BEL | 31.94 | 29.79 | |
| 5. | Asselman Jasper | ZOLA | 03 | BEL | 31.12 | 29.83 | |
| 6. | Van Rompaey Senne | BRABO | 03 | BEL | 29.90 | 29.94 | |
| 7. | Hillaert Tibo | MEGA | 04 | BEL | 32.79 | 30.16 | |
| 8. | Joris Luca | DDAT | 03 | BEL | 31.22 | 30.27 | |
| 9. | Wanten Bernd | BRABO | 04 | BEL | 31.65 | 30.42 | |
| 10. | Meere Jarno | DDAT | 03 | BEL | 31.51 | 30.77 | |
| 11. | Mabbe Elian | UZKZ | 04 | BEL | 32.11 | 31.01 | |
| 12. | Tanghe Kasper | BRABO | 04 | BEL | 32.15 | 31.03 | |
| 13. | Raemaekers Louis | AZL | 03 | BEL | 31.52 | 31.12 | |
| 14. | Warnon Kervens | SCZ | 04 | BEL | 31.62 | 31.18 | |
| 15. | Schellemans Seppe | FIRST | 03 | BEL | 31.72 | 31.23 | |
| 16. | Torfs Max | DDAT | 04 | BEL | 31.10 | 31.26 | |
| 17. | Verbeek Sem | SHARK | 04 | BEL | 33.19 | 31.65 | |
| 18. | Mentens Jarne | DMB | 03 | BEL | 32.44 | 31.68 | |
| 19. | Van Cleven Kobe | BZK | 04 | BEL | 32.42 | 31.75 | |
| 20. | Restiau Robbe | ZS | 04 | BEL | 33.21 | 31.76 | |
| 21. | Van Hoecke Emile | MEGA | 03 | BEL | 32.26 | 31.97 | |
| 22. | Vervloet Ruwen | BRABO | 04 | BEL | 33.14 | 32.13 | |
| 23. | Van Eetvelde Kasper | AZK | 03 | BEL | 32.26 | 32.19 | |
| 17 - 18 jaar | | | | | | | |
| 1. | Simons Kenzo | OCA | 01 | NED | 25.65 | 26.84 | A |
| 2. | Lust Louis | AZ | 01 | BEL | 28.46 | 27.81 | A |
| 3. | Wyns Seppe | SHARK | 02 | BEL | 28.64 | 27.94 | A |
| 4. | Berges Jens | HZA | 01 | BEL | 28.86 | 28.32 | B |
| 5. | De Mey Largo | SCSG | 01 | BEL | 28.83 | 28.75 | B |
| 6. | Sempels Gilles | STT | 02 | BEL | 29.13 | 28.90 | B |
| 7. | Al Tuwajari Mustafa | BRABO | 02 | IRQ | 29.11 | 29.00 | B |
| 8. | Verbeek Mats | SHARK | 01 | BEL | 29.57 | 29.09 | R |
| 9. | Van Der Vennet Marco | STZ | 02 | BEL | 30.05 | 29.11 | R |
| 10. | Van Synghel Noah | FIRST | 02 | BEL | 29.00 | 29.33 | R |
| 11. | Labaere Levi | KZK | 01 | BEL | 29.48 | 29.43 | R |
| 12. | Braekeveld Tibo | UZKZ | 01 | BEL | 29.38 | 29.44 | R |
| 13. | Desard Rob | ZCK | 02 | BEL | 31.05 | 29.75 | |

Programmanr. 1, Jongens, 50m rugslag, Voorronde, 17 - 18 jaar

| Rang | | Geb. | | Inshr. | Tijd | Pnt |
|------|------------------------|-----------------|------------|--------------|--------------|-----|
| 14. | Claeys Arthur | MEGA 02 | BEL | 30.38 | 29.82 | |
| 15. | Van Langendonck Tim | OZV 02 | BEL | 30.16 | 30.12 | |
| 16. | De Meyer Niels | BRABO 02 | BEL | 31.66 | 30.65 | |
| 17. | Voglar Robbe | DMB 02 | BEL | 31.60 | 30.69 | |
| 18. | Boudchich Ilyas | ZIOS 02 | BEL | 31.05 | 31.07 | |
| 19. | Vandecandelaere Jérôme | IKZ 02 | BEL | 31.83 | 31.49 | |
| 20. | Desmet Xaro | KZK 02 | BEL | 31.68 | 31.90 | |
| DIS | Defloor Jules | HZA 01 | BEL | 31.14 | | |

SW 6.1.c - Bij gebruik van rugslagrichel, tenen van beide voeten niet in contact met startmuur en/of tenen over richel geplooid

| | | | | | | |
|-------|---------------|----------|-----|-------|--|--|
| NG.ZA | Van Dyck Bram | KST 02 | BEL | 31.43 | | |
| NG.ZA | Kenis Lander | ZGEEL 01 | BEL | 29.94 | | |

19 jaar en ouder

| | | | | | | |
|-------|------------------|----------|-----|-------|--------------|---|
| 1. | Lafort Iarre | FIRST 93 | BEL | 27.53 | 26.65 | A |
| 2. | Groenhart Jari | OCD 00 | NED | 26.69 | 26.73 | A |
| 3. | Betten Jelle | OCD 00 | NED | 26.72 | 27.39 | A |
| 4. | Dewulf Gillian | KZK 96 | BEL | 27.54 | 27.59 | A |
| 5. | Peters Bert | MEGA 92 | BEL | 27.74 | 27.76 | A |
| 6. | Guldentops Kevin | FIRST 00 | BEL | 27.25 | 28.12 | B |
| 7. | Vranckx Bjarne | BEST 99 | BEL | 28.80 | 28.64 | B |
| 8. | Deblock Lucas | UZKZ 00 | BEL | 29.29 | 29.24 | R |
| 9. | Terryn Julien | RSC 93 | BEL | 29.07 | 29.71 | R |
| 10. | Drijvers Seppe | BEST 98 | BEL | 30.09 | 29.93 | |
| | Lippens Rino | STW 00 | BEL | 29.98 | 29.93 | |
| 12. | Serbest Ilyas | STT 00 | BEL | 29.87 | 30.45 | |
| 13. | Huygh Elias | STZ 00 | BEL | 30.70 | 30.81 | |
| 14. | Vandeput Yannick | HZS 94 | BEL | 32.83 | 32.07 | |
| NG.ZA | Surgeloose Owen | MEGA 99 | BEL | 27.14 | | |

Programmanr. 2
1-3-2019 - 8:40

Dames, 100m schoolslag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|---------|----------------|-------|-----------------|-----------|
| Belgisch record | 1:07.29 | Lecluyse Fanny | DM | Kazan (RUS) | 3-8-2015 |
| Vlaams record | 1:08.36 | Janssens Kim | BRABO | Barcelona (ESP) | 29-7-2013 |

WK limiet alg.: 1:07.43 / WJK limiet 14 - 17: 1:09.76 / EJK limiet 14 - 16: 1:10.98 / EYOF limiet 15: 1:13.06

Punten:

| Rang | | Geb. | | Inshr. | Tijd | Pnt |
|--------------|------------------------|-----------------|------------|----------------|----------------|----------|
| 15 - 16 jaar | | | | | | |
| 1. | Borgonie Lisa | RZV 03 | BEL | 1:14.65 | 1:14.11 | A |
| | 50m: 34.59 | 100m: 1:14.11 | | | | |
| 2. | Pas Inte | ZORO 03 | BEL | 1:15.72 | 1:14.71 | A |
| | 50m: 35.12 | 100m: 1:14.71 | | | | |
| 3. | Feyen Charlotte | BRABO 03 | BEL | 1:15.92 | 1:14.80 | A |
| | 50m: 34.40 | 100m: 1:14.80 | | | | |



Programmanr. 2, Meisjes, 100m schoolslag, Voorronde, 15 - 16 jaar

| Rang | | | Geb. | | Inshr. | Tijd | Pnt |
|------|--------------------|---------------|------|-----|---------|----------------|-----|
| 4. | Verstrepen Siel | GZVN | 03 | BEL | 1:19.40 | 1:16.32 | A |
| | 50m: 35.69 | 100m: 1:16.32 | | | | | |
| 5. | Puttaert Elien | DDAT | 04 | BEL | 1:17.56 | 1:16.66 | B |
| | 50m: 36.67 | 100m: 1:16.66 | | | | | |
| 6. | Wittemans Odil | ZCT | 03 | BEL | 1:17.25 | 1:18.34 | R |
| | 50m: 36.59 | 100m: 1:18.34 | | | | | |
| 7. | Van Poucke Hanne | MEGA | 04 | BEL | 1:17.66 | 1:19.20 | R |
| | 50m: 38.17 | 100m: 1:19.20 | | | | | |
| 8. | Dinneweth Axelle | ZTZ | 04 | BEL | 1:19.58 | 1:19.32 | R |
| | 50m: 35.98 | 100m: 1:19.32 | | | | | |
| 9. | Delcommune Wiebe | KAZS | 03 | BEL | 1:18.63 | 1:19.39 | R |
| | 50m: 38.01 | 100m: 1:19.39 | | | | | |
| 10. | Van Dooren Janne | SHARK | 04 | BEL | 1:21.94 | 1:20.02 | |
| | 50m: 37.45 | 100m: 1:20.02 | | | | | |
| 11. | Borremans Lotte | DDAT | 03 | BEL | 1:17.77 | 1:20.08 | |
| | 50m: 37.35 | 100m: 1:20.08 | | | | | |
| 12. | De Wolf Laura | BZK | 03 | BEL | 1:19.54 | 1:20.56 | |
| | 50m: 37.27 | 100m: 1:20.56 | | | | | |
| 13. | Huysmans Hanne | ZCK | 04 | BEL | 1:22.13 | 1:20.58 | |
| | 50m: 36.95 | 100m: 1:20.58 | | | | | |
| 14. | Vavritska Victoria | MEGA | 04 | BEL | 1:22.99 | 1:20.62 | |
| | 50m: 37.53 | 100m: 1:20.62 | | | | | |
| 15. | Cornelis Enid | AZL | 04 | BEL | 1:24.39 | 1:21.33 | |
| | 50m: 36.98 | 100m: 1:21.33 | | | | | |
| 16. | Vandewal Britt | OZV | 03 | BEL | 1:22.63 | 1:21.48 | |
| | 50m: 38.11 | 100m: 1:21.48 | | | | | |
| 17. | Dillen Jans | DBT | 03 | BEL | 1:20.76 | 1:21.68 | |
| | 50m: 38.46 | 100m: 1:21.68 | | | | | |
| 18. | Demeyer Amandine | ZB | 03 | BEL | 1:16.88 | 1:21.77 | |
| | 50m: 36.72 | 100m: 1:21.77 | | | | | |
| 19. | Daemen Emma | DMB | 03 | BEL | 1:21.85 | 1:21.92 | |
| | 50m: 38.97 | 100m: 1:21.92 | | | | | |
| 20. | Keulemans Zsofi | FIRST | 03 | BEL | 1:20.03 | 1:21.96 | |
| | 50m: 38.09 | 100m: 1:21.96 | | | | | |
| 21. | De Craen Imke | DDAT | 04 | BEL | 1:21.63 | 1:22.15 | |
| | 50m: 38.75 | 100m: 1:22.15 | | | | | |
| 22. | Leyten Hannelore | ZGEEL | 04 | BEL | 1:22.24 | 1:22.24 | |
| | 50m: 37.99 | 100m: 1:22.24 | | | | | |
| 23. | Pigeon Kelly | KVZP | 03 | BEL | 1:18.47 | 1:22.55 | |
| | 50m: 38.55 | 100m: 1:22.55 | | | | | |
| 24. | Claassen Alessia | KST | 04 | BEL | 1:23.47 | 1:22.59 | |
| | 50m: 38.11 | 100m: 1:22.59 | | | | | |

Programmanr. 2, Meisjes, 100m schoolslag, Voorronde, 15 - 16 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|------|---|----------|--------|---------|----------------|
| 25. | Custers Ella 50m: 39.51 100m: 1:23.00 | LAQUA 04 | BEL | 1:24.41 | 1:23.00 |
| | Lieten Anke 50m: 38.58 100m: 1:23.00 | DBT 04 | BEL | 1:21.16 | 1:23.00 |
| 27. | Leemans Renske 50m: 38.85 100m: 1:23.70 | TZ 04 | BEL | 1:24.95 | 1:23.70 |
| 28. | Casteur Margaux 50m: 39.08 100m: 1:24.46 | GOLD 03 | BEL | 1:18.23 | 1:24.46 |

17 - 18 jaar

| | | | | | | |
|-----|--|----------|-----|---------|----------------|---|
| 1. | Vermeiren Fleur 50m: 31.95 100m: 1:10.32 | BRABO 02 | BEL | 1:09.13 | 1:10.32 | A |
| 2. | Gaspard Florine 50m: 33.48 100m: 1:11.39 | CNB 01 | BEL | 1:10.34 | 1:11.39 | A |
| 3. | Vandendorpe Florence 50m: 36.85 100m: 1:17.02 | KZK 02 | BEL | 1:17.20 | 1:17.02 | B |
| 4. | Remmery Anice 50m: 35.78 100m: 1:17.34 | KZK 02 | BEL | 1:16.30 | 1:17.34 | B |
| 5. | Staes Jolien 50m: 36.58 100m: 1:17.77 | SHARK 02 | BEL | 1:17.69 | 1:17.77 | B |
| 6. | De Duffeleer Jolien 50m: 36.60 100m: 1:17.89 | DMI 02 | BEL | 1:16.95 | 1:17.89 | B |
| 7. | Wijnants Jasmine 50m: 36.92 100m: 1:18.30 | SHARK 02 | BEL | 1:16.42 | 1:18.30 | B |
| 8. | De Carne Lara 50m: 36.58 100m: 1:18.33 | FIRST 02 | BEL | 1:17.04 | 1:18.33 | B |
| | De Heyder Lot 50m: 36.87 100m: 1:18.33 | MEGA 02 | BEL | 1:16.49 | 1:18.33 | B |
| 10. | Bourgeois Karo 50m: 36.84 100m: 1:18.73 | DMI 02 | BEL | 1:16.69 | 1:18.73 | R |
| 11. | Van Dyck Nina 50m: 37.06 100m: 1:20.37 | HZA 02 | BEL | 1:20.70 | 1:20.37 | |
| 12. | Feys Jutta 50m: 37.52 100m: 1:21.02 | BZK 02 | BEL | 1:20.52 | 1:21.02 | |
| 13. | Weyts Maxine 50m: 37.93 100m: 1:21.51 | STW 01 | BEL | 1:21.52 | 1:21.51 | |
| 14. | Van Pelt Marie 50m: 37.77 100m: 1:22.27 | ZNA 02 | BEL | 1:21.89 | 1:22.27 | |
| 15. | Debouck Elena 50m: 38.75 100m: 1:23.19 | IKZ 02 | BEL | 1:21.68 | 1:23.19 | |
| 16. | Van Steen Ayko 50m: 39.22 100m: 1:24.11 | TZ 01 | BEL | 1:21.87 | 1:24.11 | |

Programmanr. 2, Dames, 100m schoolslag, Voorronde

19 jaar en ouder

| | | | | | | | |
|----|-------------------------|---------------|----|-----|---------|----------------|---|
| 1. | Palmans Anne | OCA | 00 | NED | 1:10.92 | 1:15.22 | A |
| | 50m: 34.70 | 100m: 1:15.22 | | | | | |
| 2. | Schoefs Elise | HZS | 98 | BEL | 1:15.72 | 1:15.28 | A |
| | 50m: 35.29 | 100m: 1:15.28 | | | | | |
| 3. | Van Nieuwenhove Laurien | MEGA | 99 | BEL | 1:16.40 | 1:18.43 | R |
| | 50m: 37.16 | 100m: 1:18.43 | | | | | |
| 4. | Deneir Silken | GOLD | 99 | BEL | 1:16.47 | 1:19.60 | R |
| | 50m: 37.05 | 100m: 1:19.60 | | | | | |
| 5. | Verbruggen Laura | SCSG | 99 | BEL | 1:16.07 | 1:20.01 | R |
| | 50m: 37.12 | 100m: 1:20.01 | | | | | |
| 6. | Vens Hannelore | ROSC | 90 | BEL | 2:05.72 | 2:01.84 | |
| | 50m: 56.24 | 100m: 2:01.84 | | | | | |

Programmanr. 3
1-3-2019 - 8:54

Heren, 200m vrije slag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|---------|------------------|-------|--------------|-----------|
| Belgisch record | 1:46.91 | Surgeloose Glenn | BRABO | London (GBR) | 17-5-2016 |
| Vlaams record | 1:46.91 | Surgeloose Glenn | BRABO | Londen (GBR) | 17-5-2016 |

WK limiet alg.: 1:47.40 / WJK limiet 14 - 18: 1:49.69 / EJK limiet 15 - 17: 1:51.45; 18: 1:50.80 / EYOF limiet 15 - 16: 1:54.26

Punten:

| Rang | | Geb. | Inscr. | Tijd | Pnt | |
|--------------|---------------------|---------------|---------------|---------------|----------------|---|
| 15 - 16 jaar | | | | | | |
| 1. | Meeus Elias | LAQUA 03 | BEL | 1:54.91 | 1:56.90 | B |
| | 50m: 26.87 | 100m: 56.58 | 150m: 1:26.99 | 200m: 1:56.90 | | |
| 2. | David Loeka | MEGA 03 | BEL | 1:59.79 | 1:58.20 | B |
| | 50m: 26.75 | 100m: 56.77 | 150m: 1:27.48 | 200m: 1:58.20 | | |
| 3. | Devos Abel | DMI 03 | BEL | 1:58.27 | 1:58.60 | B |
| | 50m: 27.39 | 100m: 56.47 | 150m: 1:27.42 | 200m: 1:58.60 | | |
| 4. | Berx Robbe | STT 03 | BEL | 1:59.56 | 1:59.59 | R |
| | 50m: 27.83 | 100m: 58.51 | 150m: 1:29.48 | 200m: 1:59.59 | | |
| 5. | Van Keer Yoran | LAQUA 03 | BEL | 2:00.86 | 2:00.02 | R |
| | 50m: 27.28 | 100m: 57.62 | 150m: 1:28.97 | 200m: 2:00.02 | | |
| 6. | Ausloos Jens | KAZS 03 | BEL | 2:00.49 | 2:00.81 | |
| | 50m: 27.19 | 100m: 57.53 | 150m: 1:29.16 | 200m: 2:00.81 | | |
| 7. | Van Ermen Alexander | DDAT 04 | BEL | 2:08.62 | 2:02.88 | |
| | 50m: 28.60 | 100m: 59.37 | 150m: 1:31.50 | 200m: 2:02.88 | | |
| | Okens Jari | ZCK 03 | BEL | 2:03.67 | 2:02.88 | |
| | 50m: 28.33 | 100m: 59.25 | 150m: 1:31.96 | 200m: 2:02.88 | | |
| 9. | Van Rompaey Senne | BRABO 03 | BEL | 2:02.59 | 2:03.23 | |
| | 50m: 28.23 | 100m: 59.39 | 150m: 1:31.56 | 200m: 2:03.23 | | |
| 10. | Weyts Milan | STW 04 | BEL | 2:03.35 | 2:03.95 | |
| | 50m: 29.38 | 100m: 1:01.47 | 150m: 1:34.00 | 200m: 2:03.95 | | |

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 15 - 16 jaar

| Rang | | Geb. | Inscr. | Tijd | Pnt |
|------|---|------------------------|---------------------------|----------------|-----|
| 11. | Wanten Bernd 50m: 28.46 100m: 59.85 150m: 1:32.63 200m: 2:04.25 | BRABO 04 BEL | 2:06.53 2:04.25 | 2:04.25 | |
| 12. | Lust Henri 50m: 28.21 100m: 59.50 150m: 1:32.19 200m: 2:04.49 | AZ 03 BEL | 2:08.33 | 2:04.49 | |
| 13. | Mabbe Elian 50m: 28.54 100m: 1:00.82 150m: 1:33.91 200m: 2:04.58 | UZKZ 04 BEL | 2:06.78 | 2:04.58 | |
| 14. | Haesaert Elias 50m: 28.31 100m: 1:01.18 150m: 1:33.57 200m: 2:05.47 | BZK 03 BEL | 2:10.81 | 2:05.47 | |
| 15. | Maes Yarn 50m: 28.66 100m: 1:00.83 150m: 1:34.31 200m: 2:05.76 | BRABO 03 BEL | 2:08.25 | 2:05.76 | |
| 16. | Heyrman Tigo 50m: 27.31 100m: 59.09 150m: 1:33.31 200m: 2:06.18 | BRABO 03 BEL | 2:07.03 | 2:06.18 | |
| 17. | Vande Castele Bjarne 50m: 27.84 100m: 1:00.44 150m: 1:34.16 200m: 2:06.69 | GOLD 04 BEL | 2:07.90 | 2:06.69 | |
| 18. | Verschuere Siebe 50m: 28.33 100m: 1:00.81 150m: 1:34.62 200m: 2:06.82 | BRABO 04 BEL | 2:09.66 | 2:06.82 | |
| 19. | Adams Lucas 50m: 28.66 100m: 1:01.04 150m: 1:34.17 200m: 2:06.85 | MEGA 04 BEL | 2:05.45 | 2:06.85 | |
| 20. | Asselman Jasper 50m: 28.52 100m: 1:00.86 150m: 1:35.06 200m: 2:07.35 | ZOLA 03 BEL | 2:10.76 | 2:07.35 | |
| 21. | Gielen Yordi 50m: 28.28 100m: 1:00.67 150m: 1:34.88 200m: 2:07.40 | DMB 03 BEL | 2:11.30 | 2:07.40 | |
| 22. | Kalogeropoulos Zeno 50m: 29.40 100m: 1:02.12 150m: 1:35.51 200m: 2:07.88 | BRABO 04 BEL | 2:11.76 | 2:07.88 | |
| 23. | Carchon Brecht 50m: 28.77 100m: 1:01.09 150m: 1:35.02 200m: 2:08.03 | ZCT 03 BEL | 2:10.32 | 2:08.03 | |
| 24. | Geuens Lars 50m: 29.36 100m: 1:01.56 150m: 1:35.19 200m: 2:08.32 | OZV 03 BEL | 2:07.78 | 2:08.32 | |
| 25. | Vyncke Milan 50m: 29.32 100m: 1:00.99 150m: 1:35.05 200m: 2:08.41 | MEGA 03 BEL | 2:11.66 | 2:08.41 | |
| 26. | Laureyssens Daniel 50m: 29.21 100m: 1:02.24 150m: 1:35.75 200m: 2:08.75 | ZS 04 BEL | 2:16.66 | 2:08.75 | |
| 27. | Hollanders Ian 50m: 28.54 100m: 1:01.59 150m: 1:35.95 200m: 2:08.88 | SHARK 03 BEL | 2:07.81 | 2:08.88 | |
| 28. | Defloor Emile 50m: 29.63 100m: 1:03.64 150m: 1:37.58 200m: 2:09.32 | HZA 03 BEL | 2:10.89 | 2:09.32 | |
| 29. | Van Droogenbroeck Niels 50m: 28.69 100m: 1:01.11 150m: 1:35.01 200m: 2:09.54 | LAQUA 03 BEL | 2:07.41 | 2:09.54 | |
| 30. | Vanspauwen Alexander 50m: 29.67 100m: 1:03.51 150m: 1:37.91 200m: 2:09.69 | HZS 03 BEL | 2:10.77 | 2:09.69 | |
| 31. | Vlamijnck Robin 50m: 30.32 100m: 1:03.05 150m: 1:36.65 200m: 2:10.01 | STA 03 BEL | 2:11.31 | 2:10.01 | |

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 15 - 16 jaar

| Rang | | | Geb. | | Inscr. | | Tijd | Pnt |
|------|--------------------|---------------|---------------|---------------|--------|---------|----------------|-----|
| 32. | Meyvis Pieter | | HOZT | 03 | BEL | 2:14.37 | 2:10.02 | |
| | 50m: 29.46 | 100m: 1:02.42 | 150m: 1:36.24 | 200m: 2:10.02 | | | | |
| 33. | Dujardin Goan | | GOLD | 04 | BEL | 2:11.06 | 2:10.70 | |
| | 50m: 29.13 | 100m: 1:02.62 | 150m: 1:36.99 | 200m: 2:10.70 | | | | |
| 34. | Casteur Xander | | GOLD | 04 | BEL | 2:15.53 | 2:10.72 | |
| | 50m: 29.59 | 100m: 1:03.01 | 150m: 1:37.42 | 200m: 2:10.72 | | | | |
| 35. | Veryser Joeri | | VZV | 03 | BEL | 2:11.94 | 2:10.73 | |
| | 50m: 28.94 | 100m: 1:02.51 | 150m: 1:37.65 | 200m: 2:10.73 | | | | |
| 36. | Claeys Oscar | | MEGA | 04 | BEL | 2:11.32 | 2:11.29 | |
| | 50m: 29.45 | 100m: 1:01.88 | 150m: 1:37.17 | 200m: 2:11.29 | | | | |
| 37. | Hollevoet Quinten | | TSZ | 04 | BEL | 2:17.22 | 2:11.54 | |
| | 50m: 29.45 | 100m: 1:02.27 | 150m: 1:37.01 | 200m: 2:11.54 | | | | |
| 38. | De Deyne Kasper | | MEGA | 03 | BEL | 2:11.78 | 2:11.65 | |
| | 50m: 29.70 | 100m: 1:02.71 | 150m: 1:37.58 | 200m: 2:11.65 | | | | |
| 39. | Van Hyfte Lennard | | MEGA | 04 | BEL | 2:16.90 | 2:11.86 | |
| | 50m: 30.67 | 100m: 1:04.34 | 150m: 1:37.77 | 200m: 2:11.86 | | | | |
| 40. | Joris Dante | | DDAT | 03 | BEL | 2:09.17 | 2:12.05 | |
| | 50m: 28.93 | 100m: 1:01.90 | 150m: 1:36.91 | 200m: 2:12.05 | | | | |
| 41. | Verbeek Sem | | SHARK | 04 | BEL | 2:14.58 | 2:12.15 | |
| | 50m: 28.96 | 100m: 1:01.70 | 150m: 1:36.83 | 200m: 2:12.15 | | | | |
| 42. | Vandycke Lennert | | ROSC | 04 | BEL | 2:12.65 | 2:12.24 | |
| | 50m: 29.56 | 100m: 1:03.43 | 150m: 1:38.13 | 200m: 2:12.24 | | | | |
| 43. | Mentens Jarne | | DMB | 03 | BEL | 2:14.34 | 2:12.27 | |
| | 50m: 30.18 | 100m: 1:03.98 | 150m: 1:39.47 | 200m: 2:12.27 | | | | |
| 44. | Deleebeeck Arne | | BRABO | 04 | BEL | 2:13.32 | 2:12.56 | |
| | 50m: 29.50 | 100m: 1:03.11 | 150m: 1:38.43 | 200m: 2:12.56 | | | | |
| 45. | Slock Gauthier | | DDAT | 03 | BEL | 2:14.16 | 2:13.36 | |
| | 50m: 29.52 | 100m: 1:02.39 | 150m: 1:37.24 | 200m: 2:13.36 | | | | |
| 46. | Gillis Xander | | ZCK | 04 | BEL | 2:16.61 | 2:13.43 | |
| | 50m: 30.36 | 100m: 1:04.03 | 150m: 1:38.90 | 200m: 2:13.43 | | | | |
| 47. | Lieckens Nolan | | SHARK | 03 | BEL | 2:10.07 | 2:14.52 | |
| | 50m: 29.93 | 100m: 1:03.97 | 150m: 1:39.86 | 200m: 2:14.52 | | | | |
| 48. | Debooser Thibaut | | KZK | 04 | BEL | 2:19.18 | 2:14.86 | |
| | 50m: 30.55 | 100m: 1:05.68 | 150m: 1:41.17 | 200m: 2:14.86 | | | | |
| 49. | Verbist Stijn | | STW | 04 | BEL | 2:15.62 | 2:14.91 | |
| | 50m: 30.33 | 100m: 1:04.57 | 150m: 1:40.04 | 200m: 2:14.91 | | | | |
| 50. | Van Dyck Nick | | KST | 03 | BEL | 2:14.78 | 2:15.59 | |
| | 50m: 30.90 | 100m: 1:05.42 | 150m: 1:40.87 | 200m: 2:15.59 | | | | |
| 51. | Criel Alvaro Nesta | | STA | 04 | BEL | 2:16.38 | 2:15.72 | |
| | 50m: 29.79 | 100m: 1:03.52 | 150m: 1:39.96 | 200m: 2:15.72 | | | | |
| 52. | Vervloet Ruwen | | BRABO | 04 | BEL | 2:17.73 | 2:15.87 | |
| | 50m: 30.44 | 100m: 1:04.82 | 150m: 1:40.35 | 200m: 2:15.87 | | | | |

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 15 - 16 jaar

| Rang | | Geb. | Inscr. | Tijd | Pnt |
|--------------|---|--------------|---------|----------------|-----|
| 53. | Mulkens Bavo 50m: 31.15 100m: 1:05.98 150m: 1:42.30 200m: 2:16.11 | LAQUA 04 BEL | 2:18.67 | 2:16.11 | |
| 54. | Van De Sompel Jarne 50m: 30.91 100m: 1:05.28 150m: 1:41.76 200m: 2:16.72 | STA 04 BEL | 2:17.21 | 2:16.72 | |
| 55. | Heremans Nino 50m: 29.70 100m: 1:04.20 150m: 1:41.54 200m: 2:16.94 | HZA 04 BEL | 2:14.97 | 2:16.94 | |
| 56. | Restiau Robbe 50m: 30.51 100m: 1:05.91 150m: 1:42.68 200m: 2:17.66 | ZS 04 BEL | 2:19.38 | 2:17.66 | |
| 57. | Leroux Wout 50m: 32.64 100m: 1:07.51 150m: 1:43.67 200m: 2:18.60 | MEGA 04 BEL | 2:19.59 | 2:18.60 | |
| 58. | Torfs Max 50m: 31.01 100m: 1:06.46 150m: 1:43.12 200m: 2:18.68 | DDAT 04 BEL | 2:17.62 | 2:18.68 | |
| 59. | Serdons Tade 50m: 30.63 100m: 1:06.41 150m: 1:43.69 200m: 2:20.76 | DBT 04 BEL | 2:16.88 | 2:20.76 | |
| 60. | Desmet Simon 50m: 31.75 100m: 1:07.25 150m: 1:43.83 200m: 2:20.77 | TZT 04 BEL | 2:19.75 | 2:20.77 | |
| NG.ZA | Dekimpe Dries | STT 04 BEL | 2:18.69 | | |
| NG.ZA | Marichal Jarno | BRABO 03 BEL | 2:07.29 | | |
| 17 - 18 jaar | | | | | |
| 1. | Kroon Luc 50m: 26.16 100m: 53.82 150m: 1:21.86 200m: 1:49.98 | OCA 01 NED | 1:51.11 | 1:49.98 | A |
| 2. | Franckx Stan 50m: 26.49 100m: 54.54 150m: 1:24.29 200m: 1:55.51 | STT 02 BEL | 1:55.94 | 1:55.51 | B |
| 3. | Camps Roeland 50m: 27.83 100m: 57.67 150m: 1:28.46 200m: 1:59.62 | STT 01 BEL | 2:00.28 | 1:59.62 | R |
| 4. | Horemans Ruben 50m: 27.53 100m: 58.34 150m: 1:29.38 200m: 1:59.74 | SHARK 01 BEL | 2:01.19 | 1:59.74 | R |
| 5. | Berghmans Jens 50m: 27.41 100m: 58.44 150m: 1:29.24 200m: 2:00.35 | ZS 01 BEL | 2:02.86 | 2:00.35 | R |
| 6. | Gantois Olivier 50m: 27.76 100m: 58.32 150m: 1:29.64 200m: 2:00.89 | MEGA 02 BEL | 2:00.13 | 2:00.89 | |
| 7. | Ivanov Nikita 50m: 28.22 100m: 58.52 150m: 1:29.91 200m: 2:01.38 | BRABO 01 KGZ | 2:00.94 | 2:01.38 | |
| 8. | Herteleer Jonas 50m: 27.82 100m: 58.73 150m: 1:30.13 200m: 2:01.43 | MEGA 01 BEL | 2:02.05 | 2:01.43 | |
| 9. | Labaere Levi 50m: 28.72 100m: 59.93 150m: 1:32.01 200m: 2:02.23 | KZK 01 BEL | 2:03.73 | 2:02.23 | |
| 10. | Verhaeghe Robbe Does 50m: 28.41 100m: 59.61 150m: 1:31.83 200m: 2:02.56 | DMI 01 BEL | 2:02.19 | 2:02.56 | |
| 11. | Janssens Renzo 50m: 28.09 100m: 59.06 150m: 1:32.05 200m: 2:02.75 | BRABO 02 BEL | 2:04.61 | 2:02.75 | |

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 17 - 18 jaar

| Rang | | Geb. | Inscr. | Tijd | Pnt |
|------|--|--------------|---------|----------------|-----|
| 12. | Dobbelaere Sam 50m: 28.83 100m: 59.79 150m: 1:31.87 200m: 2:03.15 | LAQUA 01 BEL | 2:07.08 | 2:03.15 | |
| 13. | Lingier Elias 50m: 27.84 100m: 59.49 150m: 1:32.70 200m: 2:03.28 | ROSC 02 BEL | 2:07.01 | 2:03.28 | |
| 14. | Kallaert Dries 50m: 27.68 100m: 58.39 150m: 1:30.90 200m: 2:03.34 | MEGA 02 BEL | 2:06.38 | 2:03.34 | |
| 15. | Lauwers Sander 50m: 27.82 100m: 58.75 150m: 1:31.06 200m: 2:03.52 | BRABO 01 BEL | 2:04.92 | 2:03.52 | |
| 16. | Liekens Jasper 50m: 27.92 100m: 59.73 150m: 1:32.44 200m: 2:03.90 | SHARK 02 BEL | 2:03.43 | 2:03.90 | |
| 17. | Leroux Jef 50m: 28.09 100m: 58.97 150m: 1:31.34 200m: 2:04.01 | MEGA 02 BEL | 2:05.77 | 2:04.01 | |
| 18. | Boertien Stijn 50m: 28.41 100m: 59.93 150m: 1:32.20 200m: 2:04.24 | OCD 01 NED | 2:09.46 | 2:04.24 | |
| 19. | D'Exelle Cedric 50m: 28.60 100m: 1:00.40 150m: 1:33.19 200m: 2:04.91 | ZS 02 BEL | 2:11.47 | 2:04.91 | |
| 20. | Lemense Cédric 50m: 28.73 100m: 1:00.93 150m: 1:33.44 200m: 2:05.13 | ROSC 02 BEL | 2:04.78 | 2:05.13 | |
| 21. | Coorevits Simon 50m: 27.97 100m: 1:00.05 150m: 1:33.76 200m: 2:05.32 | UZKZ 01 BEL | 2:07.21 | 2:05.32 | |
| 22. | Van Der Vennet Marco 50m: 27.19 100m: 58.12 150m: 1:31.04 200m: 2:05.79 | STZ 02 BEL | 2:06.78 | 2:05.79 | |
| 23. | Boulez Edouard 50m: 29.23 100m: 1:00.84 150m: 1:34.34 200m: 2:05.86 | DDAT 02 BEL | 2:06.27 | 2:05.86 | |
| 24. | Diaz Jordi 50m: 29.72 100m: 1:02.77 150m: 1:36.58 200m: 2:06.02 | GZVN 01 BEL | 2:05.82 | 2:06.02 | |
| 25. | Vriens Arne 50m: 28.69 100m: 1:00.38 150m: 1:33.67 200m: 2:06.08 | AZV 02 BEL | 2:03.50 | 2:06.08 | |
| 26. | Serverius Jordi 50m: 29.11 100m: 1:01.75 150m: 1:34.60 200m: 2:06.62 | MEGA 01 BEL | 2:07.53 | 2:06.62 | |
| 27. | Vandecandelaere Jérôme 50m: 28.59 100m: 1:00.49 150m: 1:34.12 200m: 2:06.63 | IKZ 02 BEL | 2:04.28 | 2:06.63 | |
| 28. | De Cuyper Tibo 50m: 28.27 100m: 1:00.44 150m: 1:34.46 200m: 2:06.71 | HZA 02 BEL | 2:08.01 | 2:06.71 | |
| 29. | Mestdagh Arne 50m: 29.64 100m: 1:01.93 150m: 1:35.01 200m: 2:06.94 | KZK 02 BEL | 2:05.30 | 2:06.94 | |
| 30. | Vlamijnck Jonas 50m: 29.41 100m: 1:01.65 150m: 1:33.99 200m: 2:06.97 | STA 01 BEL | 2:02.89 | 2:06.97 | |
| 31. | De Backer Ruben 50m: 28.86 100m: 1:00.97 150m: 1:34.90 200m: 2:07.52 | KVZP 01 BEL | 2:09.69 | 2:07.52 | |
| 32. | Anderson Max 50m: 28.91 100m: 1:01.33 150m: 1:35.51 200m: 2:08.99 | ZORO 02 GBR | 2:11.17 | 2:08.99 | |

Programmanr. 3, Jongens, 200m vrije slag, Voorronde, 17 - 18 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|-------|--|-------------|---------|----------------|-----|
| 33. | Orban Olivier | STW 02 BEL | 2:08.90 | 2:09.01 | |
| | 50m: 29.29 100m: 1:01.91 150m: 1:35.94 200m: 2:09.01 | | | | |
| 34. | Volders Aiken | BEST 02 BEL | 2:08.62 | 2:09.16 | |
| | 50m: 29.08 100m: 1:01.63 150m: 1:35.53 200m: 2:09.16 | | | | |
| 35. | Gobert Sam | MEGA 02 BEL | 2:13.08 | 2:09.38 | |
| | 50m: 29.28 100m: 1:01.66 150m: 1:35.47 200m: 2:09.38 | | | | |
| 36. | Cokelaere Matthijs | KZK 02 BEL | 2:12.81 | 2:10.49 | |
| | 50m: 29.53 100m: 1:02.57 150m: 1:37.00 200m: 2:10.49 | | | | |
| 37. | Vermeire Arne | OZV 02 BEL | 2:09.62 | 2:10.88 | |
| | 50m: 29.87 100m: 1:03.44 150m: 1:38.33 200m: 2:10.88 | | | | |
| 38. | Van Langendonck Tim | OZV 02 BEL | 2:12.31 | 2:13.00 | |
| | 50m: 29.18 100m: 1:03.68 150m: 1:39.48 200m: 2:13.00 | | | | |
| 39. | Igodt Wout | ZTB 02 BEL | 2:12.65 | 2:14.24 | |
| | 50m: 29.80 100m: 1:03.72 150m: 1:39.60 200m: 2:14.24 | | | | |
| 40. | Franssens Maurits | ZNA 02 BEL | 2:12.62 | 2:14.62 | |
| | 50m: 29.69 100m: 1:03.65 150m: 1:40.04 200m: 2:14.62 | | | | |
| NG.ZA | Scheirlynck Olaf | VZV 02 BEL | 2:13.25 | | |
| NG.ZA | Van Dyck Bram | KST 02 BEL | 2:10.52 | | |
| NG.ZA | Daems Etienne | ZCT 01 BE | 2:03.24 | | |

19 jaar en ouder

| | | | | | |
|-----|--|--------------|---------|----------------|---|
| 1. | De Meulemeester Sébastien | BRABO 98 BEL | 1:49.15 | 1:52.37 | A |
| | 50m: 26.05 100m: 53.84 150m: 1:23.03 200m: 1:52.37 | | | | |
| 2. | Borisavljevic Valentin | LAQUA 97 BEL | 1:49.84 | 1:52.81 | A |
| | 50m: 26.42 100m: 54.23 150m: 1:23.37 200m: 1:52.81 | | | | |
| 3. | Dal Lucas | DM 99 BEL | 1:51.73 | 1:52.89 | A |
| | 50m: 26.42 100m: 54.62 150m: 1:23.50 200m: 1:52.89 | | | | |
| 4. | Weiremans Lorenz | BRABO 96 BEL | 1:49.10 | 1:52.93 | A |
| | 50m: 26.34 100m: 54.33 150m: 1:23.65 200m: 1:52.93 | | | | |
| 5. | Sommeling Bart | OCA 98 NED | 1:51.66 | 1:53.03 | A |
| | 50m: 27.44 100m: 56.20 150m: 1:24.70 200m: 1:53.03 | | | | |
| 6. | Borisavljevic Alexis | LAQUA 97 BEL | 1:51.23 | 1:53.53 | A |
| | 50m: 26.04 100m: 53.99 150m: 1:23.28 200m: 1:53.53 | | | | |
| 7. | Hendrickx Lander | LAQUA 94 BEL | 1:55.15 | 1:53.82 | A |
| | 50m: 27.19 100m: 56.13 150m: 1:25.37 200m: 1:53.82 | | | | |
| 8. | Vandersypen Vincent | BRABO 99 BEL | 1:56.07 | 1:56.24 | B |
| | 50m: 27.28 100m: 56.38 150m: 1:26.27 200m: 1:56.24 | | | | |
| 9. | Van Rossum Raf | BRABO 00 BEL | 1:58.66 | 1:57.27 | B |
| | 50m: 27.32 100m: 56.89 150m: 1:27.56 200m: 1:57.27 | | | | |
| 10. | Van Son Lander | BRABO 99 BEL | 1:56.40 | 1:57.93 | B |
| | 50m: 27.10 100m: 56.83 150m: 1:27.52 200m: 1:57.93 | | | | |
| 11. | Verbeek Bram | LWB 99 BEL | 2:01.13 | 1:58.23 | B |
| | 50m: 26.13 100m: 54.97 150m: 1:26.02 200m: 1:58.23 | | | | |

VK 2019
Antwerpen, 1- - 3-3-2019

Programmanr. 3, Heren, 200m vrije slag, Voorronde, 19 jaar en ouder

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|------|--|--------------|---------|----------------|-----|
| 12. | De Weirdt Jan 50m: 26.63 100m: 55.90 150m: 1:27.24 200m: 1:58.71 | STA 00 BEL | 1:56.14 | 1:58.71 | R |
| 13. | Deblock Lucas 50m: 27.83 100m: 58.20 150m: 1:29.89 200m: 2:00.10 | UZKZ 00 BEL | 2:01.59 | 2:00.10 | R |
| 14. | Bottelier Lars 50m: 27.99 100m: 58.53 150m: 1:29.77 200m: 2:00.20 | OCA 97 NED | 1:57.67 | 2:00.20 | R |
| 15. | Trap Alexander 50m: 28.05 100m: 58.37 150m: 1:28.94 200m: 2:00.66 | BRABO 97 BEL | 1:55.07 | 2:00.66 | |
| 16. | Loones Matthias 50m: 28.68 100m: 59.26 150m: 1:30.83 200m: 2:01.38 | MEGA 97 BEL | 1:59.76 | 2:01.38 | |
| 17. | Rydant Hannes 50m: 28.32 100m: 59.22 150m: 1:30.38 200m: 2:01.46 | MEGA 93 BEL | 2:00.44 | 2:01.46 | |
| 18. | Bark Luca 50m: 27.82 100m: 58.06 150m: 1:30.00 200m: 2:02.07 | AST 00 BEL | 1:59.60 | 2:02.07 | |
| 19. | Wittevrongel Jorik 50m: 28.88 100m: 59.81 150m: 1:32.10 200m: 2:02.59 | MEGA 99 BEL | 2:02.84 | 2:02.59 | |
| 20. | Peeters Yentl 50m: 28.96 100m: 1:00.77 150m: 1:33.82 200m: 2:05.43 | ZCM 00 BEL | 2:07.89 | 2:05.43 | |
| 21. | Oris Tim 50m: 28.48 100m: 1:00.74 150m: 1:34.20 200m: 2:05.91 | DMB 98 BEL | 2:05.56 | 2:05.91 | |
| 22. | Heye Arko 50m: 28.75 100m: 1:01.36 150m: 1:36.00 200m: 2:10.96 | STZ 00 BEL | 2:08.60 | 2:10.96 | |
| 23. | Vandeput Yannick 50m: 29.93 100m: 1:03.44 150m: 1:38.29 200m: 2:13.39 | HZS 94 BEL | 2:11.47 | 2:13.39 | |
| 24. | Huygh Elias 50m: 28.80 100m: 1:02.23 150m: 1:38.43 200m: 2:14.43 | STZ 00 BEL | 2:09.34 | 2:14.43 | |

Programmanr. 4
1-3-2019 - 9:40

Dames, 100m rugslag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|---------|----------------|-------|-----------|-----------|
| Belgisch record | 1:01.13 | Buyts Kimberly | BRABO | Antwerpen | 19-5-2013 |
| Vlaams record | 1:01.13 | Buyts Kimberly | BRABO | Antwerpen | 19-5-2013 |

WK limiet alg.: 1:00.59 / WJK limiet 14 - 17: 1:02.57 / EJK limiet 14 - 16: 1:03.64

Punten:

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|--------------|---|------------|---------|----------------|-----|
| 15 - 16 jaar | | | | | |
| 1. | Decaesstecker Elise 50m: 31.90 100m: 1:04.83 | ZB 04 BEL | 1:05.36 | 1:04.83 | A |
| 2. | Mayeres Nell 50m: 32.64 100m: 1:07.61 | NCH 04 BEL | 1:07.55 | 1:07.61 | B |
| 3. | Van Steen Yinthe 50m: 33.05 100m: 1:07.70 | TZ 03 BEL | 1:08.67 | 1:07.70 | B |

Programmanr. 4, Meisjes, 100m rugslag, Voorrunde, 15 - 16 jaar

| Rang | | | | Geb. | Inshr. | Tijd | Pnt |
|------------|-------------------------|---------------|-----------|------------|----------------|----------------|----------|
| 4. | Gries Laure | CNSW | 04 | BEL | 1:09.48 | 1:08.14 | B |
| | 50m: 32.96 | 100m: 1:08.14 | | | | | |
| 5. | Backes Zoe | SSSV | 04 | BEL | 1:08.53 | 1:09.09 | ? |
| | 50m: 33.48 | 100m: 1:09.09 | | | | | |
| | Derkoningen Flore | GZVN | 04 | BEL | 1:09.86 | 1:09.09 | ? |
| | 50m: 33.58 | 100m: 1:09.09 | | | | | |
| 7. | Garraux Eva | PERRON | 03 | BEL | 1:09.46 | 1:09.23 | R |
| | 50m: 33.34 | 100m: 1:09.23 | | | | | |
| 8. | Gosuin Augustine | MOSAN | 04 | BEL | 1:09.14 | 1:09.53 | R |
| | 50m: 33.24 | 100m: 1:09.53 | | | | | |
| 9. | Vanassche Flore | BZK | 04 | BEL | 1:09.84 | 1:09.54 | R |
| | 50m: 33.57 | 100m: 1:09.54 | | | | | |
| 10. | Vandeputte Silke | BRABO | 03 | BEL | 1:09.39 | 1:09.74 | R |
| | 50m: 33.66 | 100m: 1:09.74 | | | | | |
| 11. | De Keersmaeker Anthe | AART | 04 | BEL | 1:12.72 | 1:10.33 | |
| | 50m: 33.70 | 100m: 1:10.33 | | | | | |
| 12. | Lippens Karo | STW | 04 | BEL | 1:11.27 | 1:10.57 | |
| | 50m: 33.85 | 100m: 1:10.57 | | | | | |
| 13. | Janssen Sien | DMB | 04 | BEL | 1:12.47 | 1:10.76 | |
| | 50m: 34.47 | 100m: 1:10.76 | | | | | |
| 14. | Claes Lieselotte | ZCT | 03 | BEL | 1:09.45 | 1:10.85 | |
| | 50m: 33.84 | 100m: 1:10.85 | | | | | |
| 15. | Thijssen Hanne | DBT | 04 | BEL | 1:13.04 | 1:11.32 | |
| | 50m: 34.58 | 100m: 1:11.32 | | | | | |
| 16. | Kelchtermans Laura | HZS | 04 | BEL | 1:13.11 | 1:11.36 | |
| | 50m: 34.96 | 100m: 1:11.36 | | | | | |
| 17. | Lamotte Eva | BRABO | 03 | BEL | 1:10.20 | 1:11.42 | |
| | 50m: 33.43 | 100m: 1:11.42 | | | | | |
| 18. | Bogaerts Aisha | SCZ | 04 | BEL | 1:11.15 | 1:11.45 | |
| | 50m: 35.17 | 100m: 1:11.45 | | | | | |
| 19. | Van Cauwenberghe Lisa | FIRST | 03 | BEL | 1:11.95 | 1:11.48 | |
| | 50m: 35.02 | 100m: 1:11.48 | | | | | |
| | Tomcsik Kira | TZ | 04 | HUN | 1:12.99 | 1:11.48 | |
| | 50m: 34.70 | 100m: 1:11.48 | | | | | |
| 21. | Dillen Jans | DBT | 03 | BEL | 1:12.76 | 1:11.98 | |
| | 50m: 34.51 | 100m: 1:11.98 | | | | | |
| 22. | Pareijn Luna | DMB | 03 | BEL | 1:11.37 | 1:12.18 | |
| | 50m: 35.01 | 100m: 1:12.18 | | | | | |
| 23. | Claassen Alessia | KST | 04 | BEL | 1:14.77 | 1:12.30 | |
| | 50m: 35.09 | 100m: 1:12.30 | | | | | |
| 24. | Morren Maaïke | BEST | 03 | BEL | 1:12.58 | 1:12.49 | |
| | 50m: 35.59 | 100m: 1:12.49 | | | | | |

Programmanr. 4, Meisjes, 100m rugslag, Voorrunde, 15 - 16 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|-------|--|----------|--------|---------|----------------|
| 24. | Van Varenberg Merel 50m: 35.32 100m: 1:12.49 | FIRST 03 | BEL | 1:11.49 | 1:12.49 |
| 26. | Carlier Silke 50m: 34.53 100m: 1:12.63 | ZCK 03 | BEL | 1:10.25 | 1:12.63 |
| 27. | Lauwers Jitske 50m: 34.79 100m: 1:12.68 | TZ 04 | BEL | 1:11.26 | 1:12.68 |
| 28. | Avalos Llerena Diana 50m: 34.59 100m: 1:12.87 | TZ 04 | BEL | 1:11.51 | 1:12.87 |
| 29. | Keulemans Zsofi 50m: 34.69 100m: 1:12.89 | FIRST 03 | BEL | 1:13.44 | 1:12.89 |
| | Hartog Pippa 50m: 35.35 100m: 1:12.89 | BRABO 03 | BEL | 1:11.44 | 1:12.89 |
| 31. | Steenbeke Frauke 50m: 35.74 100m: 1:13.18 | MEGA 03 | BEL | 1:13.85 | 1:13.18 |
| 32. | Sneppe Diede 50m: 35.31 100m: 1:13.44 | DDAT 03 | BEL | 1:12.89 | 1:13.44 |
| 33. | Moedersheim Ambre 50m: 35.30 100m: 1:13.64 | ZORO 03 | NED | 1:12.92 | 1:13.64 |
| 34. | Angellier Liloue 50m: 35.58 100m: 1:13.68 | ZCT 04 | BEL | 1:13.88 | 1:13.68 |
| 35. | Watelle Anna 50m: 35.59 100m: 1:14.13 | LAQUA 03 | BEL | 1:12.93 | 1:14.13 |
| 36. | Sypré Lotte 50m: 36.45 100m: 1:14.30 | MEGA 03 | BEL | 1:14.46 | 1:14.30 |
| 37. | Marteleur Tille 50m: 36.40 100m: 1:15.95 | ZCT 04 | BEL | 1:15.37 | 1:15.95 |
| NG.ZA | De Beule Troede | BRABO 03 | BEL | 1:13.83 | |

17 - 18 jaar



| | | | | | | |
|----|--|-----------|-----|---------|----------------|---|
| 1. | Smits Jade 50m: 31.06 100m: 1:04.09 | BRABO 01 | BEL | 1:03.86 | 1:04.09 | A |
| 2. | Vandenbussche Indra 50m: 30.94 100m: 1:05.42 | BZK 02 | BEL | 1:05.39 | 1:05.42 | A |
| 3. | Hansenne Nona 50m: 32.10 100m: 1:06.03 | AART 01 | BEL | 1:04.39 | 1:06.03 | A |
| 4. | Van Wallendael Sarah 50m: 31.76 100m: 1:06.11 | BRABO 02 | BEL | 1:05.81 | 1:06.11 | A |
| 5. | Taecke Ine 50m: 32.91 100m: 1:08.79 | DMI 02 | BEL | 1:07.65 | 1:08.79 | B |
| 6. | Garcia Zamora Salomé 50m: 33.31 100m: 1:08.91 | PERRON 01 | BEL | 1:07.49 | 1:08.91 | B |
| 7. | Van Nyverseel Silke 50m: 34.41 100m: 1:09.09 | FIRST 01 | BEL | 1:09.11 | 1:09.09 | ? |

Programmanr. 4, Dames, 100m rugslag, Voorronde, 17 - 18 jaar

| Rang | | | Geb. | | Inshr. | Tijd | Pnt |
|------|-----------------------|---------------|------|-----|---------|----------------|-----|
| 8. | Daemen Sien | DMB | 01 | BEL | 1:08.15 | 1:09.26 | R |
| | 50m: 32.66 | 100m: 1:09.26 | | | | | |
| 9. | Serverius Femke | MEGA | 02 | BEL | 1:07.62 | 1:09.31 | R |
| | 50m: 33.35 | 100m: 1:09.31 | | | | | |
| 10. | Talloen Charlot | FIRST | 02 | BEL | 1:08.08 | 1:10.08 | |
| | 50m: 34.06 | 100m: 1:10.08 | | | | | |
| 11. | Demeyere Anouk | UZKZ | 02 | BEL | 1:09.00 | 1:10.53 | |
| | 50m: 33.74 | 100m: 1:10.53 | | | | | |
| 12. | Vyaene Justine | IKZ | 01 | BEL | 1:10.51 | 1:10.68 | |
| | 50m: 33.69 | 100m: 1:10.68 | | | | | |
| 13. | Brissinck Justine | ROSC | 02 | BEL | 1:10.38 | 1:11.00 | |
| | 50m: 34.74 | 100m: 1:11.00 | | | | | |
| 14. | Brosens Sarah | SHARK | 01 | BEL | 1:10.20 | 1:11.51 | |
| | 50m: 33.71 | 100m: 1:11.51 | | | | | |
| 15. | Vanden Noortgate Iona | AST | 02 | BEL | 1:13.49 | 1:12.23 | |
| | 50m: 34.67 | 100m: 1:12.23 | | | | | |
| 16. | Veryser Jolien | VZV | 01 | BEL | 1:10.09 | 1:12.36 | |
| | 50m: 35.06 | 100m: 1:12.36 | | | | | |
| 17. | Bracke Nell | LZV | 02 | BEL | 1:13.04 | 1:12.44 | |
| | 50m: 33.60 | 100m: 1:12.44 | | | | | |
| 18. | Pieters Jana | HZA | 02 | BEL | 1:13.81 | 1:12.47 | |
| | 50m: 35.14 | 100m: 1:12.47 | | | | | |
| 19. | Van De Velde Sien | SHARK | 01 | BEL | 1:11.10 | 1:12.93 | |
| | 50m: 35.44 | 100m: 1:12.93 | | | | | |
| 20. | Peeters Saar | SHARK | 01 | BEL | 1:11.88 | 1:13.12 | |
| | 50m: 35.40 | 100m: 1:13.12 | | | | | |
| 21. | Harinck Camille | KWZC | 01 | BEL | 1:13.16 | 1:15.03 | |
| | 50m: 36.18 | 100m: 1:15.03 | | | | | |

19 jaar en ouder

| | | | | | | | |
|----|------------------|---------------|----|-----|---------|----------------|---|
| 1. | Tienstra Marieke | OCD | 99 | NED | 1:01.81 | 1:04.27 | A |
| | 50m: 30.64 | 100m: 1:04.27 | | | | | |
| 2. | Goethals Hilkje | MEGA | 95 | BEL | 1:04.90 | 1:05.41 | A |
| | 50m: 31.84 | 100m: 1:05.41 | | | | | |
| 3. | Van Heghe Margot | FIRST | 99 | BEL | 1:06.71 | 1:06.81 | A |
| | 50m: 32.33 | 100m: 1:06.81 | | | | | |
| 4. | Dom Yne | SHARK | 95 | BEL | 1:08.80 | 1:07.80 | B |
| | 50m: 33.03 | 100m: 1:07.80 | | | | | |
| 5. | Verzele Nathalie | BRABO | 94 | BEL | 1:11.94 | 1:08.47 | B |
| | 50m: 32.84 | 100m: 1:08.47 | | | | | |
| 6. | Brissinck Eline | ROSC | 00 | BEL | 1:10.03 | 1:10.55 | |
| | 50m: 34.36 | 100m: 1:10.55 | | | | | |

Programmanr. 4, Dames, 100m rugslag, Voorronde, 19 jaar en ouder

| Rang | Geb. | Inschr. | Tijd | Pnt |
|--------------------|---------------|---------|---------|----------------|
| 7. Haegeman Karen | AST 97 | BEL | 1:10.54 | 1:11.56 |
| 50m: 34.73 | 100m: 1:11.56 | | | |
| 8. Decock Maaïke | KZK 00 | BEL | 1:12.33 | 1:12.24 |
| 50m: 34.21 | 100m: 1:12.24 | | | |
| NG.ZA Goris Mirthe | LAQUA 96 | BEL | 1:04.37 | |

Programmanr. 5
1-3-2019 - 9:58


Heren, 400m wisselslag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|---------|--------------|-------|--------------|-----------|
| Belgisch record | 4:16.71 | Bauwens Ward | BRABO | London (GBR) | 28-7-2012 |
| Vlaams record | 4:16.71 | Bauwens Ward | BRABO | Londen (GBR) | 28-7-2012 |

WK limiet alg.: 4:17.90 / WJK limiet 14 - 18: 4:23.78 / EJK limiet 15 - 17: 4:27.10; 18: 4:26.44 / EYOF limiet 15 - 16: 4:37.05

Punten:

| Rang | Geb. | Inschr. | Tijd | Pnt |
|--|---------------|---------------|---------------|------------------|
| 15 - 16 jaar | | | | |
| 1. Hebb Xander | STW 03 | BEL | 4:49.24 | 4:48.68 A |
| 50m: 29.00 | 150m: 1:41.44 | 250m: 2:59.00 | 350m: 4:15.59 | |
| 100m: 1:03.48 | 200m: 2:18.02 | 300m: 3:40.86 | 400m: 4:48.68 | |
|  2. Tanghe Kasper | BRABO 04 | BEL | 4:52.93 | 4:55.16 B |
| 50m: 30.45 | 150m: 1:46.00 | 250m: 3:03.97 | 350m: 4:21.44 | |
| 100m: 1:07.28 | 200m: 2:24.52 | 300m: 3:45.38 | 400m: 4:55.16 | |
| 3. Heyerick Jens | KZK 03 | BEL | 5:04.08 | 4:56.12 B |
| 50m: 30.75 | 150m: 1:46.04 | 250m: 3:06.94 | 350m: 4:22.79 | |
| 100m: 1:06.89 | 200m: 2:24.05 | 300m: 3:48.26 | 400m: 4:56.12 | |
| 4. Lavdaniti Zhulian Xhoi | ZS 03 | ALB | 4:49.70 | 4:57.33 B |
| 50m: 29.44 | 150m: 1:43.50 | 250m: 3:05.41 | 350m: 4:24.45 | |
| 100m: 1:04.04 | 200m: 2:22.47 | 300m: 3:49.18 | 400m: 4:57.33 | |
| 5. Jaspers Sven | HZS 03 | BEL | 5:03.42 | 5:00.89 B |
| 50m: 31.26 | 150m: 1:44.99 | 250m: 3:07.19 | 350m: 4:27.23 | |
| 100m: 1:06.38 | 200m: 2:23.73 | 300m: 3:52.04 | 400m: 5:00.89 | |
| 6. Deville Louis | PERRON 03 | BEL | 4:54.77 | 5:02.37 B |
| 50m: 30.00 | 150m: 1:44.17 | 250m: 3:06.10 | 350m: 4:27.42 | |
| 100m: 1:05.89 | 200m: 2:21.06 | 300m: 3:50.75 | 400m: 5:02.37 | |
| 7. Meere Jarno | DDAT 03 | BEL | 5:07.12 | 5:02.72 B |
| 50m: 30.91 | 150m: 1:46.56 | 250m: 3:10.58 | 350m: 4:29.91 | |
| 100m: 1:07.21 | 200m: 2:25.65 | 300m: 3:55.35 | 400m: 5:02.72 | |
| 8. Joris Luca | DDAT 03 | BEL | 5:05.82 | 5:03.06 R |
| 50m: 31.67 | 150m: 1:46.79 | 250m: 3:08.22 | 350m: 4:29.16 | |
| 100m: 1:08.79 | 200m: 2:23.54 | 300m: 3:52.81 | 400m: 5:03.06 | |
| 9. Devoldere Henri | KZK 04 | BEL | 5:04.77 | 5:05.86 R |
| 50m: 31.03 | 150m: 1:47.23 | 250m: 3:11.60 | 350m: 4:32.03 | |
| 100m: 1:07.36 | 200m: 2:26.49 | 300m: 3:57.65 | 400m: 5:05.86 | |
| 10. Van den Hoorn Jelle | DMB 04 | BEL | 5:26.51 | 5:05.99 R |
| 50m: 31.47 | 150m: 1:49.84 | 250m: 3:12.76 | 350m: 4:32.92 | |
| 100m: 1:08.69 | 200m: 2:30.14 | 300m: 3:56.15 | 400m: 5:05.99 | |

Programmanr. 5, Jongens, 400m wisselslag, Voorronde, 15 - 16 jaar

| Rang | | | Geb. | | Inshr. | | Tijd | Pnt |
|------|--------------------|---------------|---------------|---------------|---------|----------------|------|-----|
| 11. | De Bruyn Senne | ZCK | 03 | BEL | 5:12.90 | 5:07.82 | R | |
| | 50m: 32.88 | 150m: 1:55.16 | 250m: 3:16.29 | 350m: 4:33.49 | | | | |
| | 100m: 1:12.63 | 200m: 2:36.31 | 300m: 3:57.63 | 400m: 5:07.82 | | | | |
| 12. | Stesmans Jelle | BRABO | 03 | BEL | 5:10.03 | 5:08.16 | R | |
| | 50m: 31.25 | 150m: 1:47.32 | 250m: 3:12.96 | 350m: 4:34.98 | | | | |
| | 100m: 1:07.92 | 200m: 2:26.04 | 300m: 4:00.26 | 400m: 5:08.16 | | | | |
| 13. | Joris Dante | DDAT | 03 | BEL | 5:21.68 | 5:25.80 | | |
| | 50m: 32.16 | 150m: 1:54.27 | 250m: 3:23.88 | 350m: 4:49.20 | | | | |
| | 100m: 1:09.57 | 200m: 2:37.09 | 300m: 4:10.36 | 400m: 5:25.80 | | | | |
| 14. | Camerlynck Mathias | KVZP | 04 | BEL | 5:34.40 | 5:30.45 | | |
| | 50m: 36.23 | 150m: 2:05.33 | 250m: 3:32.45 | 350m: 4:55.15 | | | | |
| | 100m: 1:20.84 | 200m: 2:47.33 | 300m: 4:18.00 | 400m: 5:30.45 | | | | |

17 - 18 jaar



| | | | | | | | |
|-----------|-----------------------|---------------|---------------|---------------|----------------|----------------|----------|
| 1. | Wyns Seppe | SHARK | 02 | BEL | 4:40.77 | 4:38.57 | A |
| | 50m: 27.99 | 150m: 1:36.47 | 250m: 2:51.85 | 350m: 4:06.64 | | | |
| | 100m: 1:01.19 | 200m: 2:11.22 | 300m: 3:34.07 | 400m: 4:38.57 | | | |
| 2. | De Meyer Niels | BRABO | 02 | BEL | 4:42.91 | 4:43.93 | A |
| | 50m: 29.32 | 150m: 1:40.16 | 250m: 2:56.14 | 350m: 4:10.93 | | | |
| | 100m: 1:03.30 | 200m: 2:16.59 | 300m: 3:36.82 | 400m: 4:43.93 | | | |
| 3. | Ardenoy Viktor | BZK | 02 | BEL | 4:45.52 | 4:48.02 | A |
| | 50m: 28.58 | 150m: 1:39.66 | 250m: 2:58.91 | 350m: 4:15.76 | | | |
| | 100m: 1:02.56 | 200m: 2:15.91 | 300m: 3:42.97 | 400m: 4:48.02 | | | |
| 4. | Van Synghel Noah | FIRST | 02 | BEL | 4:49.78 | 4:50.06 | A |
| | 50m: 29.39 | 150m: 1:40.66 | 250m: 2:59.95 | 350m: 4:16.26 | | | |
| | 100m: 1:02.97 | 200m: 2:18.18 | 300m: 3:42.52 | 400m: 4:50.06 | | | |
| 5. | Dejonghe Arnaud | DMI | 02 | BEL | 4:54.44 | 4:54.09 | A |
| | 50m: 29.22 | 150m: 1:43.49 | 250m: 3:03.93 | 350m: 4:21.06 | | | |
| | 100m: 1:04.08 | 200m: 2:21.97 | 300m: 3:46.30 | 400m: 4:54.09 | | | |
| 6. | Dujardin Guillaume | MEGA | 02 | BEL | 4:52.94 | 4:55.11 | B |
| | 50m: 30.63 | 150m: 1:43.89 | 250m: 3:02.01 | 350m: 4:20.01 | | | |
| | 100m: 1:06.00 | 200m: 2:21.25 | 300m: 3:43.86 | 400m: 4:55.11 | | | |
| 7. | Ricquier Joachim | KAZS | 01 | BEL | 5:14.81 | 5:04.85 | R |
| | 50m: 30.51 | 150m: 1:46.54 | 250m: 3:09.64 | 350m: 4:31.48 | | | |
| | 100m: 1:06.36 | 200m: 2:25.78 | 300m: 3:54.92 | 400m: 5:04.85 | | | |
| 8. | Colson Niels | SCSG | 02 | BEL | 5:05.36 | 5:05.69 | R |
| | 50m: 30.29 | 150m: 1:46.75 | 250m: 3:10.88 | 350m: 4:31.69 | | | |
| | 100m: 1:05.27 | 200m: 2:26.68 | 300m: 3:55.31 | 400m: 5:05.69 | | | |
| 9. | Thijssen Robbe | DBT | 02 | BEL | 5:05.48 | 5:11.54 | R |
| | 50m: 31.68 | 150m: 1:49.46 | 250m: 3:12.65 | 350m: 4:34.35 | | | |
| | 100m: 1:09.46 | 200m: 2:29.08 | 300m: 3:57.96 | 400m: 5:11.54 | | | |
| 10. | Boulez Edouard | DDAT | 02 | BEL | 5:19.47 | 5:13.68 | |
| | 50m: 32.88 | 150m: 1:54.50 | 250m: 3:20.72 | 350m: 4:41.72 | | | |
| | 100m: 1:11.39 | 200m: 2:35.19 | 300m: 4:06.72 | 400m: 5:13.68 | | | |
| 11. | Beauthier Killian | KVZP | 02 | BEL | 5:15.08 | 5:13.69 | |
| | 50m: 32.42 | 150m: 1:53.36 | 250m: 3:17.73 | 350m: 4:40.00 | | | |
| | 100m: 1:11.49 | 200m: 2:34.06 | 300m: 4:03.69 | 400m: 5:13.69 | | | |

Programmanr. 5, Jongens, 400m wisselslag, Voorronde, 17 - 18 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|------------|--|----------|--------|---------|-----|
| DIS | Raets Sander | BRABO 02 | BEL | 5:03.76 | |
| | <i>SW 9.4 - een wedstrijdgedeelte (stijl) niet beëindigd (= A) zoals voorgeschreven voor die stijl</i> | | | | |
| DIS | Bellens Jens | SHARK 01 | BEL | 5:14.64 | |
| | <i>SW 7.4.a - beenbewegingen niet gelijktijdig of niet in hetzelfde horizontale vlak uitgevoerd</i> | | | | |

19 jaar en ouder

| | | | | | | |
|----|----------------|---------------|---------------|---------------|----------------|---|
| 1. | Groenhart Jari | OCD 00 | NED | 4:24.96 | 4:35.66 | A |
| | 50m: 28.57 | 150m: 1:38.12 | 250m: 2:51.06 | 350m: 4:03.34 | | |
| | 100m: 1:02.03 | 200m: 2:12.65 | 300m: 3:30.15 | 400m: 4:35.66 | | |
| 2. | Dal Thomas | DM 97 | BEL | 4:21.97 | 4:37.71 | A |
| | 50m: 28.49 | 150m: 1:36.52 | 250m: 2:50.96 | 350m: 4:05.18 | | |
| | 100m: 1:00.99 | 200m: 2:11.12 | 300m: 3:30.97 | 400m: 4:37.71 | | |
| 3. | Samyn Jonas | KZK 00 | BEL | 5:03.22 | 5:00.47 | B |
| | 50m: 30.45 | 150m: 1:47.43 | 250m: 3:08.77 | 350m: 4:27.51 | | |
| | 100m: 1:08.19 | 200m: 2:26.28 | 300m: 3:53.23 | 400m: 5:00.47 | | |

Programmanr. 6
1-3-2019 - 10:21

Dames, 50m vrije slag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|---|-------|----------------|-------|-----------|-----------|
| Belgisch record | 25.37 | Sysmans Jolien | BRABO | Antwerpen | 17-3-2012 |
| Vlaams record | 25.37 | Sysmans Jolien | ZGEEL | Antwerpen | 17-3-2012 |
| WK limiet alg.: 25.04 / WJK limiet 14 - 17: 25.69 / EJK limiet 14 - 16: 25.95 | | | | | |

Punten:

| Rang | | Geb. | Inshr. | Tijd | Pnt | |
|--------------|------------------------|-----------------|------------|--------------|--------------|---|
| 15 - 16 jaar | | | | | | |
| 1. | Van Brabant Zita | ISWIM 03 | BEL | 27.20 | 26.78 | A |
| 2. | Ravelingien Lana | BRABO 03 | BEL | 27.71 | 26.99 | A |
| 3. | Vanhouwaert Lotte | ROSC 04 | BEL | 27.84 | 27.52 | B |
| 4. | Dekervel Emma | ISWIM 04 | BEL | 27.77 | 27.91 | ? |
| 5. | Van Cauwenberghe Lisa | FIRST 03 | BEL | 28.14 | 27.96 | R |
| 6. | Decaesstecker Elise | ZB 04 | BEL | 27.83 | 28.03 | R |
| 7. | Inkaya Dalya | MEGA 03 | BEL | 28.68 | 28.17 | |
| 8. | Mayeres Nell | NCH 04 | BEL | 28.22 | 28.21 | |
| 9. | Vanassche Flore | BZK 04 | BEL | 28.28 | 28.25 | |
| 10. | Feyen Charlotte | BRABO 03 | BEL | 28.49 | 28.30 | |
| 11. | Trop Yana | SHARK 04 | BEL | 28.59 | 28.33 | |
| 12. | Daniëls Lise | ZIOS 03 | BEL | 28.78 | 28.46 | |
| 13. | Delcommune Wiebe | KAZS 03 | BEL | 28.85 | 28.54 | |
| 14. | De Wolf Laura | BZK 03 | BEL | 28.54 | 28.63 | |
| 15. | Garraux Eva | PERRON 03 | BEL | 28.94 | 28.69 | |
| 16. | Avalos Llerena Diana | TZ 04 | BEL | 28.94 | 28.72 | |
| 17. | Lamotte Eva | BRABO 03 | BEL | 28.96 | 28.76 | |
| 18. | Daemen Emma | DMB 03 | BEL | 29.41 | 28.78 | |
| 19. | Pas Inte | ZORO 03 | BEL | 30.20 | 28.91 | |
| 20. | Van Poucke Hanne | MEGA 04 | BEL | 29.55 | 28.92 | |
| | Vavritska Victoria | MEGA 04 | BEL | 30.57 | 28.92 | |

Programmanr. 6, Meisjes, 50m vrije slag, Voorrunde, 15 - 16 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|--------------|-------------------------|---------------------|--------------|--------------|-----|
| 22. | Borgonie Lisa | RZV 03 BEL | 28.88 | 28.97 | |
| 23. | Van Dooren Janne | SHARK 04 BEL | 29.16 | 28.98 | |
| 24. | Wabelle Anna | LAQUA 03 BEL | 29.06 | 29.12 | |
| 25. | Claes Lieselotte | ZCT 03 BEL | 28.46 | 29.16 | |
| 26. | Hartog Pippa | BRABO 03 BEL | 29.02 | 29.29 | |
| 27. | Cornelis Enid | AZL 04 BEL | 29.68 | 29.33 | |
| 28. | Descamps Eleonore | STT 04 BEL | 29.82 | 29.35 | |
| 29. | Van Belle Amber | ZCT 04 BEL | 30.44 | 29.41 | |
| 30. | Demeyer Amandine | ZB 03 BEL | 29.70 | 29.43 | |
| 31. | Vandeputte Silke | BRABO 03 BEL | 29.66 | 29.48 | |
| | Max Lara | TZ 04 BEL | 30.10 | 29.48 | |
| 33. | Dinneweth Axelle | ZTZ 04 BEL | 29.95 | 29.53 | |
| 34. | Backes Zoe | SSSV 04 BEL | 29.08 | 29.54 | |
| | Van Keer Farah | LAQUA 04 BEL | 31.19 | 29.54 | |
| 36. | Lingier Loes | BZK 04 BEL | 30.64 | 29.61 | |
| | Keppens Mare | AST 04 BEL | 30.46 | 29.61 | |
| | Pareijn Luna | DMB 03 BEL | 29.93 | 29.61 | |
| 39. | Crabbe Lore | AST 04 BEL | 30.74 | 29.62 | |
| 40. | Janssen Sien | DMB 04 BEL | 30.29 | 29.63 | |
| 41. | Puttaert Elien | DDAT 04 BEL | 30.38 | 29.87 | |
| 42. | Wijnants Eveline | SHARK 04 BEL | 30.03 | 29.89 | |
| 43. | Leterme Margo | IKZ 04 BEL | 29.60 | 29.93 | |
| 44. | Mondy Yana | UZKZ 04 BEL | 30.36 | 29.95 | |
| 45. | Wels Evy | DBT 04 BEL | 30.24 | 29.96 | |
| 46. | Goris Cato | ZCK 03 BEL | 30.32 | 30.04 | |
| 47. | Nekkebroek Liza | DIZV 04 BEL | 30.42 | 30.08 | |
| 48. | Lingier Jeffe | ROSC 03 BEL | 30.20 | 30.14 | |
| 49. | Swerts Fien | DBT 04 BEL | 31.07 | 30.25 | |
| 50. | Van Varenberg Merel | FIRST 03 BEL | 30.23 | 30.28 | |
| 51. | Van Esbroeck Charlotte | AZK 04 BEL | 30.54 | 30.30 | |
| | Nelis Isaura | MEGA 04 BEL | 30.86 | 30.30 | |
| 53. | Lieten Anke | DBT 04 BEL | 30.03 | 30.33 | |
| 54. | Leyten Hannelore | ZGEEL 04 BEL | 30.35 | 30.40 | |
| 55. | Thijssen Hanne | DBT 04 BEL | 29.74 | 30.47 | |
| 56. | Boux Jana | TZ 04 BEL | 31.05 | 31.16 | |
| NG.ZA | De Beule Troede | BRABO 03 BEL | 29.85 | | |

17 - 18 jaar



| | | | | | |
|-----------|-----------------------------|---------------------|--------------|--------------|----------|
| 1. | Gaspard Florine | CNB 01 BEL | 26.89 | 26.28 | A |
| 2. | Vandenbussche Indra | BZK 02 BEL | 26.47 | 26.38 | A |
| 3. | De Jong Imani | OCA 02 NED | 26.18 | 26.50 | A |
| 4. | De Graaf Julie | ZS 01 BEL | 26.40 | 26.89 | A |
| 5. | Smits Jade | BRABO 01 BEL | 27.60 | 27.38 | B |
| 6. | Garcia Zamora Salomé | PERRON 01 BEL | 27.64 | 27.64 | B |
| 7. | Feys Jutta | BZK 02 BEL | 27.42 | 27.66 | B |
| 8. | Vanhee Steffi | IKZ 01 BEL | 28.24 | 27.85 | B |
| 9. | Van Wallendael Sarah | BRABO 02 BEL | 28.36 | 27.87 | R |
| 10. | Brosens Sarah | SHARK 01 BEL | 27.94 | 27.89 | R |

Programmanr. 6, Dames, 50m vrije slag, Voorronde, 17 - 18 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|------|----------------------|--------------|--------|--------------|-----|
| 11. | Brissinck Justine | ROSC 02 BEL | 27.65 | 27.91 | ? |
| 12. | De Carne Lara | FIRST 02 BEL | 28.57 | 28.04 | R |
| 13. | Van Nyverseel Silke | FIRST 01 BEL | 27.83 | 28.06 | R |
| 14. | Vandendorpe Florence | KZK 02 BEL | 28.02 | 28.15 | |
| | De Heyder Lot | MEGA 02 BEL | 28.58 | 28.15 | |
| 16. | Martens Chloë | BRABO 02 BEL | 28.58 | 28.16 | |
| 17. | Vermeiren Fleur | BRABO 02 BEL | 27.52 | 28.18 | |
| 18. | Mahieu Hannah | UZKZ 02 BEL | 28.43 | 28.30 | |
| 19. | Remmery Anice | KZK 02 BEL | 28.51 | 28.37 | |
| 20. | Talloon Charlot | FIRST 02 BEL | 28.05 | 28.68 | |
| | David Aïcha | LAQUA 01 BEL | 28.44 | 28.68 | |
| 22. | Roskin Lotte | STT 02 BEL | 28.83 | 28.69 | |
| 23. | Pieters Jana | HZA 02 BEL | 28.94 | 28.79 | |
| 24. | Peeters Saar | SHARK 01 BEL | 28.74 | 28.87 | |
| 25. | Van Pelt Marie | ZNA 02 BEL | 29.19 | 28.90 | |
| 26. | Buytaert Lotte | TSZ 02 BEL | 28.61 | 28.91 | |
| 27. | Demeyere Anouk | UZKZ 02 BEL | 28.23 | 28.96 | |
| 28. | Serverius Femke | MEGA 02 BEL | 28.81 | 29.03 | |
| 29. | Taecke Ine | DMI 02 BEL | 28.60 | 29.09 | |
| 30. | Juvyns Leila | ZCT 01 BE | 29.61 | 29.23 | |
| 31. | Theuwis Rune | OZV 02 BEL | 29.72 | 29.32 | |
| 32. | Kennis Nathalie | KST 02 BEL | 30.12 | 29.33 | |
| 33. | Bianchi Dehlya | SCSG 02 BEL | 30.02 | 29.37 | |
| 34. | Van Dyck Nina | HZA 02 BEL | 29.98 | 29.44 | |
| 35. | Wulfrancke Erin | MEGA 02 BEL | 28.86 | 29.48 | |
| 36. | Torfs Nora | KAZS 01 BEL | 29.21 | 29.52 | |
| 37. | Bracke Nell | LZV 02 BEL | 29.65 | 29.58 | |
| 38. | Quanjard Manon | SCSG 02 BEL | 30.10 | 29.66 | |
| 39. | Descamps Axelle | KZK 02 BEL | 29.96 | 29.67 | |
| 40. | Naert Margaux | STA 02 BEL | 29.44 | 29.68 | |
| 41. | Veryser Jolien | VZV 01 BEL | 29.68 | 29.71 | |
| 42. | Peeters Marte | BRABO 01 BEL | 30.07 | 29.82 | |
| 43. | Vyaene Justine | IKZ 01 BEL | 29.89 | 29.83 | |
| | Wulfrancke Elise | MEGA 01 BEL | 29.60 | 29.83 | |
| 45. | Vaerenberg Marlies | ZCT 02 BEL | 30.28 | 29.90 | |
| 46. | Marescaux Camille | RSC 02 BEL | 30.11 | 29.96 | |
| 47. | Harinck Camille | KWZC 01 BEL | 28.63 | 30.10 | |
| 48. | Van Avermaet Merel | TSZ 01 BEL | 30.20 | 30.13 | |
| 49. | Debouck Elena | IKZ 02 BEL | 29.76 | 30.43 | |

19 jaar en ouder

| | | | | | |
|----|-----------------------|---------------|-------|--------------|---|
| 1. | Dumont Juliette | PERRON 00 BEL | 26.42 | 26.45 | A |
| 2. | Tienstra Marieke | OCD 99 NED | 27.42 | 26.59 | A |
| 3. | Palmans Anne | OCA 00 NED | 27.47 | 27.38 | B |
| 4. | Wijns Chloë | BRABO 98 BEL | 26.93 | 27.40 | B |
| 5. | De Keersmaeker Audrey | BRABO 99 BEL | 27.08 | 27.48 | B |
| 6. | Dom Yne | SHARK 95 BEL | 28.37 | 28.07 | |
| 7. | Goethals Hilkje | MEGA 95 BEL | 27.99 | 28.16 | |

Programmanr. 6, Dames, 50m vrije slag, Voorronde, 19 jaar en ouder

| Rang | | Geb. | | Inschr. | Tijd | Pnt |
|-------|-------------------------|-------|----|---------|-------|--------------|
| 8. | Buytaert Fien | TSZ | 00 | BEL | 28.58 | 28.60 |
| 9. | Mattens Edith | KZK | 97 | BEL | 28.94 | 28.70 |
| 10. | Decock Maaike | KZK | 00 | BEL | 28.84 | 28.76 |
| 11. | De Backer Nele | SCSG | 00 | BEL | 28.22 | 28.78 |
| 12. | Verbruggen Laura | SCSG | 99 | BEL | 28.98 | 28.80 |
| 13. | De Mol Romy | BZK | 98 | BEL | 28.52 | 28.94 |
| 14. | Loof Isabelle | FIRST | 97 | BEL | 29.29 | 29.01 |
| 15. | De Baere Marie-Claire | STW | 97 | BEL | 29.32 | 29.14 |
| 16. | Van Nieuwenhove Laurien | MEGA | 99 | BEL | 28.45 | 29.15 |
| 17. | Spincemaille Laura | UZKZ | 00 | BEL | 28.90 | 29.27 |
| 18. | Haegeman Karen | AST | 97 | BEL | 29.49 | 29.52 |
| NG.ZA | Dom Elize | DIZV | 00 | BEL | 29.83 | |

Programmanr. 7
1-3-2019 - 10:38

Heren, 50m schoolslag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|-------|---------------|-----|------|-----------|
| Belgisch record | 27.64 | Caerts Basten | DBT | Gent | 10-5-2018 |
| Vlaams record | 27.64 | Caerts Basten | DBT | Gent | 10-5-2018 |

WK limiet alg.: 27.39 / WJK limiet 14 - 18: 28.33 / EJK limiet 15 - 17: 28.62; 18: 28.62

Punten:

| Rang | | Geb. | | Inschr. | Tijd | Pnt |
|--------------|------------------------|-------|----|---------|-------|--------------|
| 15 - 16 jaar | | | | | | |
| 1. | Ausloos Jens | KAZS | 03 | BEL | 31.75 | 30.93 |
| 2. | Van Keer Yoran | LAQUA | 03 | BEL | 31.95 | 31.39 |
| 3. | Lavdaniti Zhulian Xhoi | ZS | 03 | ALB | 31.77 | 31.96 |
| 4. | Weyts Milan | STW | 04 | BEL | 34.39 | 32.29 |
| 5. | Heyrman Tigo | BRABO | 03 | BEL | 32.61 | 32.32 |
| 6. | Verstraeten Gihao | FIRST | 03 | BEL | 33.37 | 33.12 |
| 7. | Van Den Berghe Sebbe | STZ | 03 | BEL | 33.62 | 33.34 |
| 8. | Vandepitte Alexander | MEGA | 03 | BEL | 34.78 | 33.38 |
| 9. | Lambert Yann | ZNA | 04 | BEL | 34.87 | 34.06 |
| 10. | Verschueren Siebe | BRABO | 04 | BEL | 35.72 | 34.07 |
| | Desmet Milan | KWZC | 03 | BEL | 34.63 | 34.07 |
| 12. | Vanhollebeke Maxence | FIRST | 04 | BEL | 33.57 | 34.08 |
| 13. | Gullentops Axel | HZA | 03 | BEL | 35.39 | 34.21 |
| 14. | De Bruyn Senne | ZCK | 03 | BEL | 33.88 | 34.33 |
| 15. | Van Hoecke Emile | MEGA | 03 | BEL | 34.87 | 34.38 |
| 16. | Saidi Yassin | BRABO | 04 | BEL | 34.47 | 34.46 |
| 17. | Matthijs Laurenz | SCZ | 04 | BEL | 35.12 | 34.54 |
| 18. | Vandendorpe Emile | KWZC | 04 | BEL | 35.74 | 34.80 |
| 19. | Joris Dante | DDAT | 03 | BEL | 35.01 | 35.24 |
| 20. | Zwijns Kevin | ZS | 04 | NED | 35.93 | 35.45 |
| 21. | Verbist Stijn | STW | 04 | BEL | 35.45 | 35.60 |
| 22. | Van De Sompel Jarne | STA | 04 | BEL | 35.78 | 35.62 |

Programmanr. 7, Heren, 50m schoolslag, Voorronde

17 - 18 jaar

| | | | | | | | |
|-------|--------------------|-------|----|-----|-------|--------------|---|
| 1. | Boertien Stijn | OCD | 01 | NED | 29.44 | 29.24 | A |
| 2. | Grondel Charles | SCSG | 02 | BEL | 29.70 | 29.67 | A |
| 3. | Ruijten Sander | DMB | 01 | BEL | 30.49 | 30.79 | A |
| 4. | De Schryver Noah | ZNA | 01 | BEL | 31.07 | 31.18 | B |
| 5. | Vanderhulst Midas | STT | 01 | BEL | 31.80 | 31.28 | B |
| 6. | Janssens Renzo | BRABO | 02 | BEL | 31.14 | 31.37 | B |
| 7. | Dekimpe Bregt | STT | 01 | BEL | 32.02 | 31.47 | B |
| 8. | Mestdagh Arne | KZK | 02 | BEL | 32.01 | 31.49 | B |
| 9. | Cleymans Karsten | STZ | 02 | BEL | 32.46 | 31.74 | R |
| 10. | Berquin Luka | ISWIM | 02 | BEL | 33.09 | 32.42 | |
| 11. | Verstraete Jaron | ZB | 01 | BEL | 32.88 | 32.44 | |
| 12. | Volders Aiken | BEST | 02 | BEL | 32.59 | 32.66 | |
| 13. | Claesen Tijs | ZDKB | 02 | BEL | 34.83 | 32.68 | |
| 14. | Orban Olivier | STW | 02 | BEL | 32.84 | 32.74 | |
| 15. | Heidbuchel Hendrik | LAQUA | 01 | BEL | 34.21 | 33.02 | |
| 16. | De Cuyper Tibo | HZA | 02 | BEL | 33.40 | 33.25 | |
| 17. | Jonckheere Yori | RSC | 02 | BEL | 35.28 | 33.39 | |
| 18. | Peeters Jaron | ZNA | 02 | BEL | 34.11 | 33.54 | |
| 19. | Thijssen Robbe | DBT | 02 | BEL | 33.43 | 33.59 | |
| 20. | Wakker Damon | ZCM | 01 | BEL | 33.02 | 33.67 | |
| 21. | Anderson Max | ZORO | 02 | GBR | 34.80 | 33.69 | |
| 22. | Cokelaere Matthijs | KZK | 02 | BEL | 34.78 | 34.70 | |
| 23. | Vermeire Arne | OZV | 02 | BEL | 35.18 | 36.07 | |
| NG.ZA | Van Dyck Bram | KST | 02 | BEL | 34.77 | | |

19 jaar en ouder

| | | | | | | | |
|-------|-----------------------|-------|----|-----|-------|--------------|---|
| 1. | Oegretir Berkay Oemer | TUR | 98 | TUR | 27.89 | 28.97 | A |
| 2. | Callewaert Niels | BRABO | 00 | BEL | 29.30 | 29.58 | A |
| 3. | Dewulf Gillian | KZK | 96 | BEL | 29.78 | 30.32 | A |
| 4. | Vaernewyck Xander | KZK | 99 | BEL | 30.70 | 30.71 | A |
| 5. | Vranckx Bjarne | BEST | 99 | BEL | 30.98 | 30.75 | A |
| 6. | Rydant Hannes | MEGA | 93 | BEL | 30.99 | 31.38 | B |
| 7. | Oris Tim | DMB | 98 | BEL | 31.98 | 31.68 | R |
| 8. | Decuyper Brecht | MEGA | 00 | BEL | 32.28 | 31.73 | R |
| 9. | Vandorpe Aaron | RSC | 00 | BEL | 32.03 | 31.83 | ? |
| | Delbecque Tore | GOLD | 00 | BEL | 31.11 | 31.83 | ? |
| 11. | Heye Arko | STZ | 00 | BEL | 31.87 | 31.91 | R |
| 12. | Leemans Mats | STZ | 99 | BEL | 32.70 | 32.68 | |
| 13. | Vandendorpe Henri | KWZC | 00 | BEL | 33.36 | 32.93 | |
| 14. | Berteloot Ruben | RZV | 92 | BEL | 33.90 | 34.68 | |
| NG.ZA | Dijkstra Juri | OCA | 00 | NED | 28.21 | | |

Programmanr. 8 Dames, 200m vlinderslag 15 jaar en ouder
1-3-2019 - 10:47 Resultaten Voorronde

Belgisch record 2:10.78 DUMONT Valentine NOC Netanya (ISR) 28-6-2017
Vlaams record 2:12.41 Buelens Griet FAST Molenbeek 1-5-2008

WK limiet alg.: 2:09.21 / WJK limiet 14 - 17: 2:14.74 / EJK limiet 14 - 16: 2:17.81

Punten:

| Rang | Geb. | Inschr. | Tijd | Pnt |
|-------------------------|---|--------------|---------|------------------|
| 15 - 16 jaar | | | | |
| 1. | Wauters Laura | STT 03 BEL | 2:24.91 | 2:23.72 A |
| | 50m: 32.44 100m: 1:09.29 150m: 1:45.61 200m: 2:23.72 | | | |
| 2. | Maerevoet Marie | SHARK 04 BEL | 2:29.92 | 2:26.92 A |
| | 50m: 32.95 100m: 1:10.41 150m: 1:48.60 200m: 2:26.92 | | | |
| 3. | Deconinck Gaëlle | BZK 04 BEL | 2:25.84 | 2:27.13 A |
| | 50m: 33.18 100m: 1:11.49 150m: 1:50.54 200m: 2:27.13 | | | |
| 4. | Van Steen Yinthe | TZ 03 BEL | 2:35.66 | 2:32.04 A |
| | 50m: 32.51 100m: 1:11.64 150m: 1:51.91 200m: 2:32.04 | | | |
| 5. | Vandewal Britt | OZV 03 BEL | 2:36.87 | 2:36.07 A |
| | 50m: 34.24 100m: 1:14.44 150m: 1:54.98 200m: 2:36.07 | | | |
| 6. | Kelchtermans Laura | HZS 04 BEL | 2:39.16 | 2:39.91 R |
| | 50m: 34.17 100m: 1:15.57 150m: 1:58.11 200m: 2:39.91 | | | |
| 7. | Tomcsik Kira | TZ 04 HUN | 2:41.66 | 2:44.01 R |
| | 50m: 33.98 100m: 1:15.88 150m: 2:01.95 200m: 2:44.01 | | | |
| NG.ZA | Lauwers Jitske | TZ 04 BEL | 2:35.13 | |
| 17 - 18 jaar | | | | |
| 1. | Rombout Lisa | HZA 01 BEL | 2:25.66 | 2:28.40 A |
| | 50m: 30.81 100m: 1:07.23 150m: 1:47.86 200m: 2:28.40 | | | |
| 2. | Van Steen Ayko | TZ 01 BEL | 2:33.32 | 2:40.82 R |
| | 50m: 33.26 100m: 1:13.25 150m: 1:56.46 200m: 2:40.82 | | | |
| DIS | De Duffeleer Jolien | DMI 02 BEL | 2:32.90 | |
| | <i>SW 10.2 - niet de volledige afstand gezwommen</i> | | | |
| DIS | Marceniuk Marijke | HZS 02 BEL | 2:31.06 | |
| | <i>SW 8.4 - niet met 2 handen gelijktijdig muur geraakt en/of handen op elkaar gelegd bij KP of A</i> | | | |
| 19 jaar en ouder | | | | |
| 1. | Van Heghe Margot | FIRST 99 BEL | 2:21.30 | 2:23.19 A |
| | 50m: 31.77 100m: 1:07.83 150m: 1:46.82 200m: 2:23.19 | | | |
| 2. | Haenebalcke Laure | MEGA 98 BEL | 2:27.03 | 2:29.44 A |
| | 50m: 31.98 100m: 1:08.78 150m: 1:47.73 200m: 2:29.44 | | | |

Programmanr. 9 Heren, 100m vlinderslag 15 jaar en ouder
1-3-2019 - 10:53 Resultaten Voorronde

Belgisch record 52.22 Heersbrandt François WN London (GBR) 2-8-2012
Vlaams record 52.74 Croenen Louis SHARK Budapest (HUN) 28-7-2017

WK limiet alg.: 51.96 / WJK limiet 14 - 18: 53.56 / EJK limiet 15 - 17: 54.50; 18: 54.10 / EYOF limiet 15 - 16: 56.29

Punten:

| Rang | Geb. | Inschr. | Tijd | Pnt |
|--------------------------|---------------|---------|---------|-------------------------|
| 15 - 16 jaar | | | | |
| 1. Hebb Xander | STW 03 | BEL | 1:00.12 | 59.47 B |
| 50m: 27.95 | 100m: 59.47 | | | |
| 2. Devos Abel | DMI 03 | BEL | 59.49 | 59.54 B |
| 50m: 27.53 | 100m: 59.54 | | | |
| 3. Berx Robbe | STT 03 | BEL | 1:01.52 | 1:00.14 R |
| 50m: 28.10 | 100m: 1:00.14 | | | |
| 4. Spleers Mauro | FIRST 03 | BEL | 1:01.11 | 1:00.67 R |
| 50m: 27.68 | 100m: 1:00.67 | | | |
| 5. Geuens Lars | OZV 03 | BEL | 1:03.95 | 1:01.04 |
| 50m: 27.71 | 100m: 1:01.04 | | | |
| 6. Guillemyn Lucas | KZK 03 | BEL | 1:03.05 | 1:01.17 |
| 50m: 29.48 | 100m: 1:01.17 | | | |
| 7. Van Rompaey Senne | BRABO 03 | BEL | 1:01.20 | 1:01.72 (oorontsteking) |
| 50m: 28.63 | 100m: 1:01.72 | | | |
| 8. Veryser Joeri | VZV 03 | BEL | 1:02.24 | 1:01.97 |
| 50m: 29.30 | 100m: 1:01.97 | | | |
| 9. Heyerick Jens | KZK 03 | BEL | 1:02.71 | 1:02.02 |
| 50m: 29.11 | 100m: 1:02.02 | | | |
| 10. Okens Jari | ZCK 03 | BEL | 1:01.59 | 1:02.86 |
| 50m: 28.93 | 100m: 1:02.86 | | | |
| 11. Haesaert Elias | BZK 03 | BEL | 1:06.02 | 1:02.89 |
| 50m: 29.44 | 100m: 1:02.89 | | | |
| 12. Hillaert Tibo | MEGA 04 | BEL | 1:05.76 | 1:02.95 |
| 50m: 28.83 | 100m: 1:02.95 | | | |
| 13. Gielen Yordi | DMB 03 | BEL | 1:06.11 | 1:03.11 |
| 50m: 29.12 | 100m: 1:03.11 | | | |
| 14. Raemaekers Louis | AZL 03 | BEL | 1:05.38 | 1:03.49 |
| 50m: 30.12 | 100m: 1:03.49 | | | |
| 15. Defloor Emile | HZA 03 | BEL | 1:05.00 | 1:03.82 |
| 50m: 30.05 | 100m: 1:03.82 | | | |
| 16. Stesmans Jelle | BRABO 03 | BEL | 1:06.66 | 1:04.11 |
| 50m: 30.20 | 100m: 1:04.11 | | | |
| 17. Vande Castele Bjarne | GOLD 04 | BEL | 1:06.67 | 1:04.31 |
| 50m: 28.96 | 100m: 1:04.31 | | | |
| 18. Hollanders Ian | SHARK 03 | BEL | 1:05.14 | 1:04.38 |
| 50m: 29.44 | 100m: 1:04.38 | | | |

Programmanr. 9, Jongens, 100m vlinderslag, Voorronde, 15 - 16 jaar

| Rang | | | Geb. | | Inshr. | Tijd | Pnt |
|------|---------------------|---------------|------|-----|---------|----------------|-----|
| 19. | Meere Jarno | DDAT | 03 | BEL | 1:04.39 | 1:04.40 | |
| | 50m: 29.27 | 100m: 1:04.40 | | | | | |
| 20. | Devoldere Henri | KZK | 04 | BEL | 1:02.91 | 1:04.42 | |
| | 50m: 30.72 | 100m: 1:04.42 | | | | | |
| 21. | Fruyt Arno | STT | 03 | BEL | 1:05.87 | 1:04.56 | |
| | 50m: 30.48 | 100m: 1:04.56 | | | | | |
| | Moreau Dylan | AART | 04 | BEL | 1:05.18 | 1:04.56 | |
| | 50m: 30.56 | 100m: 1:04.56 | | | | | |
| 23. | Verbeek Sem | SHARK | 04 | BEL | 1:07.46 | 1:05.54 | |
| | 50m: 29.60 | 100m: 1:05.54 | | | | | |
| 24. | Van Eetvelde Kasper | AZK | 03 | BEL | 1:06.16 | 1:05.57 | |
| | 50m: 29.86 | 100m: 1:05.57 | | | | | |
| 25. | Joris Luca | DDAT | 03 | BEL | 1:06.34 | 1:05.64 | |
| | 50m: 30.69 | 100m: 1:05.64 | | | | | |
| 26. | Laureyssens Daniel | ZS | 04 | BEL | 1:07.47 | 1:05.74 | |
| | 50m: 30.40 | 100m: 1:05.74 | | | | | |
| 27. | Vandycke Lennert | ROSC | 04 | BEL | 1:08.06 | 1:06.35 | |
| | 50m: 31.13 | 100m: 1:06.35 | | | | | |
| 28. | Claeys Oscar | MEGA | 04 | BEL | 1:07.63 | 1:06.94 | |
| | 50m: 30.22 | 100m: 1:06.94 | | | | | |

17 - 18 jaar

| | | | | | | | |
|-----|----------------------|---------------|----|-----|---------|----------------|---|
| 1. | Ruijten Sander | DMB | 01 | BEL | 58.71 | 58.32 | A |
| | 50m: 27.15 | 100m: 58.32 | | | | | |
| 2. | Dejonghe Arnaud | DMI | 02 | BEL | 58.59 | 58.47 | A |
| | 50m: 27.14 | 100m: 58.47 | | | | | |
| 3. | Liekens Jasper | SHARK | 02 | BEL | 59.22 | 59.13 | A |
| | 50m: 27.78 | 100m: 59.13 | | | | | |
| 4. | Camps Roeland | STT | 01 | BEL | 59.62 | 59.19 | B |
| | 50m: 27.86 | 100m: 59.19 | | | | | |
| 5. | Van Synghel Noah | FIRST | 02 | BEL | 59.75 | 59.21 | B |
| | 50m: 27.53 | 100m: 59.21 | | | | | |
| 6. | Horemans Ruben | SHARK | 01 | BEL | 1:00.56 | 59.68 | B |
| | 50m: 27.48 | 100m: 59.68 | | | | | |
| 7. | Verhaeghe Robbe Does | DMI | 01 | BEL | 58.99 | 59.87 | B |
| | 50m: 28.43 | 100m: 59.87 | | | | | |
| 8. | Ardenoy Viktor | BZK | 02 | BEL | 59.86 | 1:00.08 | B |
| | 50m: 27.95 | 100m: 1:00.08 | | | | | |
| 9. | Ivanov Nikita | BRABO | 01 | KGZ | 1:02.04 | 1:00.59 | R |
| | 50m: 28.50 | 100m: 1:00.59 | | | | | |
| 10. | Leroux Jef | MEGA | 02 | BEL | 1:02.24 | 1:00.74 | R |
| | 50m: 27.91 | 100m: 1:00.74 | | | | | |

Programmanr. 9, Jongens, 100m vlinderslag, Voorronde, 17 - 18 jaar

| Rang | | Geb. | Inshr. | Tijd | Pnt |
|------------------|--|----------|--------|---------|-----------|
| 11. | Braekeveld Tibo 50m: 27.70 100m: 1:00.89 | UZKZ 01 | BEL | 1:03.32 | 1:00.89 R |
| 12. | Van De Weyer Jorre 50m: 28.44 100m: 1:00.98 | ZGEEL 01 | BEL | 1:00.41 | 1:00.98 R |
| 13. | Gantois Olivier 50m: 28.66 100m: 1:01.05 | MEGA 02 | BEL | 1:01.09 | 1:01.05 |
| 14. | Diaz Jordi 50m: 27.60 100m: 1:01.58 | GZVN 01 | BEL | 1:02.52 | 1:01.58 |
| 15. | De Schryver Noah 50m: 28.66 100m: 1:01.59 | ZNA 01 | BEL | 1:02.81 | 1:01.59 |
| 16. | Voglar Robbe 50m: 28.94 100m: 1:01.60 | DMB 02 | BEL | 1:03.02 | 1:01.60 |
| 17. | Claeys Arthur 50m: 29.17 100m: 1:01.78 | MEGA 02 | BEL | 1:02.12 | 1:01.78 |
| 18. | Al Tuwajari Mustafa 50m: 28.60 100m: 1:02.10 | BRABO 02 | IRQ | 1:02.23 | 1:02.10 |
| 19. | Lauwers Sander 50m: 28.01 100m: 1:02.31 | BRABO 01 | BEL | 1:01.41 | 1:02.31 |
| 20. | Abdulhussain Zaid 50m: 29.26 100m: 1:02.86 | DMI 02 | IRQ | 1:03.00 | 1:02.86 |
| 21. | Vandecandelaere Jérôme 50m: 29.31 100m: 1:03.54 | IKZ 02 | BEL | 1:02.48 | 1:03.54 |
| 22. | Vriens Arne 50m: 29.90 100m: 1:04.18 | AZV 02 | BEL | 1:03.90 | 1:04.18 |
| | Vlamijnck Jonas 50m: 29.90 100m: 1:04.18 | STA 01 | BEL | 1:03.25 | 1:04.18 |
| 24. | Defloor Jules 50m: 29.27 100m: 1:04.20 | HZA 01 | BEL | 1:04.56 | 1:04.20 |
| DIS | Franckx Stan SW 4.4 - valse start | STT 02 | BEL | 59.14 | |
| NG.ZA | Kenis Lander | ZGEEL 01 | BEL | 1:04.03 | |
| 19 jaar en ouder | | | | | |
| 1. | Krijgsman Jens 50m: 26.18 100m: 56.76 | OCA 99 | NED | 55.10 | 56.76 A |
| 2. | De Bruin Junior 50m: 26.51 100m: 56.94 | OCD 00 | NED | 55.50 | 56.94 A |
| 3. | Vandersypen Vincent 50m: 27.45 100m: 57.71 | BRABO 99 | BEL | 56.91 | 57.71 A |
| 4. | Terryn Julien 50m: 27.66 100m: 58.93 | RSC 93 | BEL | 58.04 | 58.93 A |
| 5. | Peters Bert 50m: 27.15 100m: 59.16 | MEGA 92 | BEL | 58.00 | 59.16 A |

Programmanr. 9, Heren, 100m vlinderslag, Voorronde, 19 jaar en ouder

| Rang | | | Geb. | | Inschr. | Tijd | Pnt |
|------|--------------------|---------------|------|-----|---------|----------------|-----|
| 6. | Peeters Yentl | ZCM | 00 | BEL | 1:00.93 | 1:00.06 | B |
| | 50m: 27.79 | 100m: 1:00.06 | | | | | |
| 7. | Verbeek Bram | LWB | 99 | BEL | 59.93 | 1:00.51 | R |
| | 50m: 27.42 | 100m: 1:00.51 | | | | | |
| 8. | Samyn Jonas | KZK | 00 | BEL | 1:00.93 | 1:00.82 | R |
| | 50m: 28.35 | 100m: 1:00.82 | | | | | |
| 9. | Vanderhulst Kasper | STT | 00 | BEL | 1:01.30 | 1:01.11 | |
| | 50m: 27.97 | 100m: 1:01.11 | | | | | |
| 10. | Laceur Joni | BEST | 98 | BEL | 1:00.84 | 1:01.42 | |
| | 50m: 28.51 | 100m: 1:01.42 | | | | | |
| 11. | Wittevrongel Jorik | MEGA | 99 | BEL | 1:02.70 | 1:01.52 | |
| | 50m: 28.71 | 100m: 1:01.52 | | | | | |
| 12. | Lippens Rino | STW | 00 | BEL | 1:02.08 | 1:01.85 | |
| | 50m: 28.69 | 100m: 1:01.85 | | | | | |
| 13. | Guldentops Kevin | FIRST | 00 | BEL | 1:00.80 | 1:02.38 | |
| | 50m: 28.91 | 100m: 1:02.38 | | | | | |
| 14. | Van Rossum Raf | BRABO | 00 | BEL | 1:02.53 | 1:02.55 | |
| | 50m: 28.85 | 100m: 1:02.55 | | | | | |
| 15. | Decuyper Brecht | MEGA | 00 | BEL | 1:02.77 | 1:03.56 | |
| | 50m: 30.26 | 100m: 1:03.56 | | | | | |
| 16. | Thierens Jarno | STW | 98 | BEL | 1:05.84 | 1:07.76 | |
| | 50m: 30.85 | 100m: 1:07.76 | | | | | |

Programmanr. 10
1-3-2019 - 11:08

Dames, 400m vrije slag

15 jaar en ouder
Resultaten Voorronde

| | | | | | |
|-----------------|---------|------------------|-------|------------------------|-----------|
| Belgisch record | 4:11.12 | Dumont Valentine | NOC | Rome (ITA) | 29-6-2018 |
| Vlaams record | 4:13.57 | Goris Lotte | BRABO | Hodmezovasarhely (HUN) | 7-7-2016 |

WK limiet alg.: 4:10.57 / WJK limiet 14 - 17: 4:14.98 / EJK limiet 14 - 16: 4:20.08

Punten:

| Rang | | | Geb. | | Inschr. | Tijd | Pnt |
|--------------|---------------|---------------|---------------|---------------|---------|----------------|-----|
| 15 - 16 jaar | | | | | | | |
| 1. | Inkaya Dalya | MEGA | 03 | BEL | 4:29.55 | 4:32.87 | A |
| | 50m: 30.08 | 150m: 1:37.80 | 250m: 2:47.77 | 350m: 3:58.76 | | | |
| | 100m: 1:03.36 | 200m: 2:13.04 | 300m: 3:23.00 | 400m: 4:32.87 | | | |
| 2. | Khiyara Lina | PERRON | 03 | BEL | 4:32.18 | 4:34.31 | A |
| | 50m: 30.64 | 150m: 1:39.00 | 250m: 2:49.31 | 350m: 3:59.84 | | | |
| | 100m: 1:04.23 | 200m: 2:14.21 | 300m: 3:24.42 | 400m: 4:34.31 | | | |
| 3. | Lingier Loes | BZK | 04 | BEL | 4:43.24 | 4:40.27 | B |
| | 50m: 31.11 | 150m: 1:41.81 | 250m: 2:53.48 | 350m: 4:05.32 | | | |
| | 100m: 1:06.15 | 200m: 2:17.66 | 300m: 3:29.59 | 400m: 4:40.27 | | | |
| 4. | Gries Laure | CNSW | 04 | BEL | 4:38.90 | 4:40.31 | B |
| | 50m: 31.00 | 150m: 1:41.02 | 250m: 2:52.71 | 350m: 4:05.30 | | | |
| | 100m: 1:05.79 | 200m: 2:16.87 | 300m: 3:29.14 | 400m: 4:40.31 | | | |

Programmanr. 10, Meisjes, 400m vrije slag, Voorrunde, 15 - 16 jaar

| Rang | | | Geb. | | Inshr. | Tijd | Pnt |
|------|-------------------|---------------|---------------|---------------|---------|----------------|-----|
| 5. | Gosuin Augustine | | MOSAN 04 | BEL | 4:46.01 | 4:40.62 | B |
| | 50m: 31.92 | 150m: 1:41.38 | 250m: 2:52.87 | 350m: 4:06.14 | | | |
| | 100m: 1:06.31 | 200m: 2:17.17 | 300m: 3:29.16 | 400m: 4:40.62 | | | |
| 6. | Mastsiapan Darya | | MEGA 04 | BEL | 4:38.19 | 4:44.02 | R |
| | 50m: 31.89 | 150m: 1:42.39 | 250m: 2:55.25 | 350m: 4:08.48 | | | |
| | 100m: 1:06.96 | 200m: 2:18.56 | 300m: 3:32.03 | 400m: 4:44.02 | | | |
| 7. | Sneppe Diede | | DDAT 03 | BEL | 4:42.80 | 4:46.18 | R |
| | 50m: 30.97 | 150m: 1:40.69 | 250m: 2:53.98 | 350m: 4:09.28 | | | |
| | 100m: 1:05.44 | 200m: 2:17.09 | 300m: 3:31.86 | 400m: 4:46.18 | | | |
| 8. | Truye Alexine | | GOLD 04 | BEL | 4:52.16 | 4:46.52 | R |
| | 50m: 33.12 | 150m: 1:46.33 | 250m: 2:59.55 | 350m: 4:11.44 | | | |
| | 100m: 1:09.36 | 200m: 2:23.35 | 300m: 3:36.09 | 400m: 4:46.52 | | | |
| 9. | Morren Maaïke | | BEST 03 | BEL | 4:50.57 | 4:48.58 | |
| | 50m: 32.63 | 150m: 1:46.35 | 250m: 3:01.09 | 350m: 4:14.64 | | | |
| | 100m: 1:09.39 | 200m: 2:24.12 | 300m: 3:38.41 | 400m: 4:48.58 | | | |
| 10. | Trop Yana | | SHARK 04 | BEL | 4:44.93 | 4:49.43 | |
| | 50m: 30.77 | 150m: 1:41.41 | 250m: 2:56.81 | 350m: 4:12.58 | | | |
| | 100m: 1:04.84 | 200m: 2:18.97 | 300m: 3:34.87 | 400m: 4:49.43 | | | |
| 11. | Carlier Silke | | ZCK 03 | BEL | 4:55.27 | 4:49.47 | |
| | 50m: 32.64 | 150m: 1:46.73 | 250m: 3:00.89 | 350m: 4:14.87 | | | |
| | 100m: 1:09.14 | 200m: 2:24.12 | 300m: 3:38.43 | 400m: 4:49.47 | | | |
| 12. | Puttaert Elien | | DDAT 04 | BEL | 4:56.38 | 4:49.64 | |
| | 50m: 33.02 | 150m: 1:47.14 | 250m: 3:01.58 | 350m: 4:14.98 | | | |
| | 100m: 1:09.86 | 200m: 2:25.14 | 300m: 3:38.72 | 400m: 4:49.64 | | | |
| 13. | Derkoningen Flore | | GZVN 04 | BEL | 5:06.16 | 4:49.95 | |
| | 50m: 31.01 | 150m: 1:42.09 | 250m: 2:57.42 | 350m: 4:13.07 | | | |
| | 100m: 1:05.83 | 200m: 2:19.46 | 300m: 3:35.15 | 400m: 4:49.95 | | | |
| 14. | Daemen Emma | | DMB 03 | BEL | 4:50.28 | 4:49.97 | |
| | 50m: 32.55 | 150m: 1:45.53 | 250m: 3:00.49 | 350m: 4:15.57 | | | |
| | 100m: 1:08.49 | 200m: 2:22.58 | 300m: 3:37.76 | 400m: 4:49.97 | | | |
| 15. | Keppens Mare | | AST 04 | BEL | 4:54.73 | 4:50.63 | |
| | 50m: 32.13 | 150m: 1:46.54 | 250m: 3:01.98 | 350m: 4:16.40 | | | |
| | 100m: 1:08.82 | 200m: 2:24.25 | 300m: 3:39.49 | 400m: 4:50.63 | | | |
| 16. | Wijnants Eveline | | SHARK 04 | BEL | 4:48.67 | 4:50.97 | |
| | 50m: 31.81 | 150m: 1:44.28 | 250m: 2:59.56 | 350m: 4:14.92 | | | |
| | 100m: 1:07.38 | 200m: 2:21.88 | 300m: 3:37.42 | 400m: 4:50.97 | | | |
| 17. | Cornelissen Dali | | BRABO 04 | BEL | 4:48.21 | 4:51.54 | |
| | 50m: 32.60 | 150m: 1:45.28 | 250m: 2:59.14 | 350m: 4:14.54 | | | |
| | 100m: 1:08.41 | 200m: 2:22.45 | 300m: 3:36.68 | 400m: 4:51.54 | | | |
| 18. | Cornelis Enid | | AZL 04 | BEL | 4:53.81 | 4:53.78 | |
| | 50m: 32.48 | 150m: 1:46.89 | 250m: 3:02.60 | 350m: 4:17.97 | | | |
| | 100m: 1:08.98 | 200m: 2:24.49 | 300m: 3:40.54 | 400m: 4:53.78 | | | |
| 19. | Lippens Karo | | STW 04 | BEL | 5:03.39 | 4:54.55 | |
| | 50m: 32.65 | 150m: 1:47.75 | 250m: 3:03.64 | 350m: 4:18.43 | | | |
| | 100m: 1:09.66 | 200m: 2:25.97 | 300m: 3:41.39 | 400m: 4:54.55 | | | |
| 20. | Pigeon Kelly | | KVZP 03 | BEL | 4:57.09 | 4:54.59 | |
| | 50m: 34.47 | 150m: 1:48.98 | 250m: 3:03.70 | 350m: 4:18.66 | | | |
| | 100m: 1:11.37 | 200m: 2:26.25 | 300m: 3:41.16 | 400m: 4:54.59 | | | |

Programmanr. 10, Meisjes, 400m vrije slag, Voorrunde, 15 - 16 jaar

| Rang | | | Geb. | | Inshr. | Tijd | Pnt |
|------------|-------------------------|---------------|---------------|---------------|----------------|----------------|-----|
| 21. | Wattle Anna | LAQUA | 03 | BEL | 4:57.09 | 4:56.86 | |
| | 50m: 32.72 | 150m: 1:47.32 | 250m: 3:03.07 | 350m: 4:19.61 | | | |
| | 100m: 1:09.83 | 200m: 2:25.56 | 300m: 3:41.53 | 400m: 4:56.86 | | | |
| 22. | Espeel Charlotte | RZV | 03 | BEL | 4:58.66 | 4:57.86 | |
| | 50m: 33.60 | 150m: 1:47.14 | 250m: 3:02.25 | 350m: 4:19.65 | | | |
| | 100m: 1:10.14 | 200m: 2:24.74 | 300m: 3:40.61 | 400m: 4:57.86 | | | |
| 23. | Vandeputte Silke | BRABO | 03 | BEL | 4:51.50 | 4:58.22 | |
| | 50m: 32.11 | 150m: 1:47.08 | 250m: 3:03.10 | 350m: 4:20.84 | | | |
| | 100m: 1:09.20 | 200m: 2:25.43 | 300m: 3:42.01 | 400m: 4:58.22 | | | |
| 24. | Avalos Llerena Diana | TZ | 04 | BEL | 4:57.06 | 4:59.01 | |
| | 50m: 32.58 | 150m: 1:50.24 | 250m: 3:08.36 | 350m: 4:23.45 | | | |
| | 100m: 1:10.92 | 200m: 2:29.33 | 300m: 3:46.52 | 400m: 4:59.01 | | | |
| 25. | Crabbe Lore | AST | 04 | BEL | 5:03.61 | 5:00.30 | |
| | 50m: 32.74 | 150m: 1:48.27 | 250m: 3:05.98 | 350m: 4:23.69 | | | |
| | 100m: 1:10.04 | 200m: 2:27.18 | 300m: 3:45.15 | 400m: 5:00.30 | | | |
| 26. | Feys Jana | IKZ | 03 | BEL | 4:55.28 | 5:00.78 | |
| | 50m: 33.16 | 150m: 1:47.46 | 250m: 3:05.08 | 350m: 4:23.40 | | | |
| | 100m: 1:09.36 | 200m: 2:26.19 | 300m: 3:44.48 | 400m: 5:00.78 | | | |
| 27. | Gabriëls Sarah | BRABO | 04 | BEL | 5:02.18 | 5:01.59 | |
| | 50m: 33.85 | 150m: 1:49.04 | 250m: 3:07.10 | 350m: 4:25.30 | | | |
| | 100m: 1:10.88 | 200m: 2:27.89 | 300m: 3:46.22 | 400m: 5:01.59 | | | |
| 28. | Wels Evy | DBT | 04 | BEL | 5:04.15 | 5:02.22 | |
| | 50m: 34.34 | 150m: 1:50.86 | 250m: 3:09.17 | 350m: 4:26.83 | | | |
| | 100m: 1:12.17 | 200m: 2:29.49 | 300m: 3:48.21 | 400m: 5:02.22 | | | |
| 29. | Swerts Fien | DBT | 04 | BEL | 5:06.08 | 5:06.72 | |
| | 50m: 33.82 | 150m: 1:50.85 | 250m: 3:09.93 | 350m: 4:29.26 | | | |
| | 100m: 1:11.79 | 200m: 2:30.15 | 300m: 3:49.54 | 400m: 5:06.72 | | | |
| 30. | Goiris Cato | ZCK | 03 | BEL | 5:01.77 | 5:12.26 | |
| | 50m: 34.35 | 150m: 1:53.49 | 250m: 3:14.20 | 350m: 4:35.36 | | | |
| | 100m: 1:13.45 | 200m: 2:33.51 | 300m: 3:53.38 | 400m: 5:12.26 | | | |
| 31. | Bultot Sam | ROSC | 03 | BEL | 5:01.88 | 5:15.49 | |
| | 50m: 34.05 | 150m: 1:53.23 | 250m: 3:15.22 | 350m: 4:37.41 | | | |
| | 100m: 1:12.76 | 200m: 2:34.26 | 300m: 3:56.30 | 400m: 5:15.49 | | | |

17 - 18 jaar

| | | | | | | | |
|-----------|-------------------|---------------|---------------|---------------|----------------|----------------|----------|
| 1. | De Jong Imani | OCA | 02 | NED | 4:22.56 | 4:19.15 | A |
| | 50m: 29.65 | 150m: 1:35.69 | 250m: 2:42.01 | 350m: 3:48.11 | | | |
| | 100m: 1:02.47 | 200m: 2:08.70 | 300m: 3:15.02 | 400m: 4:19.15 | | | |
| 2. | Holkenborg Silke | OCD | 01 | NED | 4:26.06 | 4:21.85 | A |
| | 50m: 30.11 | 150m: 1:36.19 | 250m: 2:42.63 | 350m: 3:49.44 | | | |
| | 100m: 1:03.04 | 200m: 2:09.78 | 300m: 3:16.14 | 400m: 4:21.85 | | | |
| 3. | Smits Jade | BRABO | 01 | BEL | 4:31.94 | 4:28.44 | A |
| | 50m: 30.07 | 150m: 1:38.14 | 250m: 2:46.78 | 350m: 3:55.32 | | | |
| | 100m: 1:03.74 | 200m: 2:12.38 | 300m: 3:20.92 | 400m: 4:28.44 | | | |
| 4. | Remmery Anice | KZK | 02 | BEL | 4:34.61 | 4:36.28 | B |
| | 50m: 32.10 | 150m: 1:41.35 | 250m: 2:52.31 | 350m: 4:02.75 | | | |
| | 100m: 1:06.36 | 200m: 2:16.60 | 300m: 3:27.75 | 400m: 4:36.28 | | | |



Programmanr. 10, Dames, 400m vrije slag, Voorronde, 17 - 18 jaar

| Rang | | | Geb. | | Inshr. | | Tijd | Pnt |
|------|--------------------|---------------|---------------|---------------|---------|----------------|------|-----|
| 5. | Bourgois Karo | DMI | 02 | BEL | 4:32.29 | 4:36.46 | B | |
| | 50m: 31.84 | 150m: 1:42.47 | 250m: 2:53.63 | 350m: 4:04.12 | | | | |
| | 100m: 1:06.81 | 200m: 2:18.09 | 300m: 3:28.99 | 400m: 4:36.46 | | | | |
| 6. | Daemen Sien | DMB | 01 | BEL | 4:41.64 | 4:38.91 | B | |
| | 50m: 30.25 | 150m: 1:39.38 | 250m: 2:51.04 | 350m: 4:03.92 | | | | |
| | 100m: 1:04.36 | 200m: 2:14.86 | 300m: 3:27.58 | 400m: 4:38.91 | | | | |
| 7. | Martens Chloë | BRABO | 02 | BEL | 4:39.71 | 4:42.50 | R | |
| | 50m: 31.03 | 150m: 1:40.46 | 250m: 2:53.20 | 350m: 4:06.50 | | | | |
| | 100m: 1:04.94 | 200m: 2:16.51 | 300m: 3:29.70 | 400m: 4:42.50 | | | | |
| 8. | Theuwis Rune | OZV | 02 | BEL | 4:45.30 | 4:44.23 | R | |
| | 50m: 32.14 | 150m: 1:43.57 | 250m: 2:56.62 | 350m: 4:09.25 | | | | |
| | 100m: 1:07.62 | 200m: 2:20.13 | 300m: 3:33.19 | 400m: 4:44.23 | | | | |
| 9. | Vanhee Steffi | IKZ | 01 | BEL | 4:44.26 | 4:47.86 | R | |
| | 50m: 32.92 | 150m: 1:44.22 | 250m: 2:57.18 | 350m: 4:11.36 | | | | |
| | 100m: 1:08.19 | 200m: 2:20.54 | 300m: 3:34.25 | 400m: 4:47.86 | | | | |
| 10. | Demeyere Anouk | UZKZ | 02 | BEL | 4:41.59 | 4:48.29 | R | |
| | 50m: 32.06 | 150m: 1:45.05 | 250m: 2:59.22 | 350m: 4:12.89 | | | | |
| | 100m: 1:07.93 | 200m: 2:22.51 | 300m: 3:36.10 | 400m: 4:48.29 | | | | |
| 11. | Mahieu Hannah | UZKZ | 02 | BEL | 4:44.85 | 4:48.42 | R | |
| | 50m: 31.75 | 150m: 1:43.15 | 250m: 2:56.90 | 350m: 4:11.95 | | | | |
| | 100m: 1:06.97 | 200m: 2:19.95 | 300m: 3:34.62 | 400m: 4:48.42 | | | | |
| 12. | Van Avermaet Merel | TSZ | 01 | BEL | 4:51.98 | 4:52.79 | | |
| | 50m: 32.80 | 150m: 1:45.17 | 250m: 2:59.11 | 350m: 4:15.15 | | | | |
| | 100m: 1:08.77 | 200m: 2:22.10 | 300m: 3:37.20 | 400m: 4:52.79 | | | | |
| 13. | Peeters Marte | BRABO | 01 | BEL | 4:50.17 | 4:54.17 | | |
| | 50m: 32.64 | 150m: 1:45.14 | 250m: 3:00.45 | 350m: 4:16.80 | | | | |
| | 100m: 1:08.47 | 200m: 2:22.55 | 300m: 3:38.55 | 400m: 4:54.17 | | | | |
| 14. | Kennis Nathalie | KST | 02 | BEL | 4:50.59 | 4:57.58 | | |
| | 50m: 32.71 | 150m: 1:46.93 | 250m: 3:03.69 | 350m: 4:21.23 | | | | |
| | 100m: 1:08.95 | 200m: 2:25.40 | 300m: 3:42.26 | 400m: 4:57.58 | | | | |
| 15. | Verstrepen Axelle | SHARK | 02 | BEL | 4:53.89 | 5:00.18 | | |
| | 50m: 33.44 | 150m: 1:48.26 | 250m: 3:05.34 | 350m: 4:22.28 | | | | |
| | 100m: 1:10.54 | 200m: 2:27.10 | 300m: 3:44.14 | 400m: 5:00.18 | | | | |
| 16. | Naert Margaux | STA | 02 | BEL | 4:52.27 | 5:01.28 | | |
| | 50m: 33.02 | 150m: 1:48.65 | 250m: 3:06.17 | 350m: 4:23.88 | | | | |
| | 100m: 1:10.14 | 200m: 2:27.32 | 300m: 3:45.04 | 400m: 5:01.28 | | | | |
| 17. | Wulfrancke Elise | MEGA | 01 | BEL | 4:54.85 | 5:01.56 | | |
| | 50m: 34.18 | 150m: 1:48.86 | 250m: 3:05.91 | 350m: 4:24.04 | | | | |
| | 100m: 1:10.89 | 200m: 2:27.42 | 300m: 3:45.08 | 400m: 5:01.56 | | | | |
| 18. | Bartorelli Chiara | DMI | 02 | BEL | 4:57.41 | 5:02.26 | | |
| | 50m: 33.64 | 150m: 1:49.15 | 250m: 3:06.99 | 350m: 4:24.44 | | | | |
| | 100m: 1:10.76 | 200m: 2:27.94 | 300m: 3:46.13 | 400m: 5:02.26 | | | | |
| 19. | Caelen Lore | DMB | 01 | BEL | 4:54.81 | 5:04.45 | | |
| | 50m: 34.14 | 150m: 1:50.08 | 250m: 3:08.11 | 350m: 4:26.88 | | | | |
| | 100m: 1:11.64 | 200m: 2:29.18 | 300m: 3:47.77 | 400m: 5:04.45 | | | | |
| 20. | Mommaerts Nele | ZORO | 02 | BEL | 4:57.67 | 5:19.01 | | |
| | 50m: 34.88 | 150m: 1:55.08 | 250m: 3:17.17 | 350m: 4:39.14 | | | | |
| | 100m: 1:14.11 | 200m: 2:35.97 | 300m: 3:58.22 | 400m: 5:19.01 | | | | |

Programmanr. 10, Dames, 400m vrije slag, Voorronde

19 jaar en ouder

| | | | | | | |
|--------------------------|---------------|---------------|---------------|---------|----------------|---|
| 1. Stel Serena | OCA | 98 | NED | 4:19.59 | 4:19.92 | A |
| 50m: 29.98 | 150m: 1:36.23 | 250m: 2:42.63 | 350m: 3:48.62 | | | |
| 100m: 1:02.76 | 200m: 2:09.63 | 300m: 3:16.07 | 400m: 4:19.92 | | | |
| 2. Setz Laura | OCD | 00 | NED | 4:19.30 | 4:20.64 | A |
| 50m: 29.61 | 150m: 1:34.27 | 250m: 2:40.39 | 350m: 3:47.48 | | | |
| 100m: 1:01.47 | 200m: 2:07.19 | 300m: 3:13.98 | 400m: 4:20.64 | | | |
| 3. Mattens Edith | KZK | 97 | BEL | 4:21.53 | 4:26.24 | A |
| 50m: 31.11 | 150m: 1:36.96 | 250m: 2:44.36 | 350m: 3:52.77 | | | |
| 100m: 1:03.83 | 200m: 2:10.44 | 300m: 3:18.28 | 400m: 4:26.24 | | | |
| 4. Dom Yne | SHARK | 95 | BEL | 4:31.84 | 4:35.01 | B |
| 50m: 31.55 | 150m: 1:40.64 | 250m: 2:50.21 | 350m: 4:00.72 | | | |
| 100m: 1:05.73 | 200m: 2:15.42 | 300m: 3:25.65 | 400m: 4:35.01 | | | |
| 5. Van Hyfte Isaura | MEGA | 99 | BEL | 4:45.31 | 4:40.94 | B |
| 50m: 30.93 | 150m: 1:39.29 | 250m: 2:50.97 | 350m: 4:05.23 | | | |
| 100m: 1:04.45 | 200m: 2:14.72 | 300m: 3:28.05 | 400m: 4:40.94 | | | |
| 6. Verstraete Tyana | ROSC | 99 | BEL | 4:49.76 | 4:50.71 | |
| 50m: 32.29 | 150m: 1:43.84 | 250m: 2:58.69 | 350m: 4:15.09 | | | |
| 100m: 1:07.18 | 200m: 2:21.16 | 300m: 3:37.06 | 400m: 4:50.71 | | | |
| 7. De Baere Marie-Claire | STW | 97 | BEL | 4:41.02 | 4:56.42 | |
| 50m: 33.28 | 150m: 1:46.61 | 250m: 3:02.35 | 350m: 4:19.63 | | | |
| 100m: 1:09.66 | 200m: 2:24.43 | 300m: 3:40.91 | 400m: 4:56.42 | | | |
| 8. Hollevoet Marie | TSZ | 00 | BEL | 4:53.00 | 5:02.79 | |
| 50m: 32.94 | 150m: 1:47.14 | 250m: 3:03.19 | 350m: 4:23.06 | | | |
| 100m: 1:09.64 | 200m: 2:25.41 | 300m: 3:42.98 | 400m: 5:02.79 | | | |

Programmanr. 11
1-3-2019 - 11:51

Heren, 800m vrije slag

15 jaar en ouder
Resultaten

| | | | | | |
|-----------------|---------|------------------|-----|-----------|----------|
| Belgisch record | 7:58.18 | Vangeneugden Tom | OZV | Antwerpen | 1-5-2009 |
| Vlaams record | 7:58.18 | Vangeneugden Tom | OZV | Antwerpen | 1-5-2009 |

WK limiet alg.: 7:54.31 / WJK limiet 14 - 18: 8:05.27 / EJK limiet 15 - 17: 8:12.47; 18: 8:10.17

Punten:

| Rang | Geb. | Inschr. | Tijd | Pnt |
|------------------------|---------------|---------------|---------------|----------------|
| 15 - 16 jaar | | | | |
| 1. Van Ermen Alexander | DDAT 04 | BEL | 9:47.76 | 9:06.02 |
| 50m: 30.24 | 200m: 2:10.58 | 350m: 3:53.94 | 500m: 5:37.83 | 650m: 7:22.56 |
| 100m: 1:02.57 | 250m: 2:45.17 | 400m: 4:28.34 | 550m: 6:12.50 | 700m: 7:57.37 |
| 150m: 1:36.40 | 300m: 3:19.69 | 450m: 5:02.68 | 600m: 6:47.48 | 750m: 8:32.13 |
| 800m: 9:06.02 | | | | |
| 2. Lieckens Nolan | SHARK 03 | BEL | 9:48.52 | 9:43.55 |
| 50m: 31.73 | 200m: 2:21.89 | 350m: 4:14.22 | 500m: 6:06.64 | 650m: 7:58.28 |
| 100m: 1:07.40 | 250m: 2:59.19 | 400m: 4:52.06 | 550m: 6:44.50 | 700m: 8:34.36 |
| 150m: 1:44.49 | 300m: 3:36.61 | 450m: 5:29.60 | 600m: 7:21.05 | 750m: 9:10.68 |
| 800m: 9:43.55 | | | | |

Programmanr. 11, Heren, 800m vrije slag

17 - 18 jaar

| | | | | | | | |
|--------------------|---------------|---------------|---------------|---------------|----------------|--|--|
| 1. Coorevits Simon | UZKZ | 01 | BEL | 9:38.70 | 9:34.73 | | |
| 50m: 30.97 | 200m: 2:17.01 | 350m: 4:06.20 | 500m: 5:56.87 | 650m: 7:47.01 | 800m: 9:34.73 | | |
| 100m: 1:05.66 | 250m: 2:52.86 | 400m: 4:42.87 | 550m: 6:33.53 | 700m: 8:23.93 | | | |
| 150m: 1:41.06 | 300m: 3:29.53 | 450m: 5:19.88 | 600m: 7:10.07 | 750m: 9:00.50 | | | |

19 jaar en ouder

| | | | | | | | |
|--------------------|---------------|---------------|---------------|---------------|----------------|--|--|
| 1. Sommeling Bart | OCA | 98 | NED | 8:45.22 | 8:28.42 | | |
| 50m: 28.95 | 200m: 2:03.85 | 350m: 3:39.97 | 500m: 5:15.84 | 650m: 6:52.41 | 800m: 8:28.42 | | |
| 100m: 1:00.39 | 250m: 2:35.67 | 400m: 4:12.12 | 550m: 5:48.67 | 700m: 7:25.18 | | | |
| 150m: 1:31.75 | 300m: 3:07.80 | 450m: 4:43.72 | 600m: 6:21.08 | 750m: 7:57.82 | | | |
| 2. Bottelier Lars | OCA | 97 | NED | 8:26.79 | 8:30.22 | | |
| 50m: 28.70 | 200m: 2:03.29 | 350m: 3:39.35 | 500m: 5:16.55 | 650m: 6:54.06 | 800m: 8:30.22 | | |
| 100m: 59.85 | 250m: 2:35.27 | 400m: 4:11.53 | 550m: 5:48.94 | 700m: 7:26.83 | | | |
| 150m: 1:31.45 | 300m: 3:07.39 | 450m: 4:43.95 | 600m: 6:22.07 | 750m: 7:59.07 | | | |
| 3. Loones Matthias | MEGA | 97 | BEL | 8:36.48 | 8:39.46 | | |
| 50m: 29.56 | 200m: 2:05.82 | 350m: 3:44.03 | 500m: 5:22.93 | 650m: 7:02.83 | 800m: 8:39.46 | | |
| 100m: 1:01.48 | 250m: 2:38.40 | 400m: 4:16.91 | 550m: 5:56.11 | 700m: 7:35.96 | | | |
| 150m: 1:33.48 | 300m: 3:11.22 | 450m: 4:49.96 | 600m: 6:29.43 | 750m: 8:09.06 | | | |
| 4. Housen Stef | DMB | 00 | BEL | 8:46.03 | 8:39.63 | | |
| 50m: 29.46 | 200m: 2:06.18 | 350m: 3:45.14 | 500m: 5:24.12 | 650m: 7:04.38 | 800m: 8:39.63 | | |
| 100m: 1:01.07 | 250m: 2:38.78 | 400m: 4:17.94 | 550m: 5:57.58 | 700m: 7:37.50 | | | |
| 150m: 1:33.60 | 300m: 3:11.81 | 450m: 4:51.24 | 600m: 6:30.83 | 750m: 8:10.33 | | | |

Programmanr. 39
1-3-2019 - 12:02

5000m vrije slag

Time Trial
Resultaten

Punten:

voorlopige resultaten

| Rang | Geb. | Inschr. | Tijd | Pnt |
|------|------|---------|------|-----|
|------|------|---------|------|-----|