

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 1  
23-1-2016 - 8:30

Men, 200m Freestyle

Open  
Startlist Prelim

Belgisch record	1:47.01	Timmers Pieter	BRABO	Berlin (GER)	20-8-2014
Vlaams Record	1:47.01	Timmers Pieter	BRABO	Berlin (GER)	20-8-2014
Event record	1:46.94	Guy James	GBR	Antwerpen	24-1-2015

Limieten Flanders Speedo Cup 15 - 18: 2:11.00; Open: 2:06.00

YB			YB		
<u>Heat 1 of 10</u>			<u>Heat 2 of 10</u>		
1	Parmentier Aymeric	93 WN BEL 2:14.88	1	Braeckmans Louis	01 ZS BEL 2:08.44
2	Noyez Clement	01 KZK BEL 2:10.40	2	Engels Aaron	99 STW BEL 2:07.68
3	Emo Jerome	00 HN BEL 2:09.40	3	Guldentops Kevin	00 TSZ BEL 2:07.30
4	Couckuyt Henri	00 KZK BEL 2:09.07	4	Bodiroza Nick	00 BRABO SLO 2:06.49
5	Downey Ben	99 SHARK BEL 2:09.36	5	Bark Luca	00 AST BEL 2:07.10
6	van Sas Stijn	00 ZCT BEL 2:10.08	6	Van Riet Tom	99 BRABO BEL 2:07.59
7	Coenegrachts Wout	99 ZCT BEL 2:10.58	7	Wittevrongel Jorik	99 MEGA BEL 2:08.12
8			8	Leenders Bram	00 SHARK BEL 2:08.99
<u>Heat 3 of 10</u>			<u>Heat 4 of 10</u>		
1	Aluisio Vincent	98 BRABO BEL 2:05.22	1	Van Vooren Jelle	98 MEGA BEL 2:03.65
2	Raymaekers Robbert	98 LAQUA BEL 2:05.07	2	Van Lierde Thomas	99 ZNA BEL 2:03.42
3	De Jonge Andres	00 BRABO BEL 2:04.59	3	Van Looy Quinten	99 SHARK BEL 2:02.12
4	Housen Stef	00 DMB BEL 2:04.17	4	Sieling Nino	97 DWK NED 2:00.38
5	Van Son Lander	99 BRABO BEL 2:04.44	5	Beirnaert Jonas	97 STW BEL 2:02.01
6	Heitkemper Julian	00 SGB GER 2:04.62	6	De Schutter Hannes	98 SHARK BEL 2:02.49
7	Derez Matthias	00 KZK BEL 2:05.16	7	Marichal Seppe	01 BRABO BEL 2:03.46
8	Den Haese Milan	98 DMB BEL 2:05.53	8	De Block Killian	98 LAQUA BEL 2:03.90
<u>Heat 5 of 10</u>			<u>Heat 6 of 10</u>		
1	Dael Simon	99 BRABO BEL 1:58.47	1	Pina Guilherme Filipe	98 POR POR 1:55.72
2	Klos Yoran	96 NED NED 1:57.32	2	Smits Pepijn	96 NED NED 1:55.60
3	Carvalho Jose Paula	98 POR POR 1:56.87	3	Irvine Sam	97 MILW GBR 1:55.22
4	Van Cauwelaert Felix	00 DALLAS BEL 1:55.96	4	Heitkemper Fabian	97 SGB GER 1:54.52
5	Robinson Tobias	96 GBR GBR 1:56.54	5	Clogg Elliot	99 COSE GBR 1:54.63
6	Derbyshire Tom	98 ASA GBR 1:57.18	6	Crowe William	97 DALLAS USA 1:55.27
7	Nijland Luuk	97 DWK NED 1:57.33	7	Stanford Benjamin	99 ASA GBR 1:55.62
8	Iacovides Joseph	99 ASA GBR 2:00.17	8	Barker Louis	99 MILW GBR 1:55.96
<u>Heat 7 of 10</u>			<u>Heat 8 of 10</u>		
1	Henx Julien	95 LUX LUX 1:54.29	1	Hajder Ensar	91 SGE GER 1:51.42
2	Kingham Thomas	98 MILW GBR 1:53.50	2	Nascimento Miguel Duarte	95 POR POR 1:50.74
3	van Leeuwen Ruben	97 NED NED 1:53.31	3	Dekoninck Dieter	91 BRABO BEL 1:49.72
4	Pijnenburg Stan	96 NED NED 1:52.61	4	Timmers Pieter	88 BRABO BEL 1:47.50
5	Blanch Nicolas	97 DEN DEN 1:52.72	5	Surgeloose Glenn	89 BRABO BEL 1:48.87
6	Williams Brodie	99 MILW GBR 1:53.34	6	Weiremans Lorenz	96 BRABO BEL 1:50.23
7	Gillie James R	98 MILW GBR 1:54.00	7	Howdle Luke	94 COSE GBR 1:51.02
8	Budd Samuel	98 COSE GBR 1:54.44	8	Disney-May James	92 LCLA GBR 1:52.50
<u>Heat 9 of 10</u>			<u>Heat 10 of 10</u>		
1	Carvalho Diogo Filipe	88 POR POR 1:51.26	1	Svendsen Marcus Kroeyer	97 DEN DEN 1:51.06
2	Atkinson Thomas	98 COSE GBR 1:50.52	2	Ovesen Sebastian	94 DEN DEN 1:50.34
3	Pereira Mario Alexandre	92 POR POR 1:49.62	3	Kurle Cameron	97 GBR GBR 1:48.92
4	Grainger Nicholas	94 GBR GBR 1:47.10	4	Guy James	95 GBR GBR 1:45.14
5	Vanluchene Emmanuel	92 GOLD BEL 1:48.57	5	Croenen Louis	94 SHARK BEL 1:48.42
6	Strazdas Povilas	96 LTU LTU 1:49.91	6	Chisholm Kyle	97 GBR GBR 1:49.90
7	Tursunov Khurshid	94 UZB UZB 1:50.98	7	Cortens Ken	93 LAQUA BEL 1:50.74
8	Borisavljevic Valentin	97 LAQUA BEL 1:51.76	8	Trap Alexander	97 BRABO BEL 1:51.43

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 2  
23-1-2016 - 8:55

Women, 50m Butterfly

Open  
Startlist Prelim

Belgisch record	26.10	Buys Kimberly	BRABO	Berlin (GER)	21-8-2014
Vlaams Record	26.10	Buys Kimberly	BRABO	Berlin (GER)	18-8-2014
Event record	25.75	Ottesen Jeanette	DEN	Antwerpen	15-1-2012

Limieten Flanders Speedo Cup 15 - 16: 32.00; Open: 31.00

YB				YB			
<u>Heat 1 of 6</u>				<u>Heat 2 of 6</u>			
1				1 Lambert Michelle	94 SGE	GER	30.65
2 Vanoost Margeaux	01 KZK	BEL	31.76	2 Jones Isabel	00 MILW	GBR	30.51
3 Carlu Axelle	00 KZK	BEL	30.83	3 Swinnen Marie-Lien	00 DMB	BEL	30.25
4 Horemans Kaat	00 ZCT	BEL	30.75	4 De Graaf Julie	01 ZS	BEL	30.12
5 Meert Jessy	99 SCSG	BEL	30.76	5 Vanlommel Anke	00 MOZKA	BEL	30.15
6 Kerr Pauline E	98 DALLAS	USA	30.99	6 Cain Emma	99 GBR	GBR	30.51
7 Koch Hannah	01 SGB	GER	31.86	7 Gielen Indra	00 DMB	BEL	30.64
8				8 Kamau Rebecca	99 ASA	GBR	30.73
<u>Heat 3 of 6</u>				<u>Heat 4 of 6</u>			
1 Lemmens Nina	98 BRABO	BEL	29.85	1 De Bock Sonia	98 BRABO	BEL	28.51
2 Tanner Millicent	99 MILW	GBR	29.77	2 Meynen Julie-Marie	97 LUX	LUX	28.08
3 Maes Rosanne	01 ZCK	BEL	29.76	3 Vourna Kristel	92 GRE	GRE	27.35
4 Hubbard Caitlin	01 ASA	GBR	29.36	4 Kelly Rachael	94 GBR	GBR	26.57
5 Henriques Ines Jacinto	00 POR	POR	29.73	5 Gage Emma	89 STMN	GBR	27.03
6 De Keersmaecker Audrey	99 BRABO	BEL	29.76	6 Vanleynseele Sara	97 BRABO	BEL	27.76
7 Delno Marjolein	94 NED	NED	29.81	7 Jochems Charissa	01 SHARK	BEL	28.37
8 Janssen Frederique	99 NED	NED	30.03	8 Ruhnau Alice	95 SGE	GER	29.23
<u>Heat 5 of 6</u>				<u>Heat 6 of 6</u>			
1 Goris Mirthe	96 HZS	BEL	28.49	1 Boyle Georgina	98 GBR	GBR	28.42
2 Dyer Orla	99 COSE	GBR	27.98	2 Davies Georgia	90 LCLA	GBR	27.80
3 Pugh Tazmin	00 GBR	GBR	27.22	3 Erichsen Caroline	98 DEN	DEN	27.19
4 Beckmann Emilie	97 DEN	DEN	26.51	4 Buys Kimberly	89 BRABO	BEL	26.24
5 Mikkelsen Amalie	97 DEN	DEN	26.89	5 Busch Kim	98 NED	NED	26.66
6 Halsall Francesca	90 GBR	GBR	27.71	6 Clark Imogen	99 GBR	GBR	27.39
7 Monteiro Ana Catarina	93 POR	POR	28.27	7 Clynes Amelia	99 GBR	GBR	28.24
8 Dumont Juliette	00 FFBN	BEL	28.84	8 Wood Abbie	99 GBR	GBR	28.71

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 3  
23-1-2016 - 9:00

Men, 100m Butterfly

Open  
Startlist Prelim

Belgisch record	52.22	Heersbrandt François	WN	Londen (GBR)	2-8-2012
Vlaams Record	52.95	Surgeloose Glenn	MEGA	Budapest (HUN)	13-8-2010
Event record	52.67	Heersbrandt François	BEL	Antwerpen	10-1-2009

Limieten Flanders Speedo Cup 15 - 18: 1:05.00; Open: 1:02.00

YB				YB			
<u>Heat 1 of 6</u>				<u>Heat 2 of 6</u>			
1				1	Willems Bruno	99 ZVL	BE 1:03.70
2	Heye Arko	00 WLW	BEL 1:04.93	2	Van Vooren Jelle	98 MEGA	BEL 1:02.78
3	Laceur Joni	98 BEST	BEL 1:04.64	3	Lemaire Arne	99 ZCK	BEL 1:02.46
4	Small Joseph	00 ASA	GBR 1:03.93	4	Markall Ashley	99 ASA	GBR 1:02.02
5	Beckwee Emile	98 DDAT	BEL 1:04.44	5	Donati Alexandre	01 HN	BEL 1:02.14
6	Herman Cian	01 FIRST	BEL 1:04.69	6	Folens Simon	99 LAQUA	BEL 1:02.64
7				7	Steed Hayden R	99 DALLAS	USA 1:03.04
8				8	Lepers Robin	99 BEST	BEL 1:03.77
<u>Heat 3 of 6</u>				<u>Heat 4 of 6</u>			
1	Meskens Dries	99 AZL	BEL 1:01.14	1	Vandermaesen Kevin	97 LAQUA	BEL 58.62
2	Vandersypen Vincent	99 BRABO	BEL 1:01.02	2	Jackson Jacob	98 ASA	GBR 56.61
3	Vincke Warre	98 DDAT	BEL 1:00.74	3	Vangoetsenhoven Dries	97 BRABO	BEL 54.16
4	Meganck Gaetan	95 STW	BEL 59.62	4	Dimitriadis Stefanos	89 GRE	GRE 53.08
5	Carremans Maarten	98 WLW	BEL 59.76	5	Margevicius Deividas	95 LTU	LTU 54.03
6	Heuinck Maarten	00 FIRST	BEL 1:00.78	6	De Meulemeester S.	98 ZNA	BEL 55.63
7	King Robert C	99 DALLAS	USA 1:01.02	7	Rothengatter Peter	97 NED	NED 57.98
8	De Meyer Sam	98 GBZ	BEL 1:01.95	8	Murcott Kane	00 ASA	GBR 59.50
<u>Heat 5 of 6</u>				<u>Heat 6 of 6</u>			
1	Swillen Timon	00 TZ	BEL 58.26	1	Mulkers Lander	00 HZS	BEL 58.07
2	De Graeve Birgen	98 LAQUA	BEL 56.02	2	Brooks-Clarke Cameron	99 COSE	GBR 55.66
3	Luecker Philip	94 SGN	GER 54.14	3	Takacs Krisztian	85 GUSE	HUN 54.12
4	Timm Braxston	92 COSE	GBR 52.74	4	Barrett Adam	92 LCLA	GBR 52.36
5	Croenen Louis	94 SHARK	BEL 53.86	5	Quintanilha Nuno Goncalo	87 POR	POR 53.80
6	Howdle Luke	94 COSE	GBR 55.53	6	Borisavljevic Alexis	97 LAQUA	BEL 55.11
7	McCusker Max	99 MILW	GBR 57.10	7	Marcourt Alexandre	99 STT	BEL 56.88
8	Bodiroza Nick	00 BRABO	SLO 59.32	8	Luyten Sjobbe	98 MOZKA	BEL 59.11

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 4  
23-1-2016 - 9:10

Women, 200m Backstroke

Open  
Startlist Prelim

Belgisch record	2:11.82	Buys Kimberly	BRABO	Antwerpen	23-1-2011
Vlaams Record	2:11.82	Buys Kimberly	BRABO	Antwerpen	23-1-2011
Event record	2:09.71	Hohmann Georgia M.	GBR	Antwerpen	15-1-2012

Limieten Flanders Speedo Cup 15 - 16: 2:37.00; Open: 2:33.00

YB			YB		
<u>Heat 1 of 5</u>			<u>Heat 2 of 5</u>		
1			1	Cobbaert Justine	00 ZB BEL 2:30.13
2	Beugnies Noa	01 KZK BEL 2:35.38	2	D'Hondt Ischara	98 ZB BEL 2:28.15
3	Eddy Grace	01 ASA GBR 2:33.05	3	Banky Jacqueline	96 LUX LUX 2:25.95
4	Donckers Kali	00 BRABO BEL 2:31.47	4	Walravens Sofie	99 SCSG BEL 2:24.98
5	Townson Holly	00 ASA GBR 2:32.46	5	Gysen Sophie-Charlotte	99 MOZKA BEL 2:25.07
6	Vandenhooft Louison	01 HN BEL 2:34.00	6	Jungling Florence	99 STD BEL 2:27.96
7	Veryser Jolien	01 COAST BEL 2:35.46	7	Stockmann Lena	01 SGB GER 2:29.75
8			8	Koens Rebecca	99 LAQUA BEL 2:31.24
<u>Heat 3 of 5</u>			<u>Heat 4 of 5</u>		
1	Wood Lily	02 ASA GBR 2:21.69	1	Kaminskaya Victoria	95 POR POR 2:21.24
2	Southward Ellinor	01 ASA GBR 2:18.44	2	Anderson Rachel	02 MILW GBR 2:18.29
3	Sacha Ioanna	99 GRE GRE 2:15.80	3	Goldbach Laura	98 SGE GER 2:15.77
4	Newlands Anna	98 STMN GBR 2:11.63	4	Horton Brittany	98 GBR GBR 2:10.04
5	Azevedo Francisca Gomes	97 POR POR 2:15.27	5	Bro Sarah	96 DEN DEN 2:12.53
6	Maine Anna	00 GBR GBR 2:16.74	6	Sherwin Rebecca	00 GBR GBR 2:16.29
7	Bouden Camille	01 ZB BEL 2:19.43	7	Lauridsen Julie Aglund	96 DEN DEN 2:19.11
8	Obreno Louise	00 BZK BEL 2:24.65	8	Hansenne Nona	01 ZCK BEL 2:23.76
<u>Heat 5 of 5</u>					
1	Hoffand Niamh	02 ASA GBR 2:20.58			
2	Jones Isabel	00 MILW GBR 2:17.07			
3	Frischknecht Rita Barros	98 POR POR 2:15.53			
4	Fullalove Jessica	96 GBR GBR 2:10.01			
5	Rudin Rosie	98 GBR GBR 2:12.23			
6	Van der Zanden Wendy	88 BRABO NED 2:16.06			
7	Laureys Nele	95 STW BEL 2:18.49			
8	Smits Jade	01 BRABO BEL 2:23.03			

Flanders Speedo Cup 2016  
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Event 5  
23-1-2016 - 9:25

Men, 200m Breaststroke

Open  
Startlist Prelim

Belgisch record	2:12.97	Coreelman Jonas	GOLD	Antwerpen	27-4-2014
Vlaams Record	2:12.97	Coreelman Jonas	GOLD	Antwerpen	27-4-2014
Event record	2:10.50	Gyurta Daniël	HUN	Antwerpen	20-1-2013

Limieten Flanders Speedo Cup 15 - 18: 2:42.00; Open: 2:37.00

YB			YB						
<u>Heat 1 of 5</u>			<u>Heat 2 of 5</u>						
1	Noye Clement	01 KZK	BEL	2:41.74	1	Moyaert Theodore	01 ISWIM	BEL	2:36.11
2	Vaes Stef	99 BRABO	BEL	2:41.15	2	Van Damme Antoon	99 AZL	BEL	2:33.34
3	Kruijtzter Jelle	99 BRABO	BEL	2:37.12	3	Benn Parker J	99 DALLAS	USA	2:31.97
4	Decuyper Brecht	00 MEGA	BEL	2:36.36	4	Ruijten Sander	01 DMB	BEL	2:29.48
5	Santos Alexis Manacas	92 POR	POR	2:36.67	5	Van Cauwelaert Jasper	98 DALLAS	BEL	2:29.95
6	Steed Hayden R	99 DALLAS	USA	2:37.80	6	Vital Joao Alexandre	98 POR	POR	2:33.01
7	Wittevrongel Jorik	99 MEGA	BEL	2:41.68	7	Markall Ashley	99 ASA	GBR	2:34.38
8					8	Vermeulen Robbin	98 STW	BEL	2:36.28
<u>Heat 3 of 5</u>			<u>Heat 4 of 5</u>						
1	Kosirnik Matic	00 LAQUA	BEL	2:25.54	1	Staes Thomas	00 SHARK	BEL	2:25.49
2	Rasmussen Christian V.	96 DEN	DEN	2:20.69	2	Kerc Aljaz	90 PK Olimpija	SLO	2:20.18
3	Greven Lucas	95 NED	NED	2:15.60	3	Carvalho Diogo Filipe	88 POR	POR	2:15.58
4	Wilby James	93 GBR	GBR	2:10.87	4	Holderness Robert	90 MILW	GBR	2:10.61
5	Attwood Charlie	97 GBR	GBR	2:13.62	5	Davies Luke	97 GBR	GBR	2:12.75
6	Ashton Edmund	98 LACPP	GBR	2:16.92	6	Simenko Nejc	93 PK Olimpija	SLO	2:16.44
7	Richards Samuel	97 ASA	GBR	2:23.73	7	Vandevelde Raf	93 STT	BEL	2:23.16
8	Waddingham Charlie	98 ASA	GBR	2:27.48	8	Rogers Alexander	99 ASA	GBR	2:27.45
<u>Heat 5 of 5</u>									
1	Dixon Jake	98 ASA	GBR	2:24.09					
2	De Gols Senne	98 ZNA	BEL	2:19.29					
3	Caerts Basten	97 DBT	BEL	2:13.76					
4	Willis Andrew	90 GBR	GBR	2:08.52					
5	Carnol Laurent	89 LUX	LUX	2:11.65					
6	Sidlauskas Andrius	97 LTU	LTU	2:16.15					
7	Lawson Joshua	99 MILW	GBR	2:21.51					
8	De Meyer Diego	95 MEGA	BEL	2:26.60					

Flanders Speedo Cup 2016  
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Event 6 Women, 100m Breaststroke Open  
23-1-2016 - 9:45 Startlist Prelim

Belgisch record	1:08.36	Janssens Kim	BRABO	Barcelona (ESP)	29-7-2013
Vlaams Record	1:08.36	Janssens Kim	BRABO	Barcelona (ESP)	29-7-2013
Event record	1:07.15	Pedersen Rikke M.	DEN	Antwerpen	14-1-2012

Limieten Flanders Speedo Cup 15 - 16: 1:22.00; Open: 1:20.00

YB			YB		
<u>Heat 1 of 4</u>			<u>Heat 2 of 4</u>		
1	Van Loon Lien	01 LAQUA BEL 1:24.12	1	Staes Jolien	02 SHARK BEL 1:19.53
2	Flas Camille	01 STD BEL 1:21.82	2	Bos Esmee	96 NED NED 1:13.18
3	Beugnies Noa	01 KZK BEL 1:21.36	3	Ruhnau Alice	95 SGE GER 1:10.18
4	Weyts Maxine	01 STW BEL 1:21.20	4	Black Layla	00 GBR GBR 1:09.26
5	Casier Jente	01 LOR BEL 1:21.21	5	Clark Imogen	99 GBR GBR 1:09.97
6	Carlu Axelle	00 KZK BEL 1:21.73	6	Michels Lise	99 FFBN BEL 1:10.92
7	Verhenne Kaat	00 KZK BEL 1:21.98	7	Wijnants Jasmine	02 SHARK BEL 1:17.24
8			8	Vanoost Margeaux	01 KZK BEL 1:20.67
<u>Heat 3 of 4</u>			<u>Heat 4 of 4</u>		
1	Borgonie Tine	98 RZV BEL 1:19.06	1	Corstjens Britt	00 DMB BEL 1:17.41
2	Bell Amy	00 COSE GBR 1:11.92	2	Pereira Raquel Gomes	00 POR POR 1:11.82
3	Cain Emma	99 GBR GBR 1:10.11	3	Lambert Michelle	94 SGE GER 1:10.00
4	Rodrigues Ana Pinho	94 POR POR 1:08.82	4	Matts Katie	98 GBR GBR 1:07.96
5	Vermeylen Jolien	94 LAQUA BEL 1:09.74	5	Elzerman Anouk	90 HAQUE NED 1:09.29
6	Felker Annalena	98 SGE GER 1:10.48	6	Kamau Rebecca	99 ASA GBR 1:10.29
7	Adams Kymberly	00 GOLD BEL 1:14.68	7	Geeroms Anke	00 SCZ BEL 1:14.64
8	Den Haese Mette	01 DMB BEL 1:20.47	8	Wood Lily	02 ASA GBR 1:19.98

Event 7 Men, 200m Medley Open  
23-1-2016 - 9:50 Startlist Prelim

Belgisch record	2:00.88	Vanluchene Emanuel	GOLD	Antwerpen	20-5-2013
Vlaams Record	2:00.88	Vanluchene Emmanuel	GOLD	Antwerpen	3-5-2014
Event record	2:00.03	Cseh Laszlo	HUN	Antwerpen	15-1-2011

Limieten Flanders Speedo Cup 15 - 18: 2:27.00; Open: 2:21.00

YB			YB		
<u>Heat 1 of 5</u>			<u>Heat 2 of 5</u>		
1	Callewaert Niels	00 BRABO BEL 2:25.89	1	Heitkemper Julian	00 SGB GER 2:22.76
2	Parmentier Aymeric	93 WN BEL 2:25.54	2	Carremans Maarten	98 WLW BEL 2:20.71
3	Duhamel Louis	98 ZCK BEL 2:24.43	3	Vincke Warre	98 DDAT BEL 2:17.68
4	Derez Matthias	00 KZK BEL 2:23.43	4	Delferiere Alan	98 SCSG BEL 2:17.07
5	Staes Thomas	00 SHARK BEL 2:24.32	5	Vandersypen Vincent	99 BRABO BEL 2:17.13
6	Verdoodt Alexis	98 SCSG BEL 2:24.61	6	De Jonge Andres	00 BRABO BEL 2:18.26
7	Cloes Janek	99 BEST BEL 2:25.80	7	Van Den Abeele Frederik	00 BRABO BEL 2:22.76
8			8	Laceur Joni	98 BEST BEL 2:23.21

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Event 7, Men, 200m Medley, Prelim

Heat 3 of 5

1	Mulkers Lander	00	HZS
2	Van Cauwelaert Felix	00	DALLAS
3	Griffiths Hayden	97	ASA
4	Vanluchene Emmanuel	92	GOLD
5	Hulme Joseph	97	GBR
6	Rasmussen Christian V.	96	DEN
7	Lawson Joshua	99	MILW
8	Markall Ashley	99	ASA

Heat 4 of 5

1	Benn Parker J	99	DALLAS	USA	2:13.49
2	De Gols Senne	98	ZNA	BEL	2:08.76
3	Derlyugov Aleksey	91	UZB	UZB	2:04.10
4	Slater Tristan	93	MILW	GBR	2:00.24
5	Lopes Gabriel Jose	97	POR	POR	2:02.72
6	Dixon Jake	98	ASA	GBR	2:08.33
7	Meskens Dries	99	AZL	BEL	2:11.65
8	Steed Hayden R	99	DALLAS	USA	2:14.91

Heat 5 of 5

1	Van Cauwelaert Jasper	98	DALLAS	BEL	2:13.40
2	Blanch Nicolas	97	DEN	DEN	2:08.62
3	Hajder Ensar	91	SGE	GER	2:03.04
4	Litchfield Max	95	GBR	GBR	1:59.94
5	Quintanilha Nuno Goncalo	87	POR	POR	2:02.50
6	Pijnenburg Stan	96	NED	NED	2:08.17
7	Swillen Timon	00	TZ	BEL	2:10.08
8	De Muynck Noah	96	MEGA	BEL	2:14.74

Event 8

Women, 100m Freestyle

Open  
Startlist Prelim

23-1-2016 - 10:05

Belgisch record	55.68	Buys Kimberly	BRABO	Barcelona (ESP)	1-8-2013
Vlaams Record	55.68	Buys Kimberly	BRABO	Barcelona (ESP)	1-8-2013
Event record	53.80	Veldhuis Marleen	NED	Antwerpen	13-1-2007

Limieten Flanders Speedo Cup 15 - 16: 1:05.00; Open: 1:04.00

YB

Heat 1 of 11

1	Veryser Jolien	01	COAST	BEL	1:04.82
2	Peeters Saar	01	SHARK	BEL	1:04.61
3	Verhenne Kaat	00	KZK	BEL	1:03.99
4	Donckers Kali	00	BRABO	BEL	1:04.26
5	Klaassen Katelijne	00	LAQUA	BEL	1:04.70
6					
7					
8					

YB

Heat 2 of 11

1	Blok Denise	99	HELLAS	NED	1:03.86
2	Moerbeek Enya	00	BRABO	BEL	1:03.75
3	Collier Jille	01	BRABO	BEL	1:03.69
4	Van Deuren Charlotte	01	BRABO	BEL	1:03.60
5	Morren Jora	99	BEST	BEL	1:03.63
6	Hansenne Nona	01	ZCK	BEL	1:03.70
7	Dhaenens Emma	99	DDAT	BEL	1:03.77
8	Van Laere Megan	01	ZS	BEL	1:03.92

Heat 3 of 11

1	Maes Rosanne	01	ZCK	BEL	1:03.54
2	Roelands Bauke	00	BRABO	BEL	1:03.46
3	Koch Hannah	01	SGB	GER	1:03.32
4	Dionysopoulou Maria	00	BRABO	BEL	1:02.98
5	Vanoost Margeaux	01	KZK	BEL	1:03.10
6	Van Der Velpen Emma	00	LAQUA	BEL	1:03.34
7	Gielen Indra	00	DMB	BEL	1:03.50
8	Carlu Axelle	00	KZK	BEL	1:03.56

Heat 4 of 11

1	Dalligan Shannon	01	ASA	GBR	1:02.32
2	Haegeman Karen	97	AST	BEL	1:02.24
3	Florence Caroline G	97	DALLAS	USA	1:02.09
4	Lemmens Nina	98	BRABO	BEL	1:01.54
5	Horemans Kaat	00	ZCT	BEL	1:01.76
6	Melis Nala	99	BRABO	BEL	1:02.23
7	Vanhee Steffi	01	KZK	BEL	1:02.26
8	Mondonedo Sonoma	00	SCWR	BEL	1:02.49

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Event 8, Women, 100m Freestyle, Prelim

Heat 5 of 11

1	Hoare Madeleine	02	ASA
2	Tanner Millicent	99	MILW
3	Cobbaert Justine	00	ZB
4	Feyaerts Marie	99	ZCT
5	D'Hondt Ischara	98	ZB
6	Hubbard Caitlin	01	ASA
7	De Keersmaecker Audrey	99	BRABO
8	Walker Georgina	00	ASA

Heat 6 of 11

1	De Cock Hanne	98	BZK	BEL	1:00.93
2	Koens Rebecca	99	LAQUA	BEL	1:00.52
3	van Ruiten Evelien	96	NED	NED	1:00.43
4	Dyer Orla	99	COSE	GBR	1:00.36
5	Van Nyverseel Silke	01	ZS	BEL	1:00.39
6	Townson Holly	00	ASA	GBR	1:00.45
7	Griffiths Isobel	99	ASA	GBR	1:00.57
8	Krause Carina	01	SGB	GER	1:00.93

Heat 7 of 11

1	Mikkelsen Amalie	97	DEN	DEN	59.85
2	Erichsen Caroline	98	DEN	DEN	59.74
3	Banky Jacqueline	96	LUX	LUX	59.46
4	Vicary Eva	00	ASA	GBR	58.89
5	Vanlommel Anke	00	MOZKA	BEL	59.44
6	Kamau Rebecca	99	ASA	GBR	59.66
7	Felker Annalena	98	SGE	GER	59.83
8	Kerr Pauline E	98	DALLAS	USA	1:00.23

Heat 8 of 11

1	Eddy Grace	01	ASA	GBR	58.77
2	Vanleyneelee Sara	97	BRABO	BEL	58.44
3	Vermeylen Jolien	94	LAQUA	BEL	58.21
4	Newlands Anna	98	STMN	GBR	57.82
5	Vourna Kristel	92	GRE	GRE	57.93
6	Finch Chloe	98	GBR	GBR	58.33
7	De Bock Sonia	98	BRABO	BEL	58.48
8	Lauridsen Julie Aglund	96	DEN	DEN	58.85

Heat 9 of 11

1	Dumont Juliette	00	FFBN	BEL	57.54
2	Close Brearnna	97	STMN	GBR	56.88
3	Van der Zanden Wendy	88	BRABO	NED	56.10
4	Turner Rebecca	92	COSE	GBR	55.29
5	Gage Emma	89	STMN	GBR	55.92
6	Leite Ana Sofia	93	POR	POR	56.41
7	Goris Lotte	00	BRABO	BEL	57.17
8	Davies Georgia	90	LCLA	GBR	57.80

Heat 10 of 11

1	Bos Esmee	96	NED	NED	57.50
2	Beckmann Emilie	97	DEN	DEN	56.81
3	Casini Juliette	97	FFBN	GBR	56.05
4	Quigley Lauren	95	GBR	GBR	55.17
5	Buys Kimberly	89	BRABO	BEL	55.53
6	Delno Marjolein	94	NED	NED	56.25
7	Rodrigues Ana Pinho	94	POR	POR	57.12
8	Faulkner Eleanor	93	COSE	GBR	57.74

Heat 11 of 11

1	Sherwin Rebecca	00	GBR	GBR	57.18
2	Busch Kim	98	NED	NED	56.80
3	Boyle Georgina	98	GBR	GBR	56.02
4	Halsall Francesca	90	GBR	GBR	53.99
5	Meynen Julie-Marie	97	LUX	LUX	55.38
6	Bro Sarah	96	DEN	DEN	56.21
7	Janssen Frederique	99	NED	NED	57.06
8	Matts Katie	98	GBR	GBR	57.68



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Event 9

Men, 400m Freestyle

Open  
Startlist Prelim

23-1-2016 - 10:20

Belgisch record	3:50.91	Bauwens Ward	BRABO	Antwerpen	12-5-2013
Vlaams Record	3:50.91	Bauwens Ward	BRABO	Antwerpen	11-5-2013
Event record	3:45.77	Guy James	GBR	Antwerpen	24-1-2015

Limieten Flanders Speedo Cup 15 - 18: 4:39.00; Open: 4:29.00

YB				YB			
<u>Heat 1 of 8</u>				<u>Heat 2 of 8</u>			
1				1	Meuleman Matthias	00 BRABO	BEL 4:31.14
2	Van Rompaey Dries	01 BRABO	BEL 4:38.99	2	Willems Bruno	99 ZVL	BE 4:28.85
3	Samyn Jonas	00 KZK	BEL 4:37.40	3	Van Son Lander	99 BRABO	BEL 4:27.90
4	Beckwee Emile	98 DDAT	BEL 4:33.07	4	Aluisio Vincent	98 BRABO	BEL 4:25.46
5	Rooman Rob	00 LAQUA	BEL 4:37.36	5	De Block Killian	98 LAQUA	BEL 4:25.76
6	Herteleer Jonas	01 MEGA	BEL 4:37.53	6	Berghmans Jens	01 ZS	BEL 4:28.61
7				7	Van Den Broeck Brent	00 ZCT	BEL 4:29.50
8				8	Bark Luca	00 AST	BEL 4:32.02
<u>Heat 3 of 8</u>				<u>Heat 4 of 8</u>			
1	Dewulf Tjorven	98 KZK	BEL 4:24.10	1	Murcott Kane	00 ASA	GBR 4:16.00
2	Housen Stef	00 DMB	BEL 4:23.55	2	Martens Noah	00 MEGA	BEL 4:15.18
3	Folens Simon	99 LAQUA	BEL 4:21.96	3	Marichal Seppe	01 BRABO	BEL 4:12.98
4	Sodemann Elliot	98 LAQUA	SWE 4:17.23	4	Iacovides Joseph	99 ASA	GBR 4:10.18
5	King Robert C	99 DALLAS	USA 4:18.38	5	Marcourt Alexandre	99 STT	BEL 4:11.12
6	D'Rozario Reggie	98 BRABO	BEL 4:23.07	6	De Schutter Hannes	98 SHARK	BEL 4:13.97
7	Decuyper Brecht	00 MEGA	BEL 4:23.82	7	Rothengatter Peter	97 NED	NED 4:15.36
8	Daems Gilles	98 ZCT	BEL 4:24.90	8	Beirnaert Jonas	97 STW	BEL 4:16.34
<u>Heat 5 of 8</u>				<u>Heat 6 of 8</u>			
1	Waddingham Charlie	98 ASA	GBR 4:07.17	1	van Leeuwen Ruben	97 NED	NED 4:04.10
2	McCusker Max	99 MILW	GBR 4:06.27	2	Veloso Tomas Miguel	96 POR	POR 4:01.69
3	Vital Joao Alexandre	98 POR	POR 4:05.34	3	Blancher Nicolas	97 DEN	DEN 4:00.42
4	Richards Samuel	97 ASA	GBR 4:05.14	4	Heitkemper Fabian	97 SGB	GER 3:59.43
5	Luecker Philip	94 SGN	GER 4:05.26	5	Thijs Thomas	97 ZGEEL	BEL 4:00.18
6	Gillie James R	98 MILW	GBR 4:05.60	6	Pina Guilherme Filipe	98 POR	POR 4:01.42
7	Van Cauwelaert Felix	00 DALLAS	BEL 4:06.72	7	Kingham Thomas	98 MILW	GBR 4:02.99
8	Dael Simon	99 BRABO	BEL 4:10.08	8	Smits Pepijn	96 NED	NED 4:04.23
<u>Heat 7 of 8</u>				<u>Heat 8 of 8</u>			
1	Atkinson Thomas	98 COSE	GBR 3:58.87	1	Cortens Ken	93 LAQUA	BEL 3:58.68
2	Budd Samuel	98 COSE	GBR 3:57.90	2	Weiremans Lorenz	96 BRABO	BEL 3:56.19
3	Kurle Cameron	97 GBR	GBR 3:51.00	3	Hendrickx Lander	94 LAQUA	BEL 3:50.66
4	Grainger Nicholas	94 GBR	GBR 3:45.89	4	Guy James	95 GBR	GBR 3:43.75
5	Litchfield Max	95 GBR	GBR 3:48.59	5	Lelliott Jay	95 GBR	GBR 3:47.50
6	Robinson Tobias	96 GBR	GBR 3:54.14	6	Chisholm Kyle	97 GBR	GBR 3:52.32
7	Derbyshire Tom	98 ASA	GBR 3:58.06	7	Williams Brodie	99 MILW	GBR 3:58.05
8	Trap Alexander	97 BRABO	BEL 3:59.37	8	Nascimento Miguel Duarte	95 POR	POR 3:59.10

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Event 10  
23-1-2016 - 11:00

Women, 400m Medley

Open  
Startlist Prelim

Belgisch record	4:46.15	Gervy Yseult	CNBA	Helsinki (FIN)	3-7-2000
Vlaams Record	4:51.21	Becue Brigitte	BZK	Rome (ITA)	2-6-1995
Event record	4:33.64	Wilmott Aimee	GBR	Antwerpen	25-1-2014

Limieten Flanders Speedo Cup 15 - 16: 5:37.00; Open: 5:30.00

YB			YB		
<u>Heat 1 of 4</u>			<u>Heat 2 of 4</u>		
1			1 Cas Emma	99 ZS	BEL 5:26.32
2			2 Stockmann Lena	01 SGB	GER 5:18.52
3 Van Steen Ayko	01 TZ	BEL 5:36.75	3 Daemen Sien	01 DMB	BEL 5:16.21
4 De Wolf Silke	98 DDAT	BEL 5:28.02	4 Mattens Edith	97 KZK	BEL 5:13.58
5 Tuytschaever Dora	00 LOR	BEL 5:36.07	5 Van Suetendael Sara	00 BRABO	BEL 5:14.43
6			6 Townson Holly	00 ASA	GBR 5:16.95
7			7 Leyman Merel	98 DDAT	BEL 5:23.81
8			8		
<u>Heat 3 of 4</u>			<u>Heat 4 of 4</u>		
1 Bouden Camille	01 ZB	BEL 5:04.78	1 Wood Lily	02 ASA	GBR 5:03.70
2 Bell Amy	00 COSE	GBR 4:55.41	2 Duraes Diana Margarida	96 POR	POR 4:54.78
3 McKenzie Lucy	97 STMN	GBR 4:45.22	3 Amanova Ranohon	94 UZB	UZB 4:45.00
4 Rudin Rosie	98 GBR	GBR 4:39.01	4 Willmott Aimee	93 GBR	GBR 4:33.66
5 Wood Abbie	99 GBR	GBR 4:41.97	5 Coates Georgia	99 GBR	GBR 4:39.94
6 Jones Isabel	00 MILW	GBR 4:49.09	6 Kaminskaya Victoria	95 POR	POR 4:45.69
7 Hofland Niamh	02 ASA	GBR 5:00.77	7 Goris Lotte	00 BRABO	BEL 4:58.48
8 Geeroms Anke	00 SCZ	BEL 5:08.54	8 Dumont Juliette	00 FFBN	BEL 5:05.87

Event 11  
23-1-2016 - 11:25

Men, 100m Backstroke

Open  
Startlist Prelim

Belgisch record	55.14	Vanluchene Emmanuel	GOLD	Antwerpen	20-5-2013
Vlaams Record	55.14	Vanluchene Emmanuel	GOLD	Antwerpen	20-5-2013
Event record	54.33	Walker-Hebborn Christopher	GBR	Antwerpen	25-1-2014

Limieten Flanders Speedo Cup 15 - 18: 1:07.00; Open: 1:05.00

YB			YB		
<u>Heat 1 of 6</u>			<u>Heat 2 of 6</u>		
1 Heuninck Stijn	00 FIRST	BEL 1:06.78	1 Beyens Sam	98 MOZKA	BEL 1:03.90
2 Bearelle Thibo	00 KZK	BEL 1:06.57	2 Van Riet Tom	99 BRABO	BEL 1:03.50
3 Emo Jerome	00 HN	BEL 1:05.59	3 Heuninck Maarten	00 FIRST	BEL 1:03.33
4 Cloes Janek	99 BEST	BEL 1:04.07	4 De Muyck Noah	96 MEGA	BEL 1:02.92
5 Carvalho Diogo Filipe	88 POR	POR 1:04.67	5 Blankers Gaetan	00 BRABO	BEL 1:02.99
6 Vincke Warre	98 DDAT	BEL 1:05.63	6 Donati Alexandre	01 HN	BEL 1:03.50
7 Parmentier Aymeric	93 WN	BEL 1:06.64	7 Doukmani Zakariya	99 HN	BEL 1:03.80
8			8 Dewulf Tjorven	98 KZK	BEL 1:03.95

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Event 11, Men, 100m Backstroke, Prelim

Heat 3 of 6

1	Swillen Timon	00	TZ	BEL	1:01.87
2	Van Lierde Thomas	99	ZNA	BEL	1:01.77
3	Vandermaesen Kevin	97	LAQUA	BEL	1:01.18
4	Irvine Sam	97	MILW	GBR	1:00.46
5	Nijland Luuk	97	DWK	NED	1:01.01
6	Delferiere Alan	98	SCSG	BEL	1:01.28
7	Sieling Nino	97	DWK	NED	1:01.85
8	Dawans Audric	97	STD	BEL	1:01.95

Heat 4 of 6

1	Dixon Jake	98	ASA	GBR	59.31
2	Clogg Elliot	99	COSE	GBR	57.62
3	Santos Alexis Manacas	92	POR	POR	56.28
4	Rapsys Danas	95	LTU	LTU	54.42
5	Quigley Grant	93	STMN	GBR	55.70
6	Van Audekerke Nils	96	TSZ	BEL	57.04
7	Jackson Jacob	98	ASA	GBR	59.03
8	Small Joseph	00	ASA	GBR	1:00.43

Heat 5 of 6

1	Crowe William	97	DALLAS	USA	59.22
2	Luyten Sjobbe	98	MOZKA	BEL	57.47
3	Jakupsson Magnus	94	DEN	DEN	55.80
4	Kopelev Jonatan	91	ISR	ISR	54.38
5	Hulme Joseph	97	GBR	GBR	55.36
6	Bukin Danil	94	UZB	UZB	56.80
7	Den Haese Milan	98	DMB	BEL	58.75
8	Guldentops Kevin	00	TSZ	BEL	1:00.34

Heat 6 of 6

1	Gensorowsky Daniel	88	SGE	GER	59.12
2	Beard-Jones Ciaran	95	STMN	GBR	57.09
3	Lopes Gabriel Jose	97	POR	POR	55.79
4	Tancock Liam	85	GBR	GBR	53.19
5	Balog Gabor	90	GUSE	HUN	55.08
6	Theodoris Nathan Keith	95	POR	POR	56.30
7	Chesterman Henry	98	MILW	GBR	58.37
8	Lecoutere Jeroen	87	LAQUA	BEL	1:00.21

Event 12  
23-1-2016 - 11:35

Women, 200m Butterfly

Open  
Startlist Prelim

Belgisch record	2:12.41	Buelens Griet	FAST	Molenbeek	1-5-2008
Vlaams Record	2:12.41	Buelens Griet	FAST	Molenbeek	1-5-2008
Event record	2:09.35	Hosszu Katinka	HUN	Antwerpen	25-1-2014

Limieten Flanders Speedo Cup 15 - 16: 2:35.00; Open: 2:32.00

YB

Heat 1 of 2

1	Henriques Ines Jacinto	00	POR	POR	2:20.04
2	Clynes Amelia	99	GBR	GBR	2:12.65
3	Monteiro Ana Catarina	93	POR	POR	2:10.51
4	Pugh Tazmin	00	GBR	GBR	2:12.39
5	Hubbard Caitlin	01	ASA	GBR	2:16.89
6	De Baere Marie-Claire	97	STW	BEL	2:29.19
7					
8					

YB

Heat 2 of 2

1	Meert Jessy	99	SCSG	BEL	2:31.82
2	Jochems Charissa	01	SHARK	BEL	2:18.66
3	Close Brearnna	97	STMN	GBR	2:12.54
4	Willmott Aimee	93	GBR	GBR	2:09.66
5	Hibbott Holly	99	GBR	GBR	2:11.63
6	Griffiths Isobel	99	ASA	GBR	2:15.27
7	Felker Annalena	98	SGE	GER	2:22.80
8					

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Event 13

Men, 50m Freestyle

Open  
Startlist Prelim

23-1-2016 - 11:40

Belgisch record	22.13	Grandjean Yoris	LGN	Antwerpen	3-5-2009
Vlaams Record	22.42	Aerents Jasper	BZK	Antwerpen	14-1-2012
Event record	22.25	Fratus Bruno	BRA	Antwerpen	19-1-2013

Limieten Flanders Speedo Cup 15 - 18: 28.00; Open: 27.00

YB				YB							
<u>Heat 1 of 11</u>				<u>Heat 2 of 11</u>							
1				1	Drijvers Seppe	98	BEST	BEL	27.37		
2	Van Den Abeele Frederik	00	BRABO	BEL	27.81	2	Van Den Broeck Matteo	01	LOR	BEL	27.28
3	Downey Ben	99	SHARK	BEL	27.55	3	Langmans Wannas	99	SHARK	BEL	27.19
4	Bark Luca	00	AST	BEL	27.41	4	van Sas Stijn	00	ZCT	BEL	27.10
5	Beckwee Emile	98	DDAT	BEL	27.55	5	Huygh Elias	00	WLW	BEL	27.13
6	Hendrickx Viktor	00	ZCK	BEL	27.78	6	De Vocht Stef	99	ZVL	BE	27.21
7	Lemmens Jules	99	SHARK	BEL	28.00	7	Verhulsel Sander	99	ZVL	BE	27.28
8						8	Braeckmans Louis	01	ZS	BEL	27.39
<u>Heat 3 of 11</u>				<u>Heat 4 of 11</u>							
1	Duhamel Louis	98	ZCK	BEL	27.08	1	Benn Parker J	99	DALLAS	USA	26.75
2	Raes Lou	99	LOR	BEL	27.02	2	Van Son Lander	99	BRABO	BEL	26.67
3	Vincke Toon	00	DDAT	BEL	26.84	3	Vincke Warre	98	DDAT	BEL	26.63
4	Stouten Louka	99	WLW	BEL	26.80	4	Sieben Kenny	95	HELLAS	NED	26.56
5	Leenders Bram	00	SHARK	BEL	26.81	5	Everaert Fabian	99	ZVL	BE	26.61
6	Laceur Joni	98	BEST	BEL	26.94	6	Vastmans Wout	99	DMB	BEL	26.67
7	Bus Stanley	98	ZS	BEL	27.05	7	Heye Arko	00	WLW	BEL	26.74
8	Rots Simon	00	AST	BEL	27.09	8	Daems Etienne	01	ZCT	BEL	26.78
<u>Heat 5 of 11</u>				<u>Heat 6 of 11</u>							
1	Housen Stef	00	DMB	BEL	26.53	1	Raymaekers Robbert	98	LAQUA	BEL	25.91
2	Lepers Robin	99	BEST	BEL	26.39	2	Lemaire Arne	99	ZCK	BEL	25.71
3	Beyens Sam	98	MOZKA	BEL	26.33	3	Smits Pepijn	96	NED	NED	25.52
4	Meuwissen Kevin	95	HELLAS	NED	26.12	4	Van Den Wijngaert Roel	96	SHARK	BEL	25.38
5	Derez Matthias	00	KZK	BEL	26.32	5	De Graaf Christophe	99	ZS	BEL	25.40
6	Den Haese Milan	98	DMB	BEL	26.36	6	Sieling Nino	97	DWK	NED	25.68
7	Tormans Jasper	98	BEST	BEL	26.44	7	De Meyer Sam	98	GBZ	BEL	25.84
8	Callewaert Niels	00	BRABO	BEL	26.56	8	Blankers Gaetan	00	BRABO	BEL	26.06
<u>Heat 7 of 11</u>				<u>Heat 8 of 11</u>							
1	Van Looy Quinten	99	SHARK	BEL	25.20	1	Chesterman Henry	98	MILW	GBR	24.49
2	Dricot Philippe	96	BRABO	BEL	25.15	2	Brooks-Clarke Cameron	99	COSE	GBR	24.28
3	Bodiroza Nick	00	BRABO	SLO	25.02	3	Barker Louis	99	MILW	GBR	24.21
4	van Leeuwen Ruben	97	NED	NED	24.87	4	Nijland Luuk	97	DWK	NED	24.04
5	Williams Brodie	99	MILW	GBR	25.01	5	Stanford Benjamin	99	ASA	GBR	24.12
6	Haegeman Jonas	99	AST	BEL	25.13	6	Clogg Elliot	99	COSE	GBR	24.21
7	Kostons Jeremy	97	HELLAS	NED	25.17	7	De Graeve Birgen	98	LAQUA	BEL	24.47
8	Carremans Maarten	98	WLW	BEL	25.21	8	Senior Cian	98	COSE	GBR	24.71
<u>Heat 9 of 11</u>				<u>Heat 10 of 11</u>							
1	De Meulemeester S.	98	ZNA	BEL	23.78	1	Gensorowsky Daniel	88	SGE	GER	23.77
2	Henx Julien	95	LUX	LUX	23.58	2	Jakupsson Magnus	94	DEN	DEN	23.48
3	Tulupov Daniil	88	UZB	UZB	23.18	3	Surgeloose Glenn	89	BRABO	BEL	23.01
4	Timmers Pieter	88	BRABO	BEL	22.28	4	Aerents Jasper	92	BZK	BEL	22.19
5	Nascimento Miguel Duarte	95	POR	POR	22.90	5	Disney-May James	92	LCLA	GBR	22.68
6	Quigley Grant	93	STMN	GBR	23.41	6	Irvine Sam	97	MILW	GBR	23.34
7	Vangoetsenhoven Dries	97	BRABO	BEL	23.70	7	Pereira Mario Alexandre	92	POR	POR	23.68
8	Beard-Jones Ciaran	95	STMN	GBR	23.98	8	Astrauskas Darijus	99	LTU	LTU	23.97

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Event 13, Men, 50m Freestyle, Prelim

Heat 11 of 11

1	Klos Yoran	96	NED	NED	23.75
2	Rothengatter Peter	97	NED	NED	23.46
3	Mylonas Fotios	96	GRE	GRE	22.99
4	Takacs Krisztian	85	GUSE	HUN	21.92
5	Munro Miles	96	GBR	GBR	22.56
6	Pijnenburg Stan	96	NED	NED	23.31
7	Borisavljevic Alexis	97	LAQUA	BEL	23.63
8	Hajder Ensar	91	SGE	GER	23.85

Event 14

Women, 50m Backstroke

Open  
Startlist Prelim

23-1-2016 - 11:50

Belgisch record	29.09	Buyts Kimberly	BRABO	Antwerpen	11-5-2013
Vlaams Record	29.09	Buyts Kimberly	BRABO	Antwerpen	11-5-2013
Event record	27.80	Davies Georgia	GBR	Antwerpen	25-1-2014

Limieten Flanders Speedo Cup 15 - 16: 35.00; Open: 34.00

YB				YB			
<u>Heat 1 of 6</u>				<u>Heat 2 of 6</u>			
1				1			
2				2	Roelands Bauke	00	BRABO BEL 34.26
3	Raes Charlotte	01	LOR BEL 34.66	3	Koch Hannah	01	SGB GER 33.75
4	Vandenhooft Louison	01	HN BEL 34.36	4	De Wolf Silke	98	DDAT BEL 33.41
5	May Julie	01	LOR BEL 34.49	5	Tanner Millicent	99	MILW GBR 33.57
6				6	Boffin Lise	01	BEST BEL 34.18
7				7	Peeters Saar	01	SHARK BEL 34.36
8				8			
<u>Heat 3 of 6</u>				<u>Heat 4 of 6</u>			
1	Donckers Kali	00	BRABO BEL 33.19	1	Hansenne Nona	01	ZCK BEL 31.88
2	Horemans Kaat	00	ZCT BEL 32.79	2	Frischknecht Rita Barros	98	POR POR 30.76
3	Obreno Louise	00	BZK BEL 32.33	3	Goris Mirthe	96	HZS BEL 30.14
4	Janssen Frederique	99	NED NED 32.09	4	Maine Anna	00	GBR GBR 29.28
5	D'Hondt Ischara	98	ZB BEL 32.27	5	Sherwin Rebecca	00	GBR GBR 29.55
6	Melis Nala	99	BRABO BEL 32.61	6	Azevedo Francisca Gomes	97	POR POR 30.32
7	Van Nyverseel Silke	01	ZS BEL 32.84	7	Goldbach Laura	98	SGE GER 30.98
8	Van Wallendael Sarah	02	BRABO BEL 33.28	8	Maes Rosanne	01	ZCK BEL 32.03
<u>Heat 5 of 6</u>				<u>Heat 6 of 6</u>			
1	Laureys Nele	95	STW BEL 31.78	1	Walravens Sofie	99	SCSG BEL 31.37
2	Southward Ellinor	01	ASA GBR 30.68	2	Sacha Ioanna	99	GRE GRE 30.48
3	Smits Jade	01	BRABO BEL 29.97	3	Buyts Kimberly	89	BRABO BEL 29.83
4	Quigley Lauren	95	GBR GBR 27.69	4	Davies Georgia	90	LCLA GBR 27.58
5	Horton Brittany	98	GBR GBR 29.55	5	Leite Ana Sofia	93	POR POR 29.40
6	De Bock Sonia	98	BRABO BEL 30.29	6	Meynen Julie-Marie	97	LUX LUX 30.15
7	Banky Jacqueline	96	LUX LUX 30.86	7	Swinnen Marie-Lien	00	DMB BEL 30.82
8	Cobbaert Justine	00	ZB BEL 32.02	8	Jungling Florence	99	STD BEL 31.88

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 15 Men, 50m Breaststroke Open  
23-1-2016 - 12:00 Startlist Prelim

Belgisch record	28.23	Deburghgraeve Frederik	RZV	Charleroi	19-5-1996
Vlaams Record	28.23	Deburghgraeve Frederik	RZV	Charleroi	19-5-1996
Event record	26.95	Peaty Adam	GBR	Antwerpen	24-1-2015

Limieten Flanders Speedo Cup 15 - 18: 35.00; Open: 33.00

YB				YB			
<u>Heat 1 of 5</u>				<u>Heat 2 of 5</u>			
1	Duhamel Louis	98 ZCK	BEL 34.86	1	Moyaert Theodore	01 ISWIM	BEL 32.98
2	Rots Simon	00 AST	BEL 33.99	2	Engels Aaron	99 STW	BEL 32.90
3	Kruijtzter Jelle	99 BRABO	BEL 33.55	3	Ruijten Sander	01 DMB	BEL 32.66
4	Vaes Stef	99 BRABO	BEL 33.18	4	Leemans Mats	99 WLW	BEL 32.59
5	Langmans Wannas	99 SHARK	BEL 33.53	5	Meuwissen Kevin	95 HELLAS	NED 32.60
6	Lemaire Arne	99 ZCK	BEL 33.85	6	Raes Lou	99 LOR	BEL 32.77
7	Coenegrachts Wout	99 ZCT	BEL 34.03	7	Van Damme Antoon	99 AZL	BEL 32.92
8				8	Vranckx Bjarne	99 BEST	BEL 33.17
<u>Heat 3 of 5</u>				<u>Heat 4 of 5</u>			
1	Rogers Alexander	99 ASA	GBR 32.14	1	Verdoodt Alexis	98 SCSG	BEL 31.86
2	Ashton Edmund	98 LACPP	GBR 30.55	2	Lawson Joshua	99 MILW	GBR 30.36
3	Davies Luke	97 GBR	GBR 29.40	3	Caerts Basten	97 DBT	BEL 28.62
4	Holderness Robert	90 MILW	GBR 27.93	4	Sidlauskas Andrius	97 LTU	LTU 27.75
5	Wilby James	93 GBR	GBR 28.36	5	Rasmussen Christian V.	96 DEN	DEN 28.30
6	Vandevelde Raf	93 STT	BEL 30.11	6	De Meyer Diego	95 MEGA	BEL 29.88
7	Griffiths Hayden	97 ASA	GBR 31.24	7	Kosirnik Matic	00 LAQUA	BEL 30.65
8	Van Den Wijngaert Roel	96 SHARK	BEL 32.53	8	Vermeulen Robbin	98 STW	BEL 32.36
<u>Heat 5 of 5</u>							
1	Eekhof Maxime	97 ZCT	BEL 31.40				
2	Senior Cian	98 COSE	GBR 30.36				
3	Carnol Laurent	89 LUX	LUX 28.41				
4	Mustafin Vladislav	95 UZB	UZB 27.70				
5	Attwood Charlie	97 GBR	GBR 28.28				
6	Carvalho Diogo Filipe	88 POR	POR 29.50				
7	De Gols Senne	98 ZNA	BEL 30.57				
8	Van Cauwelaert Jasper	98 DALLAS	BEL 32.31				

Flanders Speedo Cup 2016  
ANTWERPEN, 23- - 24-1-2016

Event 16 Women, 800m Freestyle Open Startlist  
23-1-2016 - 12:05

Belgisch record	8:34.56	Arnould Isabelle	LGN	Seoul (KOR)	23-9-1988
Vlaams Record	8:44.84	Verbauwen Pascale	MZV	Moskou (RUS)	27-7-1980
Event record	8:25.18	Carlin Jazmin	GBR	Antwerpen	24-1-2015

Limieten Flanders Speedo Cup 15 - 16: 10:06.00; Open: 9:58.00

YB			YB		
<u>Heat 1 of 3</u>			<u>Heat 2 of 3</u>		
1 Gysen Sophie-Charlotte	99 MOZKA	BEL 9:31.57	1 Dawans Axelle	99 STD	BEL 9:13.64
2 Walker Georgina	00 ASA	GBR 9:25.01	2 Anderson Rachel	02 MILW	GBR 9:13.43
3 Henriques Ines Jacinto	00 POR	POR 9:19.42	3 Wood Abbie	99 GBR	GBR 9:07.35
4 Dalligan Shannon	01 ASA	GBR 9:18.70	4 Duraes Diana Margarida	96 POR	POR 9:00.28
5 Azevedo Madalena Gomes	99 POR	POR 9:18.90	5 Hofland Niamh	02 ASA	GBR 9:06.53
6 Hoare Madeleine	02 ASA	GBR 9:22.79	6 Vicary Eva	00 ASA	GBR 9:12.29
7 Krause Carina	01 SGB	GER 9:25.82	7 Erichsen Caroline	98 DEN	DEN 9:13.54
8 Van Deuren Charlotte	01 BRABO	BEL 9:43.02	8 van Ruiten Evelien	96 NED	NED 9:15.56

Heat 3 scheduled in session 2

Event 17 Men, 800m Freestyle Open Startlist  
23-1-2016 - 12:25 snelste serie

Belgisch record	7:58.18	Vangeneugden Tom	OZV	Antwerpen	1-5-2009
Vlaams Record	7:58.18	Vangeneugden Tom	OZV	Antwerpen	1-5-2009

Limieten Flanders Speedo Cup 15 - 18: 9:55.00; Open: 9:25.00

YB			YB		
<u>Heat 1 of 1</u>					
1					
2 Heitkemper Julian	00 SGB	GER 9:20.11			
3 Bassele Joris	99 BZK	BEL 8:57.79			
4 Heitkemper Fabian	97 SGB	GER 8:21.13			
5 Greven Lucas	95 NED	NED 8:54.91			
6 Sodemann Elliot	98 LAQUA	SWE 9:04.79			
7 Samyn Jonas	00 KZK	BEL 9:47.21			
8					