

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 20  
24-1-2016 - 8:30

Women, 200m Freestyle

Open  
Startlist Prelim

Belgisch record	2:00.90	Van Koeckhoven Nina	MZV	Helsinki (FIN)	7-7-2000
Vlaams Record	2:00.90	Van Koeckhoven Nina	MZV	Helsinki (FIN)	7-7-2000
Event record	1:57.19	Hosszu Katinka	HUN	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 16: 2:20.00; Open: 2:17.00

YB				YB			
<u>Heat 1 of 8</u>				<u>Heat 2 of 8</u>			
1				1	Van Deuren Charlotte	01 BRABO	BEL 2:17.62
2				2	Mondonedo Sonoma	00 SCWR	BEL 2:17.42
3	Van Laere Megan	01 ZS	BEL 2:19.71	3	Hansenne Nona	01 ZCK	BEL 2:17.10
4	Moerbeek Enya	00 BRABO	BEL 2:19.28	4	Feyaerts Marie	99 ZCT	BEL 2:16.73
5	Op De Beeck Tine	00 ZVL	BE 2:19.29	5	Florence Caroline G	97 DALLAS	USA 2:16.80
6				6	Vanhee Steffi	01 KZK	BEL 2:17.31
7				7	Limpens Amelie	00 MEGA	BEL 2:17.53
8				8			
<u>Heat 3 of 8</u>				<u>Heat 4 of 8</u>			
1	Dionysopoulou Maria	00 BRABO	BEL 2:14.18	1	Dalligan Shannon	01 ASA	GBR 2:11.30
2	Haegeman Karen	97 AST	BEL 2:13.79	2	Krause Carina	01 SGB	GER 2:10.73
3	Walker Georgina	00 ASA	GBR 2:12.59	3	Hofland Niamh	02 ASA	GBR 2:10.21
4	Vanleynseele Sara	97 BRABO	BEL 2:11.96	4	Kerr Pauline E	98 DALLAS	USA 2:10.03
5	Koens Rebecca	99 LAQUA	BEL 2:12.35	5	Hoare Madeleine	02 ASA	GBR 2:10.13
6	Peeters Kristien	97 ZCT	BEL 2:13.63	6	Van Nyverseel Silke	01 ZS	BEL 2:10.69
7	Cobbaert Justine	00 ZB	BEL 2:14.10	7	Jones Isabel	00 MILW	GBR 2:10.99
8	D'Hondt Ischara	98 ZB	BEL 2:14.51	8	Townson Holly	00 ASA	GBR 2:11.79
<u>Heat 5 of 8</u>				<u>Heat 6 of 8</u>			
1	Southward Ellinor	01 ASA	GBR 2:08.70	1	Vicary Eva	00 ASA	GBR 2:05.12
2	Frischknecht Rita Barros	98 POR	POR 2:08.04	2	Duraes Diana Margarida	96 POR	POR 2:03.14
3	Azevedo Madalena Gomes	99 POR	POR 2:07.53	3	de Jonge Saskia	86 NED	NED 2:01.31
4	Azevedo Francisca Gomes	97 POR	POR 2:07.09	4	Boyle Georgina	98 GBR	GBR 1:59.72
5	Smits Jade	01 BRABO	BEL 2:07.28	5	Finch Chloe	98 GBR	GBR 2:01.12
6	Vanlommel Anke	00 MOZKA	BEL 2:07.77	6	Delno Marjolein	94 NED	NED 2:01.71
7	Kaminskaya Victoria	95 POR	POR 2:08.57	7	Holub Tamila Hryhorivna	99 POR	POR 2:04.80
8	Eddy Grace	01 ASA	GBR 2:09.46	8	Dumont Juliette	00 FFBN	BEL 2:06.23
<u>Heat 7 of 8</u>				<u>Heat 8 of 8</u>			
1	Vermeylen Jolien	94 LAQUA	BEL 2:04.87	1	Griffiths Isobel	99 ASA	GBR 2:04.84
2	Gage Emma	89 STMN	GBR 2:02.85	2	Sherwin Rebecca	00 GBR	GBR 2:02.50
3	Willmott Aimee	93 GBR	GBR 2:01.21	3	Casini Juliette	97 FFBN	GBR 2:01.18
4	Faulkner Eleanor	93 COSE	GBR 1:58.32	4	Turner Rebecca	92 COSE	GBR 1:58.14
5	Hibbott Holly	99 GBR	GBR 2:01.09	5	Coates Georgia	99 GBR	GBR 2:00.16
6	Close Brearnna	97 STMN	GBR 2:01.53	6	McKenzie Lucy	97 STMN	GBR 2:01.41
7	Goris Lotte	00 BRABO	BEL 2:03.95	7	Bro Sarah	96 DEN	DEN 2:03.90
8	Bouden Camille	01 ZB	BEL 2:06.09	8	Anderson Rachel	02 MILW	GBR 2:06.06

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 21  
24-1-2016 - 8:50

Men, 50m Butterfly

Open  
Startlist Prelim

Belgisch record	23.58	Grandjean Yoris	LGN	Rennes (FRA)	9-4-2013
Vlaams Record	23.99	De Wilde Gilles	MEGA	Antwerpen	18-5-2013
Event record	23.66	Proud Benjamin	GBR	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 18: 29.00; Open: 28.00

YB				YB			
<u>Heat 1 of 7</u>				<u>Heat 2 of 7</u>			
1				1 Derez Matthias	00 KZK	BEL	28.61
2 Benn Parker J	99 DALLAS	USA	28.99	2 Gillie James R	98 MILW	GBR	28.17
3 D'Rozario Reggie	98 BRABO	BEL	28.93	3 Hermans Janou	98 STT	BEL	28.10
4 Aluisio Vincent	98 BRABO	BEL	28.65	4 Van Den Bergh Floriaan	99 LOR	BEL	28.02
5 Callewaert Niels	00 BRABO	BEL	28.78	5 De Jonge Andres	00 BRABO	BEL	28.02
6 Rogers Alexander	99 ASA	GBR	28.99	6 De Coster Robbe	98 COAST	BEL	28.11
7				7 Van Vooren Jelle	98 MEGA	BEL	28.60
8				8 Heye Arko	00 WLW	BEL	28.65
<u>Heat 3 of 7</u>				<u>Heat 4 of 7</u>			
1 Lemaire Arne	99 ZCK	BEL	27.93	1 Vincke Warre	98 DDAT	BEL	27.35
2 Van Son Lander	99 BRABO	BEL	27.85	2 Meganck Gaetan	95 STW	BEL	27.16
3 Van Looy Quinten	99 SHARK	BEL	27.55	3 Murcott Kane	00 ASA	GBR	27.02
4 Stanford Benjamin	99 ASA	GBR	27.48	4 Bierberg Gregory	98 VN	BEL	26.68
5 Kingham Thomas	98 MILW	GBR	27.51	5 Haegeman Jonas	99 AST	BEL	26.73
6 Duhamel Louis	98 ZCK	BEL	27.80	6 Vandersypen Vincent	99 BRABO	BEL	27.07
7 Kostons Jeremy	97 HELLAS	NED	27.93	7 Lepers Robin	99 BEST	BEL	27.32
8 De Meyer Sam	98 GBZ	BEL	27.99	8 Kosirnik Matic	00 LAQUA	BEL	27.38
<u>Heat 5 of 7</u>				<u>Heat 6 of 7</u>			
1 Gensorowsky Daniel	88 SGE	GER	26.28	1 De Meyer Diego	95 MEGA	BEL	26.19
2 Nijland Luuk	97 DWK	NED	25.51	2 van Leeuwen Ruben	97 NED	NED	25.34
3 De Meulemeester S.	98 ZNA	BEL	24.87	3 Quintanilha Nuno Goncalo	87 POR	POR	24.86
4 Margevicius Deividas	95 LTU	LTU	24.15	4 Takacs Krisztian	85 GUSE	HUN	24.03
5 Luecker Philip	94 SGN	GER	24.61	5 Vangoetsenhoven Dries	97 BRABO	BEL	24.54
6 Brooks-Clarke Cameron	99 COSE	GBR	25.14	6 Carvalho Diogo Filipe	88 POR	POR	25.14
7 McCusker Max	99 MILW	GBR	25.72	7 Svendsen Marcus Kroeyer	97 DEN	DEN	25.62
8 Delferiere Alan	98 SCSG	BEL	26.56	8 Carremans Maarten	98 WLW	BEL	26.41
<u>Heat 7 of 7</u>							
1 Astrauskas Darijus	99 LTU	LTU	26.00				
2 De Graeve Birgen	98 LAQUA	BEL	25.33				
3 Dimitriadis Stefanos	89 GRE	GRE	24.79				
4 Barrett Adam	92 LCLA	GBR	23.84				
5 Munro Miles	96 GBR	GBR	24.49				
6 Hajder Ensar	91 SGE	GER	25.13				
7 Bodiroza Nick	00 BRABO	SLO	25.57				
8 Parmentier Bavo	98 BZK	BEL	26.30				

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 22  
24-1-2016 - 9:00

Women, 100m Butterfly

Open  
Startlist Prelim

Belgisch record	58.41	Buys Kimberly	BRABO	Berlin (GER)	28-8-2014
Vlaams Record	58.41	Buys Kimberly	BRABO	Berlin (GER)	21-8-2014
Event record	57.90	Dekker Inge	NED	Antwerpen	13-1-2007

Limieten Flanders Speedo Cup 15 - 16: 1:11.00; Open: 1:09.00

YB			YB		
<u>Heat 1 of 5</u>			<u>Heat 2 of 5</u>		
1			1 Wood Lily	02 ASA	GBR 1:07.83
2			2 Meert Jessy	99 SCSG	BEL 1:07.41
3 Gielen Indra	00 DMB	BEL 1:09.14	3 Maes Rosanne	01 ZCK	BEL 1:06.38
4 Broos Yarissa	00 ZORO	BEL 1:08.76	4 Dumont Juliette	00 FFBN	BEL 1:04.12
5 Kohlat Katharina	97 SGE	GER 1:08.81	5 Dumont Valentine	00 FFBN	BEL 1:04.91
6 Horemans Kaat	00 ZCT	BEL 1:10.13	6 Vanlommel Anke	00 MOZKA	BEL 1:06.73
7			7 Swinnen Marie-Lien	00 DMB	BEL 1:07.75
8			8 Vanooost Margeaux	01 KZK	BEL 1:07.98
<u>Heat 3 of 5</u>			<u>Heat 4 of 5</u>		
1 Gillet Victoria	98 VN	BEL 1:03.19	1 Goris Mirthe	96 HZS	BEL 1:03.09
2 Busch Kim	98 NED	NED 1:01.20	2 Wood Abbie	99 GBR	GBR 1:01.08
3 Gage Emma	89 STMN	GBR 1:00.51	3 Mikkelsen Amalie	97 DEN	DEN 1:00.48
4 Buys Kimberly	89 BRABO	BEL 58.60	4 Halsall Francesca	90 GBR	GBR 58.21
5 Clynes Amelia	99 GBR	GBR 1:00.09	5 Beckmann Emilie	97 DEN	DEN 59.72
6 Hibbott Holly	99 GBR	GBR 1:00.98	6 Close Brearnna	97 STMN	GBR 1:00.90
7 Bell Amy	00 COSE	GBR 1:02.33	7 Dyer Orla	99 COSE	GBR 1:01.91
8 Henriques Ines Jacinto	00 POR	POR 1:03.86	8 Van Heghe Margot	99 FIRST	BEL 1:03.85
<u>Heat 5 of 5</u>					
1 Jochems Charissa	01 SHARK	BEL 1:02.44			
2 Monteiro Ana Catarina	93 POR	POR 1:01.00			
3 Pugh Tazmin	00 GBR	GBR 1:00.33			
4 Kelly Rachael	94 GBR	GBR 57.71			
5 Vourna Kristel	92 GRE	GRE 59.34			
6 Erichsen Caroline	98 DEN	DEN 1:00.71			
7 Hubbard Caitlin	01 ASA	GBR 1:01.85			
8 Bos Esmee	96 NED	NED 1:03.46			

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 23  
24-1-2016 - 9:10

Men, 200m Backstroke

Open  
Startlist Prelim

Belgisch record	1:59.64	Maene Stefaan	BZK	Barcelona (ESP)	28-7-1992
Vlaams Record	1:59.64	Maene Stefaan	BZK	Barcelona (ESP)	28-7-1992
Event record	1:58.04	Rapsys Danas	LTU	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 18: 2:25.00; Open: 2:19.00

YB				YB			
<u>Heat 1 of 6</u>				<u>Heat 2 of 6</u>			
1				1	Blankers Gaetan	00 BRABO	BEL 2:22.47
2				2	Dewulf Tjorven	98 KZK	BEL 2:18.32
3	Meuleman Matthias	00 BRABO	BEL 2:24.34	3	Donati Alexandre	01 HN	BEL 2:16.97
4	Bearelle Thibo	00 KZK	BEL 2:23.54	4	Van Riet Tom	99 BRABO	BEL 2:15.72
5	Noyez Clement	01 KZK	BEL 2:24.29	5	Beyens Sam	98 MOZKA	BEL 2:16.87
6				6	King Robert C	99 DALLAS	USA 2:17.04
7				7	Heuninck Maarten	00 FIRST	BEL 2:20.36
8				8	Biermans Cas	00 BEST	BEL 2:23.25
<u>Heat 3 of 6</u>				<u>Heat 4 of 6</u>			
1	Doukmani Zakariya	99 HN	BEL 2:14.94	1	Chesterman Henry	98 MILW	GBR 2:08.54
2	Mulkers Lander	00 HZS	BEL 2:14.78	2	Clogg Elliot	99 COSE	GBR 2:04.86
3	Bisschop Tibo	98 BZK	BEL 2:13.85	3	Vital Joao Alexandre	98 POR	POR 2:03.55
4	Marcourt Alexandre	99 STT	BEL 2:13.05	4	Hendrickx Lander	94 LAQUA	BEL 2:00.13
5	Dixon Jake	98 ASA	GBR 2:13.47	5	Van Audekerke Nils	96 TSZ	BEL 2:01.75
6	Small Joseph	00 ASA	GBR 2:14.51	6	Williams Brodie	99 MILW	GBR 2:03.95
7	Dawans Audric	97 STD	BEL 2:14.92	7	Santos Alexis Manacas	92 POR	POR 2:05.98
8	De Muynck Noah	96 MEGA	BEL 2:15.02	8	Vandermaesen Kevin	97 LAQUA	BEL 2:12.14
<u>Heat 5 of 6</u>				<u>Heat 6 of 6</u>			
1	Den Haese Milan	98 DMB	BEL 2:07.59	1	Heitkemper Fabian	97 SGB	GER 2:07.29
2	Luyten Sjobbe	98 MOZKA	BEL 2:04.43	2	Jakupsson Magnus	94 DEN	DEN 2:03.98
3	Lelliott Jay	95 GBR	GBR 2:03.17	3	Bukin Danil	94 UZB	UZB 2:02.27
4	Balog Gabor	90 GUSE	HUN 1:59.51	4	Rapsys Danas	95 LTU	LTU 1:57.60
5	Theodoris Nathan Keith	95 POR	POR 2:01.63	5	Hulme Joseph	97 GBR	GBR 2:00.16
6	Litchfield Max	95 GBR	GBR 2:03.77	6	Lopes Gabriel Jose	97 POR	POR 2:03.57
7	Beard-Jones Ciaran	95 STMN	GBR 2:05.87	7	Crowe William	97 DALLAS	USA 2:05.80
8	Guldentops Kevin	00 TSZ	BEL 2:10.72	8	Griffiths Hayden	97 ASA	GBR 2:08.95

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 24  
24-1-2016 - 9:25

Women, 200m Breaststroke

Open  
Startlist Prelim

Belgisch record	2:25.92	Lecluyse Fanny	DM	Shanghai (CHN)	28-7-2011
Vlaams Record	2:27.04	Matthysen Elise	BRABO	Beijing (CHN)	13-8-2008
Event record	2:25.05	Pedersen Rikke M.	DEN	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup 15 - 16: 2:55.00; Open: 2:49.00

YB			YB		
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>		
1	Flas Camille	01 STD BEL 2:52.38	1	Limpens Amelie	00 MEGA BEL 2:51.36
2	Taecke Lore	00 COAST BEL 2:46.85	2	Clark Imogen	99 GBR GBR 2:44.51
3	Vermeylen Jolien	94 LAQUA BEL 2:33.73	3	Rodrigues Ana Pinho	94 POR POR 2:32.45
4	Matts Katie	98 GBR GBR 2:26.69	4	Black Layla	00 GBR GBR 2:26.60
5	Elzerman Anouk	90 HAQUE NED 2:31.50	5	Lambert Michelle	94 SGE GER 2:29.30
6	Geeroms Anke	00 SCZ BEL 2:39.03	6	Kamau Rebecca	99 ASA GBR 2:37.78
7	Wijnants Jasmine	02 SHARK BEL 2:48.21	7	Staes Jolien	02 SHARK BEL 2:48.10
8			8		
<u>Heat 3 of 3</u>					
1	Borgonie Tine	98 RZV BEL 2:48.82			
2	Adams Kymberly	00 GOLD BEL 2:39.44			
3	Michels Lise	99 FFBN BEL 2:32.11			
4	Coates Georgia	99 GBR GBR 2:26.42			
5	Cain Emma	99 GBR GBR 2:27.18			
6	Pereira Raquel Gomes	00 POR POR 2:33.90			
7	Corstjens Britt	00 DMB BEL 2:47.37			
8	Van Loon Lien	01 LAQUA BEL 2:57.18			

Event 25  
24-1-2016 - 9:35

Men, 100m Breaststroke

Open  
Startlist Prelim

Belgisch record	1:00.60	Deburghgraeve Frederik	RZV	Atlanta (USA)	20-7-1996
Vlaams Record	1:00.60	Deburghgraeve Frederik	RZV	Atlanta (USA)	20-7-1996
Event record	59.48	Peaty Adam	GBR	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 18: 1:15.00; Open: 1:12.00

YB			YB		
<u>Heat 1 of 6</u>			<u>Heat 2 of 6</u>		
1			1	Raes Lou	99 LOR BEL 1:12.72
2	Bark Luca	00 AST BEL 1:14.43	2	Vranckx Bjarne	99 BEST BEL 1:12.68
3	Parmentier Aymeric	93 WN BEL 1:13.90	3	Vaes Stef	99 BRABO BEL 1:12.52
4	Decuyper Brecht	00 MEGA BEL 1:13.48	4	Benn Parker J	99 DALLAS USA 1:11.04
5	Laceur Joni	98 BEST BEL 1:13.87	5	Moyaert Theodore	01 ISWIM BEL 1:12.46
6	Leemans Mats	99 WLW BEL 1:14.25	6	Engels Aaron	99 STW BEL 1:12.56
7	Steed Hayden R	99 DALLAS USA 1:14.99	7	Kruijtzter Jelle	99 BRABO BEL 1:12.69
8			8	Van Den Abeele Frederik	00 BRABO BEL 1:13.01

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 25, Men, 100m Breaststroke, Prelim

Heat 3 of 6

1	Vermeulen Robbin	98	STW	BEL	1:10.08
2	Van Damme Antoon	99	AZL	BEL	1:09.53
3	Staes Thomas	00	SHARK	BEL	1:08.63
4	Richards Samuel	97	ASA	GBR	1:07.78
5	Van Cauwelaert Jasper	98	DALLAS	BEL	1:08.22
6	Eekhof Maxime	97	ZCT	BEL	1:08.77
7	Ruijten Sander	01	DMB	BEL	1:09.58
8	Swillen Timon	00	TZ	BEL	1:10.54

Heat 4 of 6

1	Senior Cian	98	COSE	GBR	1:06.58
2	Slater Tristan	93	MILW	GBR	1:04.51
3	Rasmussen Christian V.	96	DEN	DEN	1:03.06
4	Holderness Robert	90	MILW	GBR	1:00.71
5	Attwood Charlie	97	GBR	GBR	1:01.69
6	Kerc Aljaz	90	PK Olimpija	SLO	1:04.05
7	Lawson Joshua	99	MILW	GBR	1:05.88
8	Waddingham Charlie	98	ASA	GBR	1:07.51

Heat 5 of 6

1	Kosirnik Matic	00	LAQUA	BEL	1:06.48
2	Carvalho Diogo Filipe	88	POR	POR	1:04.19
3	Simenko Nejc	93	PK Olimpija	SLO	1:03.02
4	Mustafin Vladislav	95	UZB	UZB	1:00.70
5	Willis Andrew	90	GBR	GBR	1:00.87
6	Greven Lucas	95	NED	NED	1:03.87
7	De Gols Senne	98	ZNA	BEL	1:05.70
8	Rogers Alexander	99	ASA	GBR	1:07.27

Heat 6 of 6

1	De Meyer Diego	95	MEGA	BEL	1:06.01
2	Ashton Edmund	98	LACPP	GBR	1:04.17
3	Caerts Basten	97	DBT	BEL	1:01.99
4	Wilby James	93	GBR	GBR	1:00.28
5	Sidlauskas Andrius	97	LTU	LTU	1:00.83
6	Davies Luke	97	GBR	GBR	1:03.17
7	Vandevelde Raf	93	STT	BEL	1:05.09
8	De Coster Robbe	98	COAST	BEL	1:07.19

Event 26

Women, 200m Medley

Open  
Startlist Prelim

24-1-2016 - 9:45

Belgisch record	2:13.68	Lecluyse Fanny	DM	Shanghai (CHN)	24-7-2011
Vlaams Record	2:15.33	Buys Kimberly	BRABO	Antwerpen	22-1-2011
Event record	2:10.36	Hosszu Katinka	HUN	Antwerpen	25-1-2015

Limieten Flanders Speedo Cup 15 - 16: 2:39.00; Open: 2:35.00

YB

Heat 1 of 5

1	Tuytschaever Dora	00	LOR	BEL	2:38.20
2	Carlu Axelle	00	KZK	BEL	2:36.16
3	Cobbaert Justine	00	ZB	BEL	2:35.72
4	Maes Rosanne	01	ZCK	BEL	2:34.80
5	Donckers Kali	00	BRABO	BEL	2:34.86
6	Vanoost Margeaux	01	KZK	BEL	2:36.11
7	Koch Hannah	01	SGB	GER	2:37.64
8					

YB

Heat 2 of 5

1	Gielen Indra	00	DMB	BEL	2:34.38
2	Cas Emma	99	ZS	BEL	2:31.59
3	Anderson Rachel	02	MILW	GBR	2:25.31
4	Gillet Victoria	98	VN	BEL	2:24.97
5	Wood Lily	02	ASA	GBR	2:25.30
6	Daemen Sien	01	DMB	BEL	2:30.12
7	Leyman Merel	98	DDAT	BEL	2:33.73
8	Hansenne Nona	01	ZCK	BEL	2:34.63

Heat 3 of 5

1	Mikkelsen Amalie	97	DEN	DEN	2:23.28
2	Quigley Lauren	95	GBR	GBR	2:20.85
3	Delno Marjolein	94	NED	NED	2:16.42
4	Amanova Ranohon	94	UZB	UZB	2:12.93
5	Rudin Rosie	98	GBR	GBR	2:16.00
6	Kamau Rebecca	99	ASA	GBR	2:18.60
7	De Bock Sonia	98	BRABO	BEL	2:21.84
8	Hoffland Niamh	02	ASA	GBR	2:24.65

Heat 4 of 5

1	de Jonge Saskia	86	NED	NED	2:22.98
2	Azevedo Madalena Gomes	99	POR	POR	2:20.65
3	Van der Zanden Wendy	88	BRABO	NED	2:16.20
4	Coates Georgia	99	GBR	GBR	2:12.74
5	McKenzie Lucy	97	STMN	GBR	2:14.79
6	Bell Amy	00	COSE	GBR	2:18.09
7	Dumont Valentine	00	FFBN	BEL	2:21.80
8	Dumont Juliette	00	FFBN	BEL	2:24.10

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 26, Women, 200m Medley, Prelim

Heat 5 of 5

1	Bouden Camille	01	ZB	BEL	2:22.17
2	Bos Esmee	96	NED	NED	2:18.81
3	Kaminskaya Victoria	95	POR	POR	2:16.04
4	Willmott Aimee	93	GBR	GBR	2:12.65
5	Wood Abbie	99	GBR	GBR	2:14.49
6	Newlands Anna	98	STMN	GBR	2:17.49
7	Goris Lotte	00	BRABO	BEL	2:21.31
8	Southward Ellinor	01	ASA	GBR	2:23.74

Event 27

Men, 100m Freestyle

Open  
Startlist Prelim

24-1-2016 - 10:00

Belgisch record	48.54	Timmers Pieter	BRABO	Londen (GBR)	1-8-2012
Vlaams Record	48.54	Timmers Pieter	BRABO	Londen (GBR)	1-8-2012
Event record	48.76	Timmers Pieter	BEL	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup 15 - 18: 1:00.00; Open: 58.00

YB				YB			
<u>Heat 1 of 16</u>				<u>Heat 2 of 16</u>			
1				1			
2				2	Englebert Antoine	00	STD BEL 59.54
3	Praet Nick	98	LOR BEL 59.91	3	Huygh Elias	00	WLW BEL 59.43
4	Downey Ben	99	SHARK BEL 59.70	4	Rots Simon	00	AST BEL 59.39
5	Noyez Clement	01	KZK BEL 59.74	5	Van Den Berghe Bryan	99	LOR BEL 59.43
6				6	Couckuyt Henri	00	KZK BEL 59.50
7				7	Cloes Janek	99	BEST BEL 59.70
8				8			
<u>Heat 3 of 16</u>				<u>Heat 4 of 16</u>			
1	Coenegrachts Wout	99	ZCT BEL 59.30	1	Van Den Broeck Matteo	01	LOR BEL 58.86
2	Tormans Jasper	98	BEST BEL 59.17	2	Beulen Cesar	01	BZK BEL 58.71
3	Verhulsel Sander	99	ZVL BE 58.95	3	Braeckmans Louis	01	ZS BEL 58.58
4	Staes Thomas	00	SHARK BEL 58.87	4	Van Den Broeck Brent	00	ZCT BEL 58.39
5	Everaert Fabian	99	ZVL BE 58.90	5	Heye Arko	00	WLW BEL 58.48
6	van Sas Stijn	00	ZCT BEL 59.16	6	Lemaire Arne	99	ZCK BEL 58.59
7	Daems Etienne	01	ZCT BEL 59.18	7	Stouten Louka	99	WLW BEL 58.78
8	Leenders Bram	00	SHARK BEL 59.32	8	Laceur Joni	98	BEST BEL 58.87
<u>Heat 5 of 16</u>				<u>Heat 6 of 16</u>			
1	Beckwee Emile	98	DDAT BEL 58.19	1	Hermans Janou	98	STT BEL 57.76
2	Duhamel Louis	98	ZCK BEL 58.03	2	Langmans Wannes	99	SHARK BEL 57.68
3	Raes Lou	99	LOR BEL 57.98	3	Daems Gilles	98	ZCT BEL 57.67
4	Small Joseph	00	ASA GBR 57.84	4	De Graaf Christophe	99	ZS BEL 57.38
5	Lepers Robin	99	BEST BEL 57.88	5	Willems Bruno	99	ZVL BE 57.55
6	Van Vooren Jelle	98	MEGA BEL 58.02	6	Dewulf Tjorven	98	KZK BEL 57.68
7	Vincke Toon	00	DDAT BEL 58.09	7	Emo Jerome	00	HN BEL 57.71
8	Callewaert Niels	00	BRABO BEL 58.21	8	Van Son Lander	99	BRABO BEL 57.78

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Event 27, Men, 100m Freestyle, Prelim

Heat 7 of 16

1	De Block Killian	98	LAQUA	BEL	57.12
2	Blankers Gaetan	00	BRABO	BEL	56.75
3	Housen Stef	00	DMB	BEL	56.56
4	Beyens Sam	98	MOZKA	BEL	56.43
5	Marichal Seppe	01	BRABO	BEL	56.48
6	Van Den Bergh Floriaan	99	LOR	BEL	56.58
7	Derez Matthias	00	KZK	BEL	56.86
8	Aluisio Vincent	98	BRABO	BEL	57.12

Heat 8 of 16

1	Van Den Wijngaert Roel	96	SHARK	BEL	56.21
2	Pina Guilherme Filipe	98	POR	POR	56.04
3	Raymaekers Robbert	98	LAQUA	BEL	55.88
4	Derbyshire Tom	98	ASA	GBR	55.37
5	Van Lierde Thomas	99	ZNA	BEL	55.80
6	King Robert C	99	DALLAS	USA	55.95
7	Vincke Warre	98	DDAT	BEL	56.17
8	Beirnaert Jonas	97	STW	BEL	56.26

Heat 9 of 16

1	Sieling Nino	97	DWK	NED	55.23
2	Crowe William	97	DALLAS	USA	54.85
3	Waddingham Charlie	98	ASA	GBR	54.74
4	Dixon Jake	98	ASA	GBR	54.44
5	Kostons Jeremy	97	HELLAS	NED	54.71
6	Van Looy Quinten	99	SHARK	BEL	54.79
7	Dael Simon	99	BRABO	BEL	55.14
8	Bierberg Gregory	98	VN	BEL	55.28

Heat 10 of 16

1	Budd Samuel	98	COSE	GBR	54.21
2	Van Cauwelaert Felix	00	DALLAS	BEL	54.05
3	Bodiroza Nick	00	BRABO	SLO	53.87
4	Beard-Jones Ciaran	95	STMN	GBR	53.71
5	Gensorowsky Daniel	88	SGE	GER	53.86
6	Jackson Jacob	98	ASA	GBR	53.92
7	Brooks-Clarke Cameron	99	COSE	GBR	54.07
8	Carremans Maarten	98	WLW	BEL	54.25

Heat 11 of 16

1	Parmentier Bavo	98	BZK	BEL	53.66
2	De Graeve Birgen	98	LAQUA	BEL	53.44
3	Astrauskas Darijus	99	LTU	LTU	53.13
4	Luecker Philip	94	SGN	GER	52.89
5	Nijland Luuk	97	DWK	NED	53.07
6	Senior Cian	98	COSE	GBR	53.32
7	Gillie James R	98	MILW	GBR	53.57
8	Luyten Sjobbe	98	MOZKA	BEL	53.66

Heat 12 of 16

1	Stanford Benjamin	99	ASA	GBR	52.83
2	Blanch Nicolas	97	DEN	DEN	52.73
3	Atkinson Thomas	98	COSE	GBR	52.51
4	De Meulemeester S.	98	ZNA	BEL	52.23
5	Cortens Ken	93	LAQUA	BEL	52.29
6	Barker Louis	99	MILW	GBR	52.52
7	Kingham Thomas	98	MILW	GBR	52.79
8	Clogg Elliot	99	COSE	GBR	52.87

Heat 13 of 16

1	Svendsen Marcus Kroeyer	97	DEN	DEN	52.06
2	Jakupsson Magnus	94	DEN	DEN	51.90
3	Trap Alexander	97	BRABO	BEL	51.77
4	Hulme Joseph	97	GBR	GBR	51.52
5	Ovesen Sebastian	94	DEN	DEN	51.73
6	Irvine Sam	97	MILW	GBR	51.77
7	Rasmussen Christian V.	96	DEN	DEN	51.98
8	Vangoetsenhoven Dries	97	BRABO	BEL	52.06

Heat 14 of 16

1	Thijs Thomas	97	ZGEEL	BEL	50.94
2	Mylonas Fotios	96	GRE	GRE	50.38
3	Grainger Nicholas	94	GBR	GBR	49.79
4	Takacs Krisztian	85	GUSE	HUN	49.25
5	Munro Miles	96	GBR	GBR	49.65
6	Tursunov Khurshid	94	UZB	UZB	50.31
7	Pijnenburg Stan	96	NED	NED	50.56
8	Chisholm Kyle	97	GBR	GBR	51.50

Heat 15 of 16

1	Hajder Ensar	91	SGE	GER	50.70
2	Strazdas Povilas	96	LTU	LTU	50.37
3	Vanluchene Emmanuel	92	GOLD	BEL	49.76
4	Aerents Jasper	92	BZK	BEL	49.09
5	Timm Braxston	92	COSE	GBR	49.52
6	Tulupov Daniil	88	UZB	UZB	50.24
7	Barrett Adam	92	LCLA	GBR	50.50
8	Weiremans Lorenz	96	BRABO	BEL	51.07

Heat 16 of 16

1	Pereira Mario Alexandre	92	POR	POR	50.68
2	Nascimento Miguel Duarte	95	POR	POR	50.37
3	Surgeloose Glenn	89	BRABO	BEL	49.69
4	Timmers Pieter	88	BRABO	BEL	48.59
5	Disney-May James	92	LCLA	GBR	49.48
6	Santos Alexis Manacas	92	POR	POR	50.19
7	Dekoninck Dieter	91	BRABO	BEL	50.39
8	Quigley Grant	93	STMN	GBR	50.96



Flanders Speedo Cup 2016  
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Event 28  
24-1-2016 - 10:25

Women, 400m Freestyle

Open  
Startlist Prelim

Belgisch record	4:11.71	Arnould Isabelle	LGN	Seoul (KOR)	22-9-1988
Vlaams Record	4:17.38	Goffin Sofie	ZS	Charleroi	9-8-1998
Event record	4:06.68	Carlin Jazmin	GBR	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup 15 - 16: 4:54.00; Open: 4:49.00

YB			YB		
<u>Heat 1 of 6</u>			<u>Heat 2 of 6</u>		
1			1 Stockmann Lena	01 SGB	GER 4:45.62
2 Op De Beeck Tine	00 ZVL	BE 4:53.87	2 Haegeman Karen	97 AST	BEL 4:44.63
3 Moerbeek Enya	00 BRABO	BEL 4:49.69	3 Dionysopoulou Maria	00 BRABO	BEL 4:43.53
4 Vanhee Steffi	01 KZK	BEL 4:47.53	4 Van Assche Hanneleen	98 LAQUA	BEL 4:42.00
5 Mondoneda Sonoma	00 SCWR	BEL 4:48.47	5 Van Deuren Charlotte	01 BRABO	BEL 4:42.32
6 Collier Jille	01 BRABO	BEL 4:51.00	6 Florence Caroline G	97 DALLAS	USA 4:44.50
7			7 Leyman Merel	98 DDAT	BEL 4:44.90
8			8 Van Nyverseel Silke	01 ZS	BEL 4:47.04
<u>Heat 3 of 6</u>			<u>Heat 4 of 6</u>		
1 Van Suetendael Sara	00 BRABO	BEL 4:41.59	1 Kerr Pauline E	98 DALLAS	USA 4:35.32
2 De Baere Marie-Claire	97 STW	BEL 4:38.72	2 Walker Georgina	00 ASA	GBR 4:31.79
3 Eddy Grace	01 ASA	GBR 4:37.63	3 Dawans Axelle	99 STD	BEL 4:30.85
4 Dalligan Shannon	01 ASA	GBR 4:36.68	4 van Ruiten Evelien	96 NED	NED 4:28.50
5 Townson Holly	00 ASA	GBR 4:37.45	5 Henriques Ines Jacinto	00 POR	POR 4:28.66
6 Jones Isabel	00 MILW	GBR 4:38.28	6 Krause Carina	01 SGB	GER 4:31.25
7 Hubbard Caitlin	01 ASA	GBR 4:40.76	7 Geeroms Anke	00 SCZ	BEL 4:32.77
8 Koens Rebecca	99 LAQUA	BEL 4:41.87	8 Hoare Madeleine	02 ASA	GBR 4:35.75
<u>Heat 5 of 6</u>			<u>Heat 6 of 6</u>		
1 Hoffand Niamh	02 ASA	GBR 4:25.57	1 Dumont Valentine	00 FFBN	BEL 4:24.35
2 Wood Abbie	99 GBR	GBR 4:19.25	2 Duraes Diana Margarida	96 POR	POR 4:19.09
3 Lauridsen Julie Aglund	96 DEN	DEN 4:14.29	3 Boyle Georgina	98 GBR	GBR 4:13.55
4 Hibbott Holly	99 GBR	GBR 4:11.29	4 Faulkner Eleanor	93 COSE	GBR 4:10.73
5 Willmott Aimee	93 GBR	GBR 4:11.98	5 Finch Chloe	98 GBR	GBR 4:11.58
6 McKenzie Lucy	97 STMN	GBR 4:17.26	6 Griffiths Isobel	99 ASA	GBR 4:16.53
7 Vicary Eva	00 ASA	GBR 4:24.30	7 Holub Tamila Hryhorivna	99 POR	POR 4:20.78
8 Erichsen Caroline	98 DEN	DEN 4:27.56	8 Mattens Edith	97 KZK	BEL 4:26.39

Flanders Speedo Cup 2016  
ANTWERPEN, 23 - 24-1-2016

Event 29  
24-1-2016 - 10:55

Men, 400m Medley

Open  
Startlist Prelim

Belgisch record	4:16.71	Bauwens Ward	BRABO	Londen (GBR)	28-7-2012
Vlaams Record	4:16.71	Bauwens Ward	BRABO	Londen (GBR)	28-7-2012
Event record	4:15.39	Cseh Laszlo	HUN	Antwerpen	15-1-2011

Limieten Flanders Speedo Cup 15 - 18: 5:14.00; Open: 5:06.00

YB				YB			
<u>Heat 1 of 5</u>				<u>Heat 2 of 5</u>			
1				1	Van Den Abeele Frederik	00 BRABO	BEL 5:10.24
2				2	Heitkemper Julian	00 SGB	GER 5:07.92
3	Van Damme Antoon	99 AZL	BEL 5:12.39	3	Ruijten Sander	01 DMB	BEL 4:58.56
4	Beckwee Emile	98 DDAT	BEL 5:10.96	4	Van Cauwelaert Jasper	98 DALLAS	BEL 4:58.25
5	Samyn Jonas	00 KZK	BEL 5:12.06	5	De Jonge Andres	00 BRABO	BEL 4:58.38
6				6	Heuninck Stijn	00 FIRST	BEL 5:06.14
7				7	Stavart Corentin	99 STT	BEL 5:08.52
8				8	Van Riet Tom	99 BRABO	BEL 5:10.48
<u>Heat 3 of 5</u>				<u>Heat 4 of 5</u>			
1	Donati Alexandre	01 HN	BEL 4:53.92	1	Iacovides Joseph	99 ASA	GBR 4:38.79
2	Decuyper Brecht	00 MEGA	BEL 4:51.18	2	Griffiths Hayden	97 ASA	GBR 4:33.91
3	Richards Samuel	97 ASA	GBR 4:46.25	3	Derlyugov Aleksey	91 UZB	UZB 4:27.00
4	Swillen Timon	00 TZ	BEL 4:43.76	4	Slater Tristan	93 MILW	GBR 4:22.38
5	Lawson Joshua	99 MILW	GBR 4:45.50	5	Vital Joao Alexandre	98 POR	POR 4:25.23
6	Mulkers Lander	00 HZS	BEL 4:47.62	6	Davies Luke	97 GBR	GBR 4:31.67
7	Steed Hayden R	99 DALLAS	USA 4:51.66	7	Meskens Dries	99 AZL	BEL 4:37.04
8	Vandersypen Vincent	99 BRABO	BEL 4:56.68	8	Benn Parker J	99 DALLAS	USA 4:42.73
<u>Heat 5 of 5</u>							
1	Van Cauwelaert Felix	00 DALLAS	BEL 4:37.65				
2	Williams Brodie	99 MILW	GBR 4:33.89				
3	Dal Thomas	97 FFBN	BEL 4:25.61				
4	Litchfield Max	95 GBR	GBR 4:14.97				
5	Veloso Tomas Miguel	96 POR	POR 4:24.27				
6	Vanhuys Logan	97 FFBN	BEL 4:29.76				
7	De Gols Senne	98 ZNA	BEL 4:34.29				
8	Markall Ashley	99 ASA	GBR 4:40.48				

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 30 Open  
24-1-2016 - 11:25 Startlist Prelim  
Women, 100m Backstroke

Belgisch record	1:01.13	Buys Kimberly	BRABO	Antwerpen	19-5-2013
Vlaams Record	1:01.13	Buys Kimberly	BRABO	Antwerpen	19-5-2013
Event record	1:00.53	Quigley Lauren	GBR	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup 15 - 16: 1:13.00; Open: 1:12.00

YB			YB						
<u>Heat 1 of 4</u>			<u>Heat 2 of 4</u>						
1	Vandenhooft Louison	01 HN	BEL	1:11.90	1	Hubbard Caitlin	01 ASA	GBR	1:06.90
2	Eddy Grace	01 ASA	GBR	1:11.34	2	Frischknecht Rita Barros	98 POR	POR	1:04.70
3	Van Wallendael Sarah	02 BRABO	BEL	1:11.00	3	Leite Ana Sofia	93 POR	POR	1:03.42
4	Daemen Sien	01 DMB	BEL	1:10.09	4	Fullalove Jessica	96 GBR	GBR	1:00.31
5	Van Heghe Margot	99 FIRST	BEL	1:10.67	5	Maine Anna	00 GBR	GBR	1:02.83
6	Donckers Kali	00 BRABO	BEL	1:11.09	6	Southward Ellinor	01 ASA	GBR	1:03.94
7	Koens Rebecca	99 LAQUA	BEL	1:11.40	7	Swinnew Marie-Lien	00 DMB	BEL	1:05.70
8	Carlu Axelle	00 KZK	BEL	1:12.44	8	Jungling Florence	99 STD	BEL	1:09.01
<u>Heat 3 of 4</u>			<u>Heat 4 of 4</u>						
1	Wood Lily	02 ASA	GBR	1:06.52	1	Walravens Sofie	99 SCSG	BEL	1:06.15
2	Azevedo Francisca Gomes	97 POR	POR	1:04.05	2	Sacha Ioanna	99 GRE	GRE	1:04.00
3	Sherwin Rebecca	00 GBR	GBR	1:03.40	3	Buys Kimberly	89 BRABO	BEL	1:03.15
4	Quigley Lauren	95 GBR	GBR	59.71	4	Davies Georgia	90 LCLA	GBR	59.58
5	Bro Sarah	96 DEN	DEN	1:02.46	5	Horton Brittany	98 GBR	GBR	1:01.33
6	Rudin Rosie	98 GBR	GBR	1:03.91	6	Newlands Anna	98 STMN	GBR	1:03.58
7	Anderson Rachel	02 MILW	GBR	1:05.64	7	Goris Mirthe	96 HZS	BEL	1:05.11
8	Hansenne Nona	01 ZCK	BEL	1:08.03	8	D'Hondt Ischara	98 ZB	BEL	1:07.74

Event 31 Open  
24-1-2016 - 11:30 Startlist Prelim  
Men, 200m Butterfly

Belgisch record	1:56.06	Croenen Louis	SHARK	Berlin (GER)	21-8-2014
Vlaams Record	1:56.06	Croenen Louis	SHARK	Berlin (GER)	21-8-2014
Event record	1:57.20	Cseh Laszlo	HUN	Antwerpen	15-1-2011

Limieten Flanders Speedo Cup 15 - 18: 2:24.00; Open: 2:19.00

YB			YB						
<u>Heat 1 of 4</u>			<u>Heat 2 of 4</u>						
1			1	King Robert C	99 DALLAS	USA	2:15.66		
2			2	Marcourt Alexandre	99 STT	BEL	2:10.82		
3	Vincke Warre	98 DDAT	BEL	2:22.35	3	Carvalho Jose Paula	98 POR	POR	2:04.49
4	D'Rozario Reggie	98 BRABO	BEL	2:19.41	4	Quintanilha Nuno Goncalo	87 POR	POR	1:57.55
5	De Schutter Hannes	98 SHARK	BEL	2:19.49	5	Howdle Luke	94 COSE	GBR	2:00.63
6			6	Blanch Nicolas	97 DEN	DEN	2:09.25		
7			7	Steed Hayden R	99 DALLAS	USA	2:13.29		
8			8						



Flanders Speedo Cup 2016  
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Event 32, Women, 50m Freestyle, Prelim

Heat 7 of 7

1	Vanleyseele Sara	97	BRABO	BEL	26.94
2	Beckmann Emilie	97	DEN	DEN	26.24
3	Bro Sarah	96	DEN	DEN	25.98
4	Hallsall Francesca	90	GBR	GBR	24.37
5	Busch Kim	98	NED	NED	25.66
6	Senden Chantal	93	HELLAS	NED	26.17
7	Boyle Georgina	98	GBR	GBR	26.81
8	Tanner Millicent	99	MILW	GBR	27.09

Event 33

Men, 50m Backstroke

Open

24-1-2016 - 11:50

Startlist Prelim

Belgisch record	25.84	Claeys Bruno	BZK	Rome (ITA)	1-8-2009
Vlaams Record	25.84	Claeys Bruno	BZK	Rome (ITA)	1-8-2009
Event record	25.24	Plummer David	USA	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup 15 - 18: 32.00; Open: 30.00

YB

YB

Heat 1 of 8

1					
2					
3	Laceur Joni	98	BEST	BEL	31.83
4	Biermans Cas	00	BEST	BEL	31.58
5	Braeckmans Louis	01	ZS	BEL	31.69
6	Van Cauwelaert Felix	00	DALLAS	BEL	31.99
7					
8					

Heat 2 of 8

1	Van Son Lander	99	BRABO	BEL	31.54
2	Van Den Bergh Floriaan	99	LOR	BEL	31.44
3	Meuleman Matthias	00	BRABO	BEL	31.35
4	Hendrickx Viktor	00	ZCK	BEL	31.18
5	Hermans Janou	98	STT	BEL	31.23
6	Huygh Elias	00	WLW	BEL	31.36
7	Heuninck Stijn	00	FIRST	BEL	31.51
8	Callewaert Niels	00	BRABO	BEL	31.55

Heat 3 of 8

1	Stouten Louka	99	WLW	BEL	31.05
2	Rots Simon	00	AST	BEL	30.80
3	Bearelle Thibo	00	KZK	BEL	30.67
4	Beyens Sam	98	MOZKA	BEL	30.44
5	Stanford Benjamin	99	ASA	GBR	30.47
6	Cloes Janek	99	BEST	BEL	30.75
7	De Graaf Christophe	99	ZS	BEL	30.88
8	Stavart Corentin	99	STT	BEL	31.10

Heat 4 of 8

1	Duhamel Louis	98	ZCK	BEL	30.32
2	Vincke Warre	98	DDAT	BEL	29.87
3	Van Den Wijngaert Roel	96	SHARK	BEL	29.59
4	van Leeuwen Ruben	97	NED	NED	29.50
5	Heuninck Maarten	00	FIRST	BEL	29.56
6	Dewulf Tjorven	98	KZK	BEL	29.82
7	Doukmani Zakariya	99	HN	BEL	30.19
8	Vranckx Bjarne	99	BEST	BEL	30.37

Heat 5 of 8

1	Kostons Jeremy	97	HELLAS	NED	29.31
2	Den Haese Milan	98	DMB	BEL	29.15
3	Dawans Audric	97	STD	BEL	29.12
4	Sieling Nino	97	DWK	NED	28.78
5	Bisschop Tibo	98	BZK	BEL	28.83
6	Vandermaesen Kevin	97	LAQUA	BEL	29.12
7	Van Riet Tom	99	BRABO	BEL	29.25
8	Blankers Gaetan	00	BRABO	BEL	29.46

Heat 6 of 8

1	Delferiere Alan	98	SCSG	BEL	27.78
2	Jackson Jacob	98	ASA	GBR	27.19
3	Van Audekerke Nils	96	TSZ	BEL	26.64
4	Santos Alexis Manacas	92	POR	POR	25.54
5	Disney-May James	92	LCLA	GBR	26.09
6	Beard-Jones Ciaran	95	STMN	GBR	26.74
7	Mylonas Fotios	96	GRE	GRE	27.54
8	Van Lierde Thomas	99	ZNA	BEL	28.62

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Event 33, Men, 50m Backstroke, Prelim

Heat 7 of 8

1	Small Joseph	00	ASA
2	Pijnenburg Stan	96	NED
3	Quigley Grant	93	STMN
4	Tancock Liam	85	GBR
5	Jakupsson Magnus	94	DEN
6	Chesterman Henry	98	MILW
7	Clogg Elliot	99	COSE
8	Swillen Timon	00	TZ

Heat 8 of 8

1	Nijland Luuk	97	DWK	NED	27.57
2	Luyten Sjobbe	98	MOZKA	BEL	26.89
3	Theodoris Nathan Keith	95	POR	POR	26.23
4	Kopelev Jonatan	91	ISR	ISR	24.73
5	Balog Gabor	90	GUSE	HUN	25.56
6	Lopes Gabriel Jose	97	POR	POR	26.65
7	Gensorowsky Daniel	88	SGE	GER	27.19
8	Irvine Sam	97	MILW	GBR	28.25

Event 34

24-1-2016 - 12:00

Women, 50m Breaststroke

Open  
Startlist Prelim

Belgisch record	31.52	Janssens Kim	BRABO	Barcelona (ESP)	3-8-2013
Vlaams Record	31.52	Janssens Kim	BRABO	Barcelona (ESP)	3-8-2013
Event record	31.03	Pedersen Rikke M.	DEN	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup 15 - 16: 38.00; Open: 37.00

YB

Heat 1 of 3

1	Pluijm Saar	99	ZS	BEL	36.60
2	Delno Marjolein	94	NED	NED	33.92
3	Kamau Rebecca	99	ASA	GBR	33.01
4	Rodrigues Ana Pinho	94	POR	POR	31.83
5	Cain Emma	99	GBR	GBR	32.58
6	Schoefs Elise	98	HZS	BEL	33.67
7	Den Haese Mette	01	DMB	BEL	35.42
8	Taecke Lore	00	COAST	BEL	37.81

YB

Heat 2 of 3

1	Corstjens Britt	00	DMB	BEL	36.48
2	Vermeiren Fleur	02	BRABO	BEL	33.87
3	Senden Chantal	93	HELLAS	NED	32.86
4	Matts Katie	98	GBR	GBR	31.48
5	Black Layla	00	GBR	GBR	32.21
6	Pereira Raquel Gomes	00	POR	POR	33.52
7	Lemmens Nina	98	BRABO	BEL	34.58
8	Weyts Maxine	01	STW	BEL	37.65

Heat 3 of 3

1	Wijnants Jasmine	02	SHARK	BEL	35.55
2	Michels Lise	99	FFBN	BEL	33.67
3	Lambert Michelle	94	SGE	GER	32.86
4	Clark Imogen	99	GBR	GBR	31.04
5	Ruhnau Alice	95	SGE	GER	32.10
6	Gregoire Raphaelle	98	VN	BEL	33.15
7	Adams Kymberly	00	GOLD	BEL	34.30
8	Carlu Axelle	00	KZK	BEL	36.61

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 35 Men, 1500m Freestyle Open Startlist  
24-1-2016 - 12:00

Belgisch record	15:11.04	Vangeneugden Tom	OZV	Beijing (CHN)	15-8-2008
Vlaams Record	15:11.04	Vangeneugden Tom	OZV	Beijing (CHN)	15-8-2008
Event record	15:10.60	Grainger Nicholas	GBR	Antwerpen	26-1-2014

Limieten Flanders Speedo Cup 15 - 18: 18:26.00; Open: 17:50.00

YB			YB						
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>						
1	Willems Bruno	99 ZVL	BE	17:27.98	1	Iacovides Joseph	99 ASA	GBR	16:29.16
2	Wittevrongel Jorik	99 MEGA	BEL	17:04.94	2	Williams Brodie	99 MILW	GBR	16:14.96
3	Sodemann Elliot	98 LAQUA	SWE	16:52.25	3	Atkinson Thomas	98 COSE	GBR	16:11.48
4	Marichal Seppe	01 BRABO	BEL	16:40.94	4	Vital Joao Alexandre	98 POR	POR	15:55.07
5	Martens Noah	00 MEGA	BEL	16:46.03	5	McCusker Max	99 MILW	GBR	16:08.64
6	Kurle Cameron	97 GBR	GBR	17:04.76	6	Smits Pepijn	96 NED	NED	16:11.86
7	Heitkemper Julian	00 SGB	GER	17:20.40	7	Dal Lucas	99 FFBN	BEL	16:21.65
8	Berghmans Jens	01 ZS	BEL	17:35.00	8	Dael Simon	99 BRABO	BEL	16:32.51

Heat 3 scheduled in session 4

Event 36 Women, 1500m Freestyle Open Startlist  
24-1-2016 - 12:40 Snelste serie

Belgisch record	16:52.26	Arnould Isabelle	LGN	Buffalo (USA)	14-7-1993
Vlaams Record	16:54.68	Mattens Edith	IKZ	Poznan (POL)	12-7-2013

Limieten Flanders Speedo Cup 15 - 16: 19:30.00; Open: 18:50.00

YB			YB		
<u>Heat 1 of 1</u>					
1					
2	Stockmann Lena	01 SGB	GER	18:54.65	
3	Krause Carina	01 SGB	GER	18:09.65	
4	Mattens Edith	97 KZK	BEL	17:11.69	
5	van Ruiten Evelien	96 NED	NED	17:47.44	
6	Gysen Sophie-Charlotte	99 MOZKA	BEL	18:10.62	
7					
8					